Season's greetings to all our readers and advertisers

Meeri kirismas, sannad wanaagsan iyo caafimaad iyo waco lagu gaadho kawan kuwooda

আমাদের অগনিত পাঠক-পাঠিকাদের প্রতি রইল শুভ বড়দিন এবং ইংরেজী নব বর্ষের শুভেচ্ছা

THIS IS THE LAST EDITION OF EAST END LIFE THIS YEAR. OUR FIRST EDITION OF THE NEW YEAR WILL BE OUT ON JANUARY 6

ISSUE 990 16 DECEMBER 2013 - 5 JANUARY 2014 WWW.TOWERHAMLETS.GOV.UK

TOWER HAMLETS eastendlife

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

Schools revolution 'worth celebrating'

BY IAN READ

THE high standards in Tower Hamlets schools puts them among some of the best in the world, according to a report by academic experts.

The assessment, published last week, is one of the conclusions of an independent report analysing how the council transformed the performance of the borough's schools.

In 1997 they were rated the worst in the country and the following year education watchdog Ofsted declared the council's education department, the best-funded in the country, to be failing.

Today, Tower Hamlets is seen as an educational success story: one of the few councils whose secondary maintained schools are all rated good or outstanding by Ofsted – and its exam results continue to improve, bucking the national trend.

Three respected educational academics – Prof David Woods, Prof Chris Husbands and Dr Chris Brown – have analysed how this turnaround was achieved in a new report called Transforming Education for All: the Tower Hamlets Story.

The report concludes: "The experience of Tower Hamlets since 1998 is inspirational. It shows that improvement is not only possible but achievable, that improvement in some schools does not need to be bought at the expense of others and that improvement, once attained, can not only be sustained but surpassed.

"As a result, it is not unreasonable to argue that what Tower Hamlets has created are some of the best urban schools in the world.

"This is a genuinely exceptional achievement, worth celebrating, worth understanding, but, above all, worth learning from."

Welcoming the report, Mayor Lutfur Rahman said: "The transformation of the borough's schools is a wonderful success story.

"This success has been hard won. It is the result of tremendous work by students, parents, head teachers, school staff, council officers and politicians over the past 15 years."

■ More on page 12

SANTA'S ROMAN VISIT

FATHER Christmas joined youngsters at Roman Road Market when Mayor Lutfur Rahman switched on the Christmas lights. Hundreds of shoppers enjoyed the festive spirit at the event on Small Business Saturday. Full story on page 2.

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Have your say

The council is always keen to hear views about Roman Road market and any suggestions for improvements.

HTTP://TINYURL.COM/ROMANSURVEY

Not quite the road to Colchester

Roman Road runs more or less parallel to the buried road built by the Romans which connected London to Colchester, and was named when Roman remains were first discovered in the 1800s.

News

East End Life is produced by Tower Hamlets Council, Town Hall, Mulberry Place, 5 Clove Crescent, E14 2BG.
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eastendlife

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abc

The official independently audited door-to-door delivery is 83,428 Audit Bureau of Circulation (ABC Regional) July-December 2012.

East End Life was the first weekly newspaper produced by a local authority in the UK with a net cost of 4.6p per copy per week to produce. Paid-for advertisements are carried to keep costs to a minimum.

Information included in the newspaper is not necessarily endorsed by Tower Hamlets Council.

East End Life is printed on recycled paper – when you have finished with the newspaper, please recycle it.

soundtalking

East End Life is also available on audio tape – if you know someone who would like to receive it in this format call 7364 4309 or email mariette@soundtalking.co.uk

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If you know someone who does not receive *East End Life* call 7364 0474 or email abdul.miah@towerhamlets.gov.uk

First Christmas market lights up the Roman

BY MEHREEN HUSSAIN

THE Christmas spirit was in full swing in Roman Road last weekend when the council held the first of its special festive events in the market.

The street was bustling with shoppers who browsed the selection of festive crafts, foods and gifts while being entertained by a brass band and Christmas carollers.

It was a perfect opportunity to buy some presents and hundreds of residents went along to enjoy the day out.

Children were entertained at stalls offering face painting and balloon animals, and had the chance to meet Father Christmas himself.

Children from local schools had helped with preparations for the day by creating decorations for the Christmas tree, with Roman Road Town Team volunteers.

The event coincided with Small Businesses Saturday, a national campaign to promote small businesses, which the council has been supporting.

Mayor Lutfur Rahman joins shoppers by the tree

Council staff went along and were keen to hear from residents about what brought them to Roman Road and what else they would like to see in the market to make it even better.

Businesses and traders supported Small Business Saturday by promoting special festive offers for their customers.

Later in the afternoon Mayor Lutfur Rahman went along to officially switch on the Christmas lights.

He said: "The Christmas shopping period is in full swing and it's great to see so many residents supporting our small businesses and markets at this time."

Cllr Alibor Choudhury, cabinet member for resources, said: "Small Business Saturday was a great success, but it was just the beginning. We hope residents will continue to shop locally and support our small businesses."

Roman Road's special festive market continues this Saturday, December 21 from 11am.

The general market is open every Tuesday, Thursday and Saturday throughout the year.

Season's greetings to all our readers and advertisers

eastendlife

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

Schools revolution 'worth celebrating'

Inside this week's issue

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Book your advert for the New Year

The next edition of East End Life will be published on Monday, January 6. The booking deadline for advertising is 4pm this Wednesday, December 18. To book advertising space, call...

SHARAN ON 7364 4061, FATIMA ON 7364 4682 OR CHRIS ON 7364 4994

First for London

East London Community Land Trust will offer homes based on what people on average incomes can afford.

WWW.EASTLONDONCLT.CO.UK

News

Public march problem free

A PUBLIC march In Brick Lane last Friday went ahead without incident.

Just 30 people demonstrated against the sale of alcohol in the street's restaurants and the protest was monitored by the police and the council's CCTV team.

Mayor Lutfur Rahman said: "We strongly believe in the right to free speech and association, and I am pleased that, with the police's support, this group were able to exercise that right while upholding respect for our communities."

Supt De Souza Brady from Tower Hamlets police said: "We will continue to balance the right to free expression with the rights of the community to go about their business."

Azmal Hussain, chair of Brick Lane Caterers Association, said: "Brick Lane is a major tourist attraction. It is good that these people did not disturb our businesses when they visited."

STUDENTS from Poplar's Langdon Park School performed their own stage adaptation of Oscar-winning film Slumdog Millionaire to rapturous applause.
The budding thespians, all aged between 12 and 15, sold out both nights and the 200-strong audiences were wowed by a colourful exhibition of eastern-inspired acting, singing and dancing.
Iftekar Hussain and Aoife Hawe, both 15, gripped the audience as the older Jamal and Latika, and special praise was reserved for Fahad Said, 14, who had the crowd on the edge of their seats with his portrayal of game show host Prem.
The school's leader of creative arts, Joanne Bird, said: "The innovative and unique adaptation of the original script proved yet again how Langdon Park's arts faculty pushes the boundaries, not only of performance, but also of our students' individual talents."

News in brief

Mumsnet Xmas

MUMSNET Tower Hamlets will get together on Thursday, December 19 for a Christmas social with singing, dancing and a meal at Turks Head café, 1 Green Bank, Wapping from 11am-1.30pm. Email **tower.hamlets@mumsnetlocal.com** for details.

MIND party

MENTAL health organisation MIND in Tower Hamlets and Newham is inviting service users to a Christmas party on Thursday, December 19 from 12-5pm at Open House, 13 Whitehorn Street, Bow.

Best in London

THE borough's Idea Stores and libraries are officially the best run council libraries in the capital for customer satisfaction.

A survey by the Chartered Institute of Public Finance and Accountancy reveals they have the highest rate of satisfaction among users at 92 per cent.

Sundial surprise

SEVEN volunteers from Canary Wharf Group dropped in at the Sundial Centre in Bethnal Green on December 5. They handed out bags of cupboard staples and treats as part of the East End Community Foundation's Xmas food bags appeal.

Green light for St Clement's

BY JESSICA ODUBAYO

CONSTRUCTION work to redevelop the former St Clement's Hospital site in Mile End is due to start this spring after the council's planning committee gave the scheme the green light.

At a meeting on December 11, the committee granted East London Community Land Trust planning permission to develop the site.

More than 250 new homes will be built on the site, which was originally constructed as a workhouse.

Of the properties, 23 will be a new form of 'permanently affordable' Community Land Trust (CLT) homes, which are the first of their kind in the capital. Peabody housing association will manage 51 social-rented homes on the site, and other properties will be sold or let at prices which are deemed affordable.

Unlike other types of housing, the cost of CLT homes will be based on what people on average incomes can afford, rather than a percentage of the market rate.

In addition to the residential properties, the front building, on Mile End Road, will be home to a café and community centre.

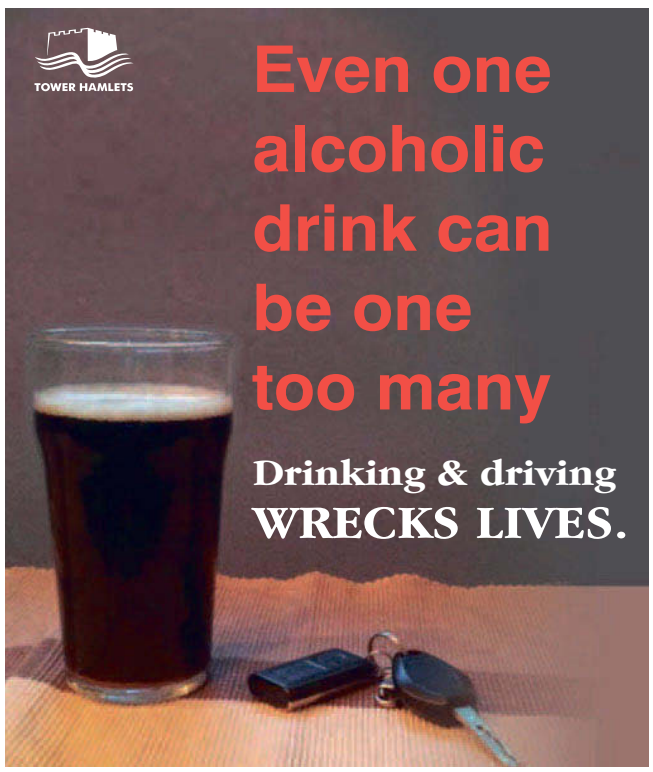
After it has been completed, freehold of the site, which is currently owned by the mayor of London and the Greater London Authority, will be gifted to a new community foundation.

Dave Smith, director of the East London CLT, said: "These will be genuinely affordable homes, at prices that local people on local wages can actually afford. We need community land trusts across London to ensure that our great city doesn't become a home for only the rich and the ruthless."

Mayor Lutfur Rahman said he was delighted that the council was working with the CLT at St Clement's Hospital. "This new development will contribute to providing more affordable housing and regeneration in our borough," he said.

Mile End East councillor Rachael Saunders added: "Getting planning permission for the permanently affordable homes is a huge achievement, and a step towards proving another way of tackling our housing crisis is possible."

Visit **www.eastlondonclt.co.uk** for further information.



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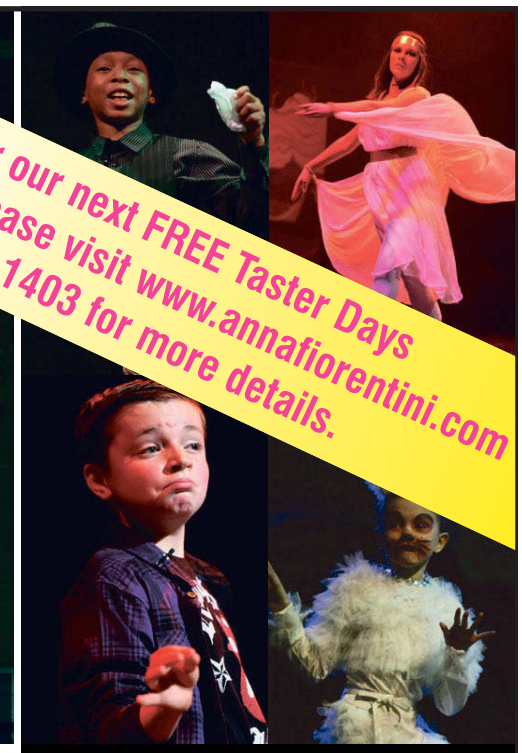

The Anna Fiorentini Theatre & Film School for 4-18 years

Based in North London, Hackney, Docklands and Bethnal Green, the award winning Anna Fiorentini Theatre & Film School for 4–18 year olds offers so much more than the average part-time drama school.

Apart from a weekly time-table of drama, fi lm, dance and singing, all taught by leading industry professionals including casting directors, producers and TV directors, the school also offers:

- **Professional work via the agency.** Students have appeared in EastEnders, Rev, Top Boy, The Revolting World of Stanley Brown, the British feature Song for Marion and in the West End's Oliver!, Lion King and Matilda, to name but a few.
- **Young Ambassadors** – a chance to event manage and gain valuable business skills.
- **Our Performance Troupe** whichperforms in hospitals, homes for the elderly, festivals and at community events.
- **Lamda Qualifications** in drama which carry UCAS points
- **Shows** at prestigious theatres such as the Hackney Empire and the Shaw Theatre
- **Competitions** including Voice Idol, Stars in Their Eyes and Fiorentini's Got Talent
- **Annual Oscar Nights**
- **Parents' Forums**
- **Master classes** including stagecraft, hair & make-up, stage combat and presenting
- **Holiday schools**

Forthcoming Events include:

- **Finale of Fiorentini's Got Talent** – finalists from all 4 branches perform to a celebrity judge panel
- **Red carpet screening** at the huge Genesis Cinema. Students from our part-time school and those that attend our Summer School Make a Movie in a Week, will see the fi lms they have been producing on the big screen

"I am so pleased I am not starting in showbiz! The talent I saw from the school was superb. May all their dreams come true!" Barbara Windsor

Taster Days for all our branches are currently being offered.

Drama, Singing, Dance, Film, Set & Costume Design for ages 4-18

Saturdays in North London & Hackney
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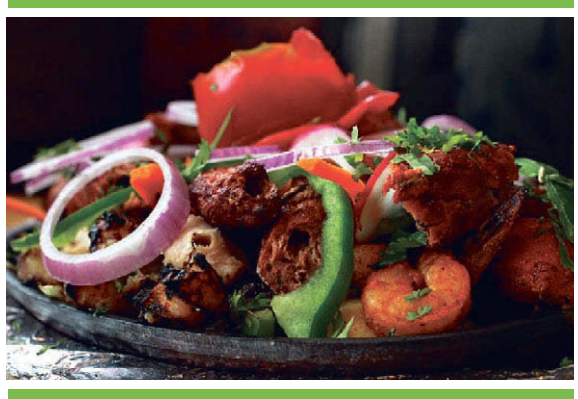

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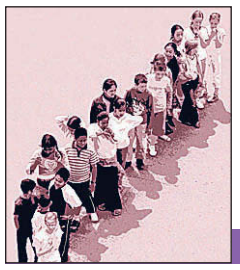

Nine in ten get primary choice

Last year 93 per cent of families secured a place at one of their preferred primary schools using the new primary school catchment area system.

20 years later...

East End Life was launched by the council in 1993. Its 1,000th edition is due to be published in 2014.

THERE was plenty of festive spirit at the Brady Arts Centre when the council hosted its annual Christmas concert and tea dance. This year's event, on December 11, attracted more than 100 people who danced to music from the Sunshine Kings and sang along to Christmas classics.

Law could lead to East End Life's closure

A NEW law is set to receive approval in Parliament this week, giving government ministers the power to order the closure of East End Life.

According to the council, the paper exists to promote the authority's services and policies, foster good community relations, support residents through welfare reform changes and promote a positive image of the borough. All the costs of production are met through advertising revenue.

In 2011, the government introduced guidance setting out the principles by which councils can communicate with local people.

The seven principles included the need to be lawful, to be cost effective and to have regard to equality and diversity.

This guidance also said that council publications should not be issued more than quarterly – except for parish councils.

A council review in May 2011 recommended that East End Life should continue as a weekly publication as this was the most cost-effective method of reaching a diverse population.

It identified that closing the paper could cost more as it contained housing options lists, planning applications and details of council services, all of which would need to be published in any case.

The government says council publications are one-sided and stifle commercial newspapers by taking advertising.

But the National Union of Journalists, the Local Government Association (LGA) and a House of Commons Select Committee report say there is no link between the small number of council publications across the country and the trend in the closure of local newspapers.

Mayor Lutfur Rahman has requested a review examining the options available to the council and this will be available in the New Year. Residents will also be asked to offer their views about the future of East End Life.

Other councils that produce a publication weekly or fortnightly include Hackney, Greenwich, Waltham Forest and Nene Valley in the Midlands.

Revised school admissions: have your say

RESIDENTS have until Monday, December 30 to submit their views on the revised arrangements for school admissions for the school year 2015/16.

The aim of the consultation is to improve the admission process for schools to ensure arrangements are fair and that as many families as possible gain a place at one of their preferred local schools.

The proposal reduces the number of primary school catchment areas from seven to six, giving families in the north east of the borough more choice as well as greater likelihood of accessing a nearby school.

For full details visit **www.towerhamlets.gov.uk/schooladmissions** or call pupil admissions on 7364 5006.

Residents can give their views via the website or by requesting a paper copy of the questionnaire from pupil admissions.

News in brief

Trustee goes on air

THE chair of trustees at Spitalfields' Museum of Immigration is taking part in a radio debate on immigration on New Year's Day.

Suzie Symes (pictured) has been invited to join other panellists in front of a live audience for the Radio 4 programme which will be broadcast at 8pm.

Fund-raising record

A BOW charity led by volunteers has released a Christmas single to raise money for its work with vulnerable people.

Ingeenium worked with the band Slide Shows to produce a folk Christmas song titled Always Here. Proceeds from the sale of the track will go towards running participatory arts events with vulnerable families and homeless people.

The single can be downloaded from iTunes.

Join the TV debate

RESIDENTS can take part in a discussion about moral and ethical issues of the day, by joining the audience of a BBC television debate show.

The Big Questions will be filmed in Mile End on Sunday, January 5.

Filming will start at 10am – this will be a live broadcast and the audience will be needed on location at 8.30am. The second show is at 2pm – this will be pre-recorded and audience members would be needed on location by 12.30pm.

Email **JMann@mentorn.tv** or call 0141 611 9630 for a chance to join the debate.

Free Leadership Classes for Women

Do you want to gain the confidence and skills to be a leader in the community?

This 6 month leadership course will help you to:

- Develop your skills in English, IT and leadership
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- Become more active in your local community
- Plan, develop and run your own community project

'Lead to Inspire' is a FREE course for newly arrived migrant women who have been in the UK for less than 10 years, do not have a UK or EU passport, and are on a visa leading to settlement.

We are enrolling new participants now! Please call **0207 780 3112** and ask to speak to Jessica or Sarah to find out more about how to register.

Migrant Women's Empowerment and Leadership Project
The Arbour Women's Services
Harford Centre (1st floor above GP surgery)
115 Harford Street | London E1 4FG
Tel: 0207 780 3112
Email: jessica@thearbour.org.uk

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In Loving Memory of

Marie Madeline Thomas "Millie"

30/01/1938 - 18/12/2008

Sadly missed but forever in our hearts, who passed away on
18th December 2008

Heaven will be blessed with her presence, our sad loss is heavens gain

Love always Alice Thomas,
Lester and Paulina.

5 years on

Our Dear Father Christmas (Barry Blandford)

We think of you always, especially our lovely memories of Christmas

You are missed so much Dad, Pops, Grandad, by us all

Your twinkly Blue Eyes and lovely smile forever smiling

Love Tracy, David and Zachary xxxx
Family and friends x

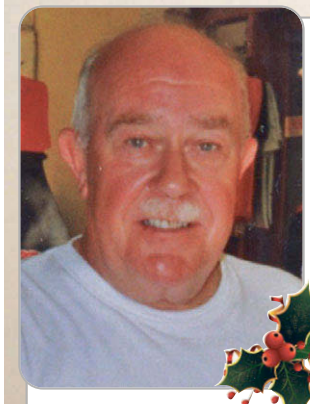
Birthday memories and 4th Anniversary

Stephen Parsons
December 1967 – December 2009

It broke our hearts to lose you,
But you didn't go alone
For part of us went with you
The day God took you home.

Forever in our hearts and minds,

Mum, Suzanne, Ian and all the family



Colin Parsons
November 1943 – October 2013

God looked around his Garden, and found an empty place,
He knew that you were suffering, He knew you were in pain,
He knew that you would not get well on Earth again.
He put his arms around you and lifted you to rest,
God's Garden must be beautiful – he always takes the Best.

Now united with Steve.

We love and miss you both so much.

Pat, Suzanne Ian and all the family.

Thanks to the Tredegar Practice, Sinclair's Pharmacy, and St Joseph's Hospice for all their care. To family, friends & neighbours in Athelstane Grove for their floral tributes, cards and kind support and all who attended Colin's funeral. ***Special thanks to*** Fr. Michael Dunn, Dexter and Deirdre and all friends at Our Lady and St Catherine of Siena. Donations were divided between Cancer Research and St Joseph's Hospice

Have your say on SAFETY in SPITALFIELDS AND BANGLATOWN

Tower Hamlets residents are invited to join the Deputy Mayor, Cllr Ohid Ahmed, and the police borough commander, Dave Stringer, for a walkabout to look at community safety issues in Spitalfields & Banglatown ward.

The interactive walkabout will focus on how the council and police are tackling night time noise and anti-social behaviour, drug dealing and misuse in the area, street drinking and urination as well as any further action that is needed.

DATE: Friday, December 20

TIME: 9 – 10.30pm

MEETING POINT: **Woodseer Street** - junction with Brick Lane, (Truman Brewery arch - opposite City Spice restaurant)

VISITING:
Woodseer Street • Brick Lane • Carter House - Brune Street
Flower and Dean Walk • Dellow Centre • Hopetown Hostel • Booth House

Residents do not need to register and can just show up on the day

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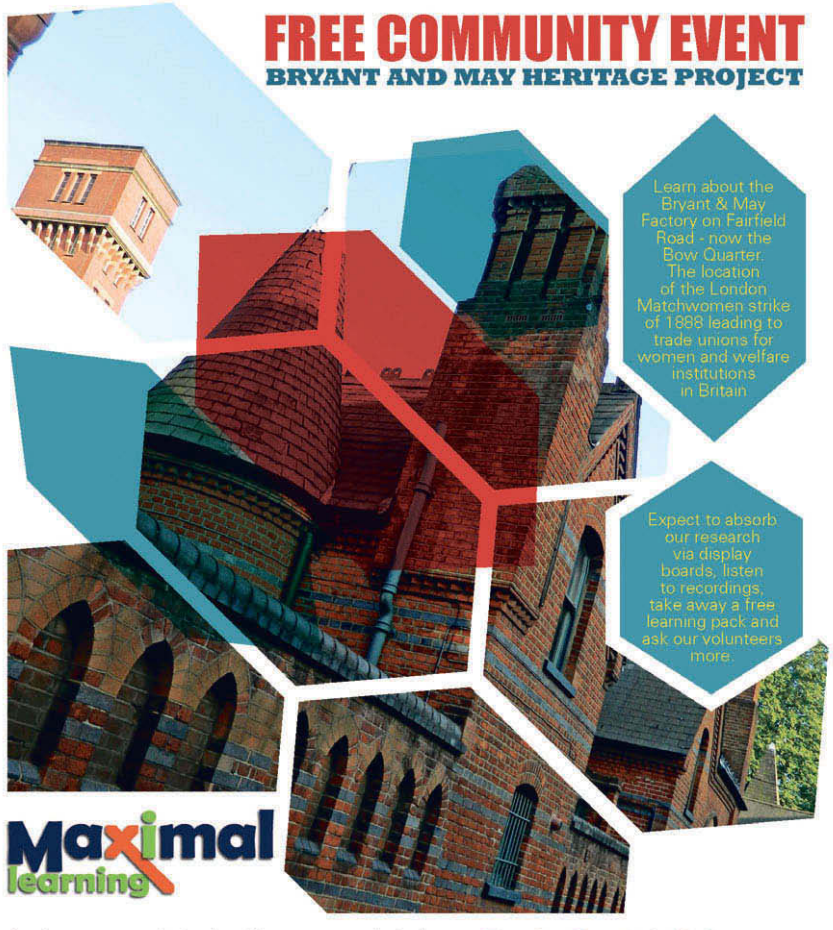
BRYANT AND MAY HERITAGE PROJECT



Maximal learning

An afternoon event for local residents, community leaders, school teachers, students and anyone interested in engaging with east end history.

FREE to attend but booking essential:
projects@maximallearning.com
020 8981 8811

Tuesday Dec 17th 2013
13.00 – 16.00
Light lunch provided

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Mural in memory of Samad

Samad Miah, who died last year, was awarded the Youth Achievement Award in the 'outstanding young person' category in 2011 and volunteered for Wessex and Haileybury youth centres.

SEE STORY BELOW

Singing schools

Each week the choirs of Whitechapel and Globetown Voices rehearse at Swanlea and Morpeth schools.

7364 0431

Vital help thanks to hamper appeal

Head teacher Paramjit Bhutta with pupils and their food bank collection

BY SAM PRITCHARD

STUDENTS at Stepney Green School have been supporting Tower Hamlets food banks as part of their Christmas Hamper Appeal.

Inspired by the charity Free the Children, an international organisation which empowers children to be the envoys of charity and social change, the pupils ran a campaign to help the underprivileged in the community.

Led by head boy Jasim Ahmed and a team of dedicated members of the school council, the project has already collected around £500 worth of food and the school is projecting a final figure of double that by the end of the campaign.

Food banks have become vital aid to families who often skip meals in order to cope with rising bills.

The team of campaigners also led assemblies to educate their peers on the impact of the recent austerity measures and highlight the importance of food banks.

Head teacher Paramjit Bhutta heaped praise on his students, saying: "The generosity of the pupils and their families never ceases to amaze me."

The school has already raised more than £600 for Children in Need and pupils are actively fundraising for the victims of Typhoon Haitan in the Philippines and the war in Syria.

THE combined choirs of Whitechapel Voices and Globetown Voices performed to a packed crowd at the Town Hall in Poplar on Wednesday.
The 70 primary aged children were led by Oscar Wood, singing a range of classic and modern songs and festive medleys.
They were thanked by Cllr Rabina Khan and Robert McCulloch-Graham, director of education, social care and wellbeing.

News in brief

Brands on board

A TEAM of year 11 students from Langdon Park School have won the Board Game challenge run by Tower Hamlets Education Business Partnership (THEBP).

Pupils Nihal Ahmed, Rofiz Ullah, Isiah Newby and Aniqa Alom developed the game Brand or No Brand, which edged out 12 of their peers to win.

The students had to devise the concept, make the prototypes and deliver a business and marketing plan, from which 'Dragons' Huy Trieu Nguyen of banking firm Citi and Helen Sanson, director of THEBP, decided on the winner.

Nguyen said: "Brand or No Brands gave a really complete presentation. They told us why people might like the game, that it had a purpose to teach children about brands and it had some sound financial data."

Pupils' petition

A PETITION condemning homophobia was handed in at a meeting of the council by staff and students at George Green's School on the Isle of Dogs.

They said: "Homophobic behaviour is taking lives and causing self-harm. Lesbian, gay, bisexual and transgender people should be treated the same as heterosexual people."

In Samad's memory

A MOSAIC, commemorating the life of a former student and an active youth service volunteer, has been unveiled at Harpley School in Stepney.

Samad Miah, who died in November 2012, aged 24, was a volunteer for Wessex Youth Centre whose members bid for money from the Youth Opportunity Fund to create the mural. It features the London skyline with his name entwined in it.

TOWER HAMLETS

For your information

Parking to pest control, housing to hate crime

TURN TO PAGES 16 & 17

Memorable night for the right reasons

Research shows that people who have been drinking are more at risk of being the victim, or the perpetrator, of attacks and sexual assaults. Remember to drink safe and stay safe.

SEE BELOW

Useful information

Put safety first this Christmas

News from Andy Bamber, the council's head of safer communities

MANY people will be letting their hair down over the Christmas and New Year period – but it's important that people don't let their guard down too.

Sadly, this is one of the most common times of the year to suffer an accident or become a victim of crime.

A lot of people will enjoy a drink over Christmas and the New Year. Having a drink with family, friends and colleagues comes with responsibility to look after yourself and others, and to know your limits.

Men should not regularly drink more than 3-4 units of alcohol a day. Women should not regularly drink more than 2-3 units a day.

One unit of alcohol is equivalent to 25ml of spirits; one glass of wine is a little more than one unit and a 330ml bottle of six per cent beer or lager is two units.

Drinking more than six units in one go is classed as binge drinking and is harmful to your health. If you've had a heavy drinking session, avoid alcohol for 48 hours.

Our advice to people to stay safe over the holiday season is not to place yourself in a risky situation and not to do things you wouldn't normally do.

Research shows people who have been drinking are more at risk of being the victim, or the perpetrator, of attacks and sexual assaults.

Remember to drink safe and stay safe. Relaxing and enjoying the festivities does not have to mean having too much to drink.

Some pointers for staying safe during the celebrations:

- Don't drink too much. Know your limit and stick to it.
- Never leave your drink unattended or accept drinks from a stranger. If a drink tastes unusual or smells odd do not drink it.
- Make sure you and your friends have made arrangements to get home.
- Always use a pre-booked taxi from a reputable firm, don't accept a lift from a stranger.
- Avoid walking home alone.
- Avoid confrontation – walk away from trouble.
- Pace your drinks – drink water or soft drinks during the evening and don't drink on an empty stomach.
- Don't mix drink and drugs.

We want you to have a great time when you head out on the town with your friends, but remember to stay safe at the same time to ensure your big night is memorable for all the right reasons!

If you want to check how many units you drink why don't you use the NHS alcohol unit calculator **www.nhs.uk/Tools/Pages/Alcohol-unit-calculator.aspx**

If you are concerned about your drinking talk to your GP or call Tower Hamlets Community Alcohol Team on 0800 008 7200.

Chemist rota

Pharmacists in Tower Hamlets with extended opening hours.

E1

ABC Drug Stores, 12-14 Montague Street: Mon-Fri 9am-7pm, Sat 9am-5.30pm, Sun 10am-2.30pm.
Beck & Sherman, 197 Whitechapel Road: Mon-Fri 9am-7pm, Sat 9am-5.30pm, bank holidays 11am-1pm.
Sainsbury's, The Albion Brewery: Mon-Fri 8.30am-10pm, Sat 7.30am-10pm, Sun 11am-5pm.
Chapel, 139 Cannon Street: Mon-Fri 9am-8pm, Sat 9am-6pm.

E2

Fairdale, 360 Bethnal Green Road: Mon, Tues, Weds, Fri 9am-6.30pm, Thurs 9am-1pm, Sat 9am-6pm, bank holidays 11am-2pm.
Florida, 307 Bethnal Green Road: Mon-Fri 9am-7pm, Sat 9am-6pm, bank holidays 11am-2pm.

E3

Bell, 534 Roman Road: Mon-Sat 7am-11pm, Sun 10am-2pm.
Forward, 648 Mile End Road: Mon-Fri 9am-7pm, Sat 9am-6pm, Sun and bank holidays 10am-6pm.
Green Light, St Andrew's Health Centre, 2 Hannaford Walk: 8am-8pm, seven days a week, including bank holidays.
Lincoln, 60 St Paul's Way: Mon, Tues, Weds 8am-8pm, Thurs, Fri, 8am-8pm, Sat 9am-5pm.
Tesco, Hancock Road: Mon 8am-10.30pm, Tues-Fri 6.30am-10.30pm, Sat 6.30am-10pm, Sun 11am-4pm.

E14

Boots, Unit 15, Jubilee Place: Mon-Fri 7am-midnight, Sat 9am-6pm, Sun 12pm-6pm.
Britannia (Perimart), Asda Precinct, East Ferry Road: Mon-Sat 9am-8pm, Sun 11am-4pm, bank holidays 11am-6pm.

Doctors

Please ring your doctor's surgery for an appointment, but if it's the weekend or late at night, call 7377 7151 (only for people in Tower Hamlets who are registered with a doctor). To find a doctor, dentist or help to quit smoking call the health hotline on 7364 5016, Mon-Fri 8am-8pm and Sat 8am-4pm.

Advice

East London Parkinson's Support Group
For people with Parkinson's disease and their carers. Meets third Tuesday each month, 11am at John Scurr Community Centre, 1A Bekesbourne St, E14.
0844 225 3704/0808 800 0303

Family Information Service (FIS)
Information for people from birth to age 19 (or 25 for those with additional needs) including helping to find childcare, advice on tax credits and childcare vouchers.
Open Mon-Fri, 8am-6pm Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14
fis@towerhamlets.gov.uk
7364 6495

Alzheimer's Society Tower Hamlets
Advice and help for carers and people with dementia.
Mon-Fri, 9am-5pm.
Robinson Centre, Mile End Hospital, Bancroft Road, E1.
8121 5626

Tower Hamlets Advocacy Project
Independent advocates for adults with learning disabilities.
Mon-Fri, 9.30am-4.30pm.
Gladstone Place, 1 Ewart Place, E3.
7364 2550/2199

Parents Advice Centre (PAC)
Offers advice around special educational needs (SEN).
30 Greatorex Street, E1. Drop-in sessions every Tues, 9.30am-3.30pm & Fri, 9:30am-1pm.
7364 6489

LinkAge Plus
An initiative of the Department for Work and Pensions. Toynbee Hall is one of five centres that coordinates services and activities provided. Mon-Fri from 9am-5pm, drop-in session for advice on benefits, pensions, employment and housing. Appointments necessary. Mon 9am-5pm, Bangladeshi group. Toynbee Hall, Commercial Street, E1
7392 2914
www.toynbeehall.org.uk

Free Advice
Benefits, housing, immigration. Bengali speakers, home visits to house-bound. Weds, 10.30am-12.30pm, Island House, Roserton Street, E14. Thurs, 1-3pm, Splash, Will Crooks Estate, Poplar High Street, E14.
7987 9379

Skillsmatch
Free advice on all aspects of employment including training, apprenticeships and job vacancies. Canary Wharf Recruitment & Training Centre, 8 Heron Quays, E14.
7364 3727 or email skillsmatch@towerhamlets.gov.uk

Tower Hamlets National Childbirth Trust
Offers support, information and friendship to parents and parents-to-be. Regular events.
07976 710964 or towerhamletsnct@yahoo.com
www.nct.org.uk

Breastfeeding Support Centres
Mon 11am-1pm Wapping Children's Centre, 15 Chandler St, E1. Weds 12.30-2.30pm, Collingwood Children's Centre, Buckhurst St, E1. Fri 12.30-2.30pm, Overland Children's Centre, 60 Parnell Rd, E3.
Sun 2-4pm Barkantine Birth Centre, 121 Westferry Rd, E14.
3594 2591 or 07961 609 626

Families with Autism
Spark Centre, Smart Street, E2.
8981 4924
fwautism@btinternet.com

Free home fire safety advice
From the London Fire Brigade
08000 28 44 28

Photo order form

Copies of pictures published in East End Life taken by council photographers are available to readers. To request a copy, email **eastendlife.news@towerhamlets.gov.uk** and we can send it straight away. If you do not have access to email fill in this form and send it to Photos, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. This service does take longer.

Name .....

Address .....

.....

.....

Issue no. **Page no.**

Careers advice

Tower Hamlets Careers Service
Careers advice for ages 13-19 (up to 25 SEN). Mon-Fri, 1pm-5pm.
Careers Centre, 35 Bow Road, E3.
7364 1401

TH Lifelong Learning
Mon-Thurs, 10am-4pm.
Shadwell Centre, 455 The Highway, E1.

Careers advice
Support from Civic Enterprise Clubs Co-operative. Tues & Thurs, 1-4pm & 6-9pm
Bishopsgate Institute, 230 Bishopsgate, EC2.
07432 463343

Sign the pledge

The No Place for Hate pledge places responsibility on organisations, individuals and communities to challenge hate and discrimination wherever they come across it.

SIGN THE PLEDGE AT WWW.TOWERHAMLETS.GOV.UK

Raising awareness

Remembering Srebrenica aims to learn lessons from the past to inform our future.

WWW.SREBRENICA.ORG.UK

'Working together with respect'

BY SUSAN MULLIGAN

THREE men have been jailed after pleading guilty to public order offences in Whitechapel in the summer.

And the role of the council, the police and community leaders and the bravery of a victim have been praised for their part in bringing the men to justice.

All three men pleaded guilty in September to charges of causing alarm and distress during incidents in June. They included confronting and homophobically abusing a man in the borough.

In a demonstration of Tower Hamlets' pledge for No Place for Hate, the police, council and organisations from the LGBT (lesbian, gay, bisexual and transgender) community made an appeal for the victim and witnesses to come forward.

The strength of the campaign and the support provided by police officers and LGBT representatives led to the victim coming forward and supporting the investigation.

Sentencing the individuals at the Old Bailey on December 6, Judge Poulet said: "The good thing about Great Britain is the tolerance and respect shown to other individuals."

Jordan Horner, 19, from Walthamstow, pleaded guilty to two charges of assault and two public order offences and was sentenced to 17 months imprisonment.

Ricardo McFarlane, 26, of no fixed address, pleaded guilty to one count of affray and received 12 months imprisonment.

Another man, who was not named for legal reasons, pleaded guilty to two public order offences and received a 24-week sentence.

Jack Gilbert from Rainbow Hamlets, the Tower Hamlets LGBT community agency, said: "We are very pleased indeed with this outcome. This operation was a model of how the police, community and local authority should work together, with transparency and mutual respect."

Detective Chief Inspector Wendy Morgan from Tower Hamlets police said: "The appeal for the victim of the homophobic attack was significant in this investigation.

"We are thankful for his courage and for all the witnesses in this case who reported to the police and who were then spared the ordeal of giving evidence."

Dilowar Khan, director of the London Muslim Centre, said: "Hate has no place on the streets of Tower Hamlets, or any other street in Britain. Those who seek to impose their narrow views on others – those who in fact do not even know the religion they claim to be championing – should be ashamed of their actions."

Mayor Lutfur Rahman said: "I am proud that Tower Hamlets is No Place for Hate and we will continue to use all means necessary to prevent anyone from undermining the cohesiveness of our communities."

Alan Green, chair of Tower Hamlets No Place for Hate and the Tower Hamlets Inter Faith Forum, said: "We continue to be proud of the vibrant diversity of Tower Hamlets.

"It is diversity to be celebrated but it also needs to be defended against anyone who seeks to undermine it."

Big thanks to Christ Church

A WOMAN who lost friends in Typhoon Haiyan, which struck her country of origin just over a month ago, has been touched by the support she has received from people in Tower Hamlets.

Adelita Hicklin has lived in the UK for ten years. Although members of her family survived the disaster in early November, her close friends are believed to have died.

Adelita, who lives in Whitechapel, said she had been scanning social media sites for news about relatives and friends.

With support and a cash donation from Andy Rider, rector at Christ Church Spitalfields, and members of the congregation, Adelita told East End Life that she has been able to send cash and food to evacuation centres.

A VOLUNTEER who visited Srebrenica in Bosnia to find out more about the genocide of 1995 says he has returned with a determination to combat hatred and promote equality.

Nahim Ahmed, 23, from Whitechapel was among 24 people selected from the UK to take part in Remembering Srebrenica, a UK charitable initiative, which organises visits to learn from the genocide and victims' lives and raises awareness to encourage the public to reject hatred and build good community relations.

Delegates met prominent figures in Bosnia, including the Grand Mufti Husein Kavazovic, Cabinet Minister Salmir Kaplan and Nigel Casey, British Ambassador in Bosnia.

All the delegates, including Nahim and Tower Hamlets residents Abu Talha Choudhury and Mahboob Alom – all recent postgraduate students from SOAS University – were asked to pledge to do at least one thing to raise awareness about the genocide, and in turn, work towards the rejection of racism, hatred and extremism.

(Above) Nahim Ahmed. (Below) Signing the pledge for peace

Nahim told East End Life that he plans to visit schools to talk about the consequences of hatred. "I gained so much from the visit. It was a history lesson and made me more aware of what has happened around the world. I have to do something to bring about changes in my neighbourhood," he said.

MAYOR OF LONDON

TRANSPORT FOR LONDON
EVERY JOURNEY MATTERS

Cycle paths targeted

"This year we are paying particular attention to gritting our network of off-road cycle paths." Cllr Ohid Ahmed.

SEE BELOW

Vehicles ready for action

The council's gritting vehicles are ready for action if bad weather is predicted and have access to 1,800 tonnes of salt. They also get four forecasts a day from the Met Office.

SEE BELOW

News

N-ice work as council plan to keep you safe

BY SARAH MCLAUGHLIN

COUNCIL staff, contractors and gritters are on standby to keep the borough's roads, cycle paths and pavements safe to use in the event of ice and extreme winter weather conditions.

The gritting vehicles are ready for action and have access to 1,800 tonnes of salt.

The council receives four forecasts a day from the Met Office so staff know what weather to expect and when to expect it. There is also a five-day forecast to enable longer term planning.

When bad weather is predicted, council contractors grit roads in advance of icy conditions and snow.

It is not practicable to plough snow in the borough because of traffic islands, parked vehicles and the needs of pedestrians.

The winter standby service began on November 1 and continues for 19 weeks until the end of the second week of March.

When snow falls and it is too slippery to sweep, the council's road sweepers will salt footways instead, with priority given to area such as entrances to hospital, health centres/surgeries and schools, care homes and day care and children's centres.

Busy public transport areas, shopping centres and other areas of high footfall are also given priority.

Mayor Lutfur Rahman, said: "The comprehensive planning and weather monitoring put in place over the period means that we are as prepared as we can be to tackle the coming winter weather, helping to protect essential services such as Meals on Wheels, refuse collections and emergency vehicles."

Deputy Mayor Cllr Ohid Ahmed said: "We make every effort to keep the borough moving during heavy snowfall and ice.

"This year we are paying particular attention to gritting our network of off-road cycle paths."

For more information visit **www.towerhamlets.gov.uk** or call 7364 5004.

Estate roads and pavements are looked after by the landlord rather than the council and any queries about salting of roads or pavements in these areas should be directed to the landlord or estate management company.

CELEBRITY gardener and TV presenter Tommy Walsh lit the Christmas tree lights at a care home in Bethnal Green. Older people at Silk Court Care Home in Ivimey Street were invited to design and make decorations for Christmas. The winning decoration was placed on top of the tree as special guest Tommy switched on the lights.
Marcia Forsythe, manager at Silk Court, said: "The residents were central to the organisation of this event and made lovely mince pies."

Fake goods can pose a real danger

Avoid counterfeit toys or gifts – they are potentially dangerous, from fabric that contains dyes which are harmful to the skin to shoddy electronics that start house fires.

SEE BELOW

Recycle your tree

Last year around 500 trees were collected for recycling which were then used for composting.

WWW.TOWERHAMLETS.GOV.UK/RECYCLING

News

Have a green Christmas

RESIDENTS can help the environment this Christmas by recycling as much of their festive waste as possible – including Christmas trees, cards, boxes and paper.

To recycle a Christmas tree, residents in blocks of flats should contact their housing manager to find out about local arrangements. Those living in houses can leave their trees on the boundary of their property on their garden waste/food waste recycling day.

Christmas tree collections will take place from January 6-24 and only real Christmas trees can be recycled. Pots, soil and decorations should be removed.

Trees can also be taken to the Reuse and Recycling centre at Yabsley Street, on the Isle of Dogs, which is open Monday to Friday, 8am-8pm, Saturday & Sunday, 9am-6pm, and bank holidays, 9am-4.30pm.

■ For details of changes to collection days over the holidays, see the advert on page 32.

Kaiser Henry and his winning Christmas card design, with Mayor Rahman

THE artistic talents of five-year-old Kaiser Henry will be displayed across Tower Hamlets and beyond after he won the Mayor's Christmas card design competition.

The Marner Primary School pupil created a vibrant design which he brought to life with glitter.

His artwork will now feature on Mayor Lutfur Rahman's official Christmas card.

The mayor thanked Kaiser and the 11 pupils who were highly commended for their efforts at a special reception at the Town Hall last week.

"Thank you for entering this competition. We wanted to celebrate your artistic talents because you are all very important to us. All of you are winners," he said.

Don't risk an unbooked cab

FESTIVE revellers are being encouraged to get home safely by using a pre-booked minicab or a black cab this Christmas.

All minicabs must be licensed by Transport for London (TfL) and booked through a licensed minicab operator – and only black cabs can be stopped by customers on the street.

Minicabs are breaking the law if they accept a fare without a booking being made first.

Police officers and TfL's taxi and private hire compliance officers will be stepping up enforcement activity to deal with unbooked minicabs at hotspots across London, to help keep the public safe as they travel home at night over the festive period.

Chief Superintendent Sultan Taylor of the Safer Transport Command said: "We are committed to reducing the number of cab-related sexual offences and our officers are on the streets of the capital during the festive season giving women safe travel information to ensure they have safe and secure journeys home.

"After a night out it can be tempting to jump into the first minicab you see, but by doing so you could be putting yourself at risk. Booking a minicab will ensure that there is a record of the journey and it will be carried out by a licensed driver in a licensed, insured car."

Have a happy – and safe – holiday

BY SARAH MCLAUGHLIN

ACCIDENTS can happen in the excitement of Christmas, caused by anything from children's toys, Christmas tree lights and carelessness when cooking food.

The council's trading standards team is warning residents to be wary of counterfeit toys and gifts.

Production of these goods is unregulated, which means the quality is often low.

They are also potentially dangerous, from fabric that contains dyes that are harmful to the skin, to shoddy electronics that could start a house fire. The sale of these items can also be linked to serious organised crime.

When you buy toys for children, also make sure they are for the correct age group and from reputable sources.

If your Christmas lights are old, consider buying new ones as these will meet higher safety standards. Turn them off when leaving the house or going to bed.

And don't forget about food safety when you are cooking. Bacteria are often present in raw foods so make sure you fully cook meats and poultry, and thoroughly wash raw vegetables and fruits.

Don't leave your turkey or joints of meat out at room temperature for long periods of time after they are cooked. Try to serve quickly, or cool rapidly and put in the fridge.

Wash hands frequently, and make sure your children do the same.

Always keep raw and cooked foods separate, and use different utensils when preparing them.

Thaw meat in the refrigerator, never on the counter top.

If you require consumer advice or would like to report a trader believed to be selling fake goods, contact Consumer Direct on 0845 404 0506.

For further information on food safety call the council's consumer and business regulations service, food team on 7364 5008 or email **foodsafety@towerhamlets.gov.uk**

WARM A HEART THIS WINTER

For just £50, provide a Keep Warm Kit for the homeless and the elderly and bring a little warmth in their lives this Winter.

TEXT WARM23 FOLLOWED BY £3 TO 70070

Donate now. ☎ 020 7377 4200 muslimaid.org

SCAN QR CODE

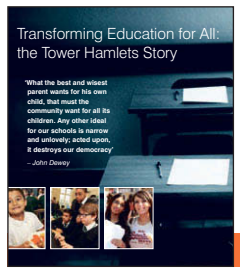
give with confidence

PO Box 3, London, E1 1WP | Charity Registration No. 295224

A leading example

The authors of the report cite examples of practice and policy from which other authorities can learn.

DETAILS BELOW



A world-wide lesson to be learnt

"All those involved in education in Tower Hamlets since 1998 should feel enormous pride in an achievement that is being held up as a shining example to communities around the world."

MAYOR LUTFUR RAHMAN

News

Report finds Tower Hamlets could lead the way in improving schools

Borough's story demonstrates deprivation is not destiny and is an inspiring example

BY IAN READ

THE authors of Transforming Education for All: the Tower Hamlets Story compiled their report after poring through hundreds of documents, running an in-depth questionnaire with head teachers and interviewing key personnel, past and present.

And they said other local authorities in areas of deprivation around the world could learn the lessons of Tower Hamlets, particularly as the improvement of schools was borough-wide, rather than simply focusing on a few schools.

They said: "The Tower Hamlets story demonstrates that deprivation is not destiny and is an inspiring example to other schools, local authorities and the education system as a whole of what can be achieved."

Just last week on a visit to St Paul's Way Trust School in Bow, Sir Michael Wilshaw, Chief Inspector of Schools In England and head of Ofsted, held up the school as an example of excellence.

"Here I am in a school that is extremely well led with a head teacher with high expectations for all the children who come here and teachers that have bought into the idea.

"There is an intolerance of mediocrity and intolerance of poor performance – and no excuses here," he said.

The authors of the report, published last Wednesday, attributed the dramatic improvement to seven key factors:

- ambitious leadership at all levels
- very effective school improvement
- high quality teaching and learning high levels of funding
- external integrated services
- community development and partnerships
- a resilient approach to external government policies and pressure.

They cite numerous examples of practice and policy from which other local authorities can learn.

For example, as well as attracting and retaining high quality teachers, there was a focus on improving literacy at primary school so standards would therefore later improve at secondary school.

There was a rigorous focus on results and monitoring progress through data, and investment in education with money spent wisely.

The council also resisted the politically motivated pressure to build new school academies since it already had high-trust relationships with its maintained schools that now perform very well

More teaching assistants and other staff from the community were placed in schools to support teachers, and schools have also been encouraged to work together and support neighbouring schools which may be struggling.

The authority took decisive action if leadership was found wanting: of 48 schools causing concern or in Ofsted categories, 42 head teachers were replaced.

Establishing links with commerce resulted in business mentoring for secondary students offering access to a regular meeting with an adviser from the business world.

The authors cite GCSE results as one clear indicator of the change over the past 15 years. In 1998, just 26 per cent of students gained five or more higher-grade GCSEs, well below the national average of 43 per cent.

In 2012, 61.8 per cent of students achieved five GCSE grades A*- C including English and maths, higher than the national average of 59.4 per cent.

Mayor Lutfur Rahman said: "It is impossible to thank everyone who has been part of this remarkable transformation but all those who have been involved in education in Tower Hamlets since 1998 should feel enormous pride in an achievement that is being held up as a shining example to communities around the world.

"However, this report is not the end of the journey. There is still much to be done to ensure every child in Tower Hamlets receives a world-class education."

Cllr Oliur Rahman, cabinet member for children, schools and families, said: "I share the report authors' judgment that Tower Hamlets has some of the best urban schools in the world and I would like to thank everyone involved.

"Education is a top priority of this administration and, as the authors point out, we refuse to accept that poverty should hold back our young people from fulfilling their potential.

"We have launched several groundbreaking initiatives over the past few years, including the Mayor's Education Award, the Mayor's Higher Education Award and free school meals, to help ensure our schools not only stay among the best, but that they get even better."

Professor David Woods discusses the report with Mayor Lutfur Rahman (Below) Anne Canning, head of the learning and achievement service

What the experts say

- The achievements of Tower Hamlets and its schools after 1998 were exceptional. All schools across the borough improved.
- It is our belief that the coherent, area-wide improvement which we saw in Tower Hamlets would not have been possible without the strong political and professional leadership which the authority, its leaders and its officers were able to exert.
- Tower Hamlets is a very important case study because of what it tells us about area-based reform.
- The very significant improvements in Tower Hamlets' schools and the outcomes for its pupils are compelling evidence that disadvantaged pupils can achieve consistently well.
- The experience of Tower Hamlets since 1998 is inspirational. It shows that improvement is not only possible but achievable, that improvement in some schools does not need to be bought at the expense of others and that improvement, once attained, can't only be sustained but surpassed.
- It is not unreasonable to argue that what Tower Hamlets has created are some of the best urban schools in the world. This is a genuinely exceptional achievement, worth celebrating, worth understanding but, above all, worth learning from.

Barts Health NHS
NHS Trust

A&E is for emergencies only

An emergency is a condition that can cause loss of life or limb.

Self care

A lot of common illnesses can be treated in your home by using medicine and getting plenty of rest. It is worth keeping in your medicine cabinet some paracetamol or aspirin, anti-diarrhoea medicine, rehydration mixture, indigestion remedy, plasters and a thermometer.

Check your symptoms with the NHS Symptom Checker

Visit www.nhs.uk and answer a series of simple questions about your symptoms to help you find out what is wrong and what you should do next.

Pharmacy

Your local pharmacist can give you friendly, expert advice about medicines that can help with lots of common conditions. There is no need for an appointment. As well as dispensing prescriptions, they provide a range of services related to specific health issues and can advise on minor ailments such as colds, skin conditions and allergies. There are over 40 pharmacies in Tower Hamlets and you can find your nearest one at www.nhs.uk.

Your GP

When you or your family are ill you can book an appointment to see a local GP. You can get the treatment you need at a convenient time and place and reduce the demand on emergency services. If you are not registered with a GP please visit www.nhs.uk to find your nearest GP practice.

Out-of-hours GP

When your GP is closed you don't need to go to A&E. Just call the out-of-hours GP to speak to a local GP during the night or on a weekend. The number is 020 7377 7151 so save it in your phone now!

For all your healthcare needs visit www.nhs.uk, dial 111 for urgent medical advice or visit a walk-in centre if you are not registered with a GP.

We at ACE Cars would like to wish you a Merry Christmas & A Happy New Year 2014

We at Ace Cars London Limited are a traditional family firm with high levels of customer service. We have been trading since 1983, some 30 years providing passenger transport services to the community of Tower Hamlets.

We have a strengthened geographic profile within this region, catering specifically to the residential market and small medium business enterprises.

We at Ace Cars London Limited have deployed the very latest, state-of-the art despatch systems which can incorporate the current smart phone platforms such as Android at present (Apple IOS users to follow in 2014), allowing you to book your transport from wherever you might be and directly from your phone without having to ring us. Furthermore, our technology can track each car in real-time so you reach your destination in shortest possible times, without incurring additional costs. This is because we can monitor in real time, the traffic flows and weather conditions, road traffic accidents and re-route you, should any obstacles become apparent during your journey.

Our drivers are knowledgeable, extremely friendly and polite at all times. We at Ace Cars are extremely proud of what we have achieved so far but the story is on-going; we care about what we do and the services we provide, so that's why we constantly improve our services by monitoring our customer feedback which strengthens our initial resolve. We have undertaken 50,000+ journeys since 1st January 2013 to the current date and we are pleased to inform you that our customer survey has revealed a 92% satisfaction rate!

Please book your Christmas & New Years transport early on our festive priority lines:

0208 980 6666 • 0208 980 2966
0208 981 5000 • 0208 980 6201

Did you know that
ACE Cars has a **NEW App!!**

It's Fun and Easy to use and now you can **book your car directly** from your **smart phone** or wherever you maybe?

Just **download** the **ACE app** from **Google Play Store** or just scan it in from one of our cards, and you're done – it's that simple!

Why not book your Car with our **New Ace App!**

Android users only at present – **Apple** users, it's on its way in the **New Year 2014**

ACE Cars Winter Fare Saver!

£1.00 off each journey
Throughout December 2013 & January 2014 upon production of this advert.
0208 980 6666 / 0208 980 6201
T & C's Apply!

Old skool Bow School

"Memories or connection with the school is something we are eager to explore and to introduce into activities on the day."

ASSISTANT HEAD TEACHER JIM MORRIS

History

Gifts rich in local history

THE Local History Library and Archives in Mile End has some great Christmas present ideas again this year.

As well as a selection of publications they have a range of reproductions of beautiful old maps that will make the perfect gift for anyone interested in East End history.

The earliest of these maps dates from 1703 and shows the parish of Stepney, which extended to nearly all of present-day Tower Hamlets.

In addition, a large variety of books and pamphlets are available to buy. The library at 277 Bancroft Road, E1 is open Tuesday, December 17 from 10am-5pm; Wednesday 18, 9am-5pm, Thursday 19, 9am-8pm and Saturday 21, 9am-5pm.

Details of publications available for sale can be found at **www.ideastore.co.uk/local-history-services-publications-for-sale**

100 up for Bow School's Georgian building

BOW School is celebrating the centenary of its original Georgian building with a heritage day next March.

The building still forms a part of the school site, off Fairfield Road.

Organisers are aiming to involve as many people as possible on the day. They are particularly keen to hear from former students or their relatives.

"Memories or connection with the school is something we are eager to explore and to introduce into the activities we will be running on the day," said assistant head teacher Jim Morris.

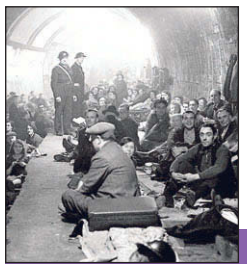
"We would be extremely pleased to hear from anyone who wants to get involved with the event in some way."

For more information email **morrisj@bow-school.org.uk** or call Bow School on 8980 0118.

THE Museum of Immigration in Spitalfields and the Tower of London were among the destinations for people taking part in the first ever London Museum Marathon last weekend.

They were raising money for Guide Dogs for the Blind by visiting 26 museums across London in a day, starting at the V&A Museum in Kensington and ending at The Globe on the South Bank.

Photographer Mar Dixon, who took the photo above outside 19 Princelet Street, described the Museum of Immigration as "'the absolute star of the marathon".



A Christmas to be thankful for

Down in the shelters, parents were making the best of things, and the most of what little they had. There was rationing of course, and precious little to buy, even if you had the money.

Got a story to tell?

If you have a tale about East End history, write to John Rennie or email him at **johnrennie@gmail.com**

WWW.EASTLONDONHISTORY.COM

'Make do and mend' Xmas with a rationed New Year

BY JOHN RENNIE

X-BOXES, iPads, Nerf guns, Furby Booms... 2013's must-have gifts would have baffled the young East Enders of 1940.

For cockneys it was the first real wartime Christmas, a time of absent parents, 'make do and mend' and, very possibly, a day spent down in the shelter. This, as American journalist Quentin Reynolds, reported, was "a Christmas spent underground".

Reynolds was the London correspondent of popular news magazine Collier's Weekly, and he voiced a cinema newsreel for the folks on the other side of the Atlantic, yet to enter the war at that stage. The accompanying film showed a forester harvesting Christmas trees, but only small ones.

"There is no demand for large trees in England this Christmas," intoned Reynolds. "They wouldn't fit in the shelters, cellars and basements" where Londoners would be celebrating. "There's no need for Americans to feel sorry for the English," he went on. "The English don't feel sorry for themselves."

We should forgive the typical American solecism of confusing England with Britain. Stationed in London, the reporter was an eye witness to cockneys under many months of continual (for a long period continuous) bombardment, and he was touched and humbled by Londoners' stoicism and black humour.

Other newsreels from that Christmas of 1940 show an impressive disregard for health and safety remarkable to modern eyes. Families snuggle in their blankets around a fully decked tree on an Underground platform and mothers move back and forward with cakes and puddings, as trains arrive and pull out just inches away. Those who spent that December on the platforms of the Central Line, remember trains stopping and passengers stepping over their recumbent forms.

After the 'Phoney War', when the declaration of hostilities in September 1939 had been followed by a period of unexpected calm, this was East Enders' first real experience of the horror of a Christmas under fire. Many children had been evacuated and spent Christmas in the countryside, but many more had returned to London by the Autumn of the following year. But from September 1940, bombing happened in earnest. From September 7, the Luftwaffe hit the East End and docks for 76 consecutive nights. Between then and May 1941, there would be 20,000 Londoners killed, many more injured, and a million London homes destroyed.

St Paul's Cathedral during the Blitz

(Above) Christmas spent in the bomb shelters, and (below left) the Christmas tree in Trafalgar Square 1947, the first time a Christmas tree could be brightly lit, with no risk of an ARP warden ordering 'Put that light out.'

But down in the shelters, parents were making the best of things, and the most of what little they had. There was rationing of course, and precious little to buy, even if you had the money. Typical Christmas treats, such as a children's annual, were withdrawn due to paper rationing. Even board games were hard to come by. So dad might be carving a toy animal from scrap pieces of wood, while mum would be unpicking old garments, using the wool to knit something new for Christmas.

The traditional Christmas dinner was severely hit. Turkeys weren't available in any quantity, as a family of four's meat ration wouldn't even cover a small chicken. The most likely option was a home-reared bird or rabbit (and for the children the shock disappearance of the family pet). Home grown veg (Victoria Park and any other spare scrap of land was turned over to allotments) would form the bulk of the meal. Rations would be saved up, to stockpile enough bacon, butter, suet, margarine and ham to make an approximation of a Christmas dinner. Fruit and nuts were largely imported, so had become scarce and costly, and that made Christmas cakes and puddings a challenge. Booze was prohibitively pricey too.

Yet somehow, with nothing much to spend and less to buy, Londoners made merry... ish. Indulgence and waste was frowned upon – gifts were a frivolous use of scarce resources. Travel was restricted too, so there was little hope of seeing the relatives. Air raid friendly gifts emerged, such as sleeping bags, flasks, even gas masks for dolls. A popular gift was a War Bond... a way of being generous and helping the War Effort. Almost £10million in bonds were sold in the week before Christmas 1940.

And so East Enders settled down, in their cellars and shelters to listen to the Christmas entertainment, with BBC radio broadcasts of the King's Speech, a Christmas service from the ruins of Coventry Cathedral, and variety shows such as ITMA, with popular comic Tommy Handley. At the cinema they were watching expat cockney Charlie Chaplin satirising Hitler in The Great Dictator – however bad things got, Londoners wanted a laugh. There was the pub too and there was the church. Then, as now, far more of us discovered our religious side come Christmas, though church bells couldn't be rung as they were being saved to signal an invasion.

Over Christmas there was an unofficial lull in the bombing, with both the RAF and the Luftwaffe ceasing raids for two days. But over the night of December 29 and 30 1940, the attacks resumed with terrifying ferocity, with more than 24,000 high explosive bombs and 100,000 incendiary bombs dropped on the capital. The 'Second Great Fire of London' killed 160 civilians that night, many more dying of injuries sustained in the days that followed. Fourteen firemen died and 250 were injured, 19 churches, 31 guild halls and all of Paternoster Row were raised. And, famously, the flames came to the very door of St Paul's. But now, again, an interesting psychology emerges. The iconic image of St Paul, sitting among smoke, flame and rubble was used in both German and British newspapers. But while the Berliner Illustrierte Zeitung used it as proof that the Blitz was working, the Daily Mail, Express, Mirror, Sketch and Evening News and the rest used an almost identical image on their front pages (albeit with some of the damaged buildings cropped out). To Londoners it was a sign that, however bad things got, London (with St Paul's as an indomitable icon) would survive.

Perhaps the most moving images are from a Christmas just after the war. Now it is 1947, and a Christmas tree can be brightly lit, with no risk of an ARP warden ordering 'Put that light out.'

The venue: Trafalgar Square. The tree: a Norwegian spruce donated, for the first time that year, by the city of Oslo. It's a gift to the people of London, in thanks for British support from 1940-45, and the same gift has arrived each year since. A symbol perhaps of how the forces of darkness had failed to obliterate the spirit of Londoners, of Britons and of their allies.

Despite the bombs, the privations and the loss of life, that spirit had flickered into life each year to celebrate every wartime Christmas, however little was in the stocking or on the table.

A range of services

The council provides many services for residents and businesses. Go to the A-Z on the website at

WWW.TOWERHAMLETS.GOV.UK

The Government is changing benefits

Prepare and act now

The Government is changing the benefits system as part of its plans for welfare reform. If you are claiming benefits, you may be affected.

Households who are **not in work** or have **less than 24 hours work per week** will be affected most.

The impact of these changes could be serious and some households may no longer be able to afford their current housing costs.

Tower Hamlets Council and its partners are helping prepare residents for the upcoming changes. This includes support under:

- **Getting information and advice**
- **Managing your money**
- **Finding work and training opportunities**

For more information about the changes visit the government website **www.dwp.gov.uk** or call their helpline on **0845 605 7064**, or textphone **0845 608 8551**.

Get information on welfare reform

The council's benefits service can provide information about housing benefit, council tax benefit and entitlement to free school meals. It has compiled a list of helpful agencies at...

WWW.TOWERHAMLETS.GOV.UK/WELFAREREFORM

Council information

Tower Hamlets forward planner

TOWER Hamlets Council produces a forward plan every month detailing the key decisions it will take, together with the details of the author, and consultation undertaken. It can be found in Idea Stores, libraries, One Stop Shops and council offices or at www.tower hamlets. gov.uk/data/ your-council/data/forward-plan/forward-plan.cfm

Meetings

Tuesday, December 17
7pm: Audit committee
Agenda includes quarterly internal audit assurances report, revised internal audit plan 2014/14 and treasury management activity up to 31.10.13.
For more information call 7364 4881 or email antonella.burgio@tower hamlets. gov.uk

Wednesday, December 18
7pm: General purposes committee
For details call 7364 4120 or email evelyn.akoto@tower hamlets.gov.uk

Thursday, December 19
6.30pm: Licensing sub-committee
For details contact Simmi Yesmin.

Tuesday, January 7
7pm: Overview & scrutiny committee
For details call 7364 4333 or email angus.taylor@tower hamlets.gov.uk

Wednesday, January 8
5.30pm: Cabinet
For details call 7364 4651 or email matthew.mannion@ towerhamlets,gov.uk

Thursday, January 9
7pm: Strategic development committee
For details call 7364 4877 or email zoe.folley@ towerhamlets,gov.uk

Details are accurate at time of going to press. Agendas are available online a week before meetings, which are at the Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG, except Cabinet.

Tower Hamlets online

www.towerhamlets.gov.uk
For information on council services, including:

- report a missed rubbish collection
- make a doorstep recycling request
- report an abandoned vehicle
- bulk rubbish collections

Commitment to fair pay spreads

TOWER Hamlets Health and Wellbeing Board has committed to paying the London Living Wage, affirming members' belief that fair pay promotes a healthier life.

The board is made up of statutory and voluntary partner organisations. The statutory partners – including the council, Barts NHS Trust, East London Foundation Trust and Tower Hamlets CCG – have all confirmed that they pay the London Living Wage to all their own staff. Payment of the wage – which currently stands at £8.80 – will also be a requirement for any contracts they commission from third parties.

The board is now working with its non-statutory partners from the voluntary and housing sectors to see how they can move towards adopting the London Living Wage.

Mayor Lutfur Rahman, who chairs the board, said: "The council has been paying the London Living Wage for quite some time and I am pleased this has now extended to all our health partners.

"Together we have reaffirmed the commitment to fair pay for everyone in the borough."

Cllr Abdul Asad (left), cabinet member for health and wellbeing, said: "The Health and Wellbeing Board organisations work together to promote and deliver high quality health services within the borough.

"Paying the London Living Wage contributes to a healthier life and the board fully supports the scheme."

Planning

E1
2-12 Cambridge Heath Road – new signage to front elevation.
154-170 Cannon Street Road – application for variation of ours of operation to planning permission PA/10/02135, dated 31.1.11.
36 Goulston Street – change of use of ground floor and basement from shop to food and drink and hot food takeaway.

E2
206-210 Cambridge Heath Road – addition of balconies to existing building.
Baital Aman Mosque, 49 Braintree Street – variation of condition of planning permission PA/11/00987 dated 5.9.11 for demolition of existing temporary structures and construction of purpose-built mosque and cultural centre. Proposed amendment: increase height of building by 2m and associated fenestration alterations to north and south elevations.
Suttons Wharf South, 44 Palmers Road – application for prior approval of transport and highways impacts of development, contamination risks and flooding risks on site for change of use from office on ground and first floors of existing building to residential.

E3
5 Coborn Road – demolition of structural elements which form and support the eastern and southern facades of the building. The application also relates to proposals for replacement elements.

E14
Flat 11, Midhurst House, Salmon Lane – erection of three single storey front extensions to infill porch areas.

This is not a definitive list of all current planning applications. For more details go to the council's website at www.towerhamlets.gov.uk and click on Planning & Building.

Drug treatment providers

Community Drug Team
Substitute prescribing, key working, health screening & referral to residential treatment.
71 Johnson Street, E1.
7790 1344
www.lifeline.org.uk

Nafas
Support with a focus on Bangladeshi community.
The Davenant Centre,
179-181 Whitechapel Road, E1
7377 0676.

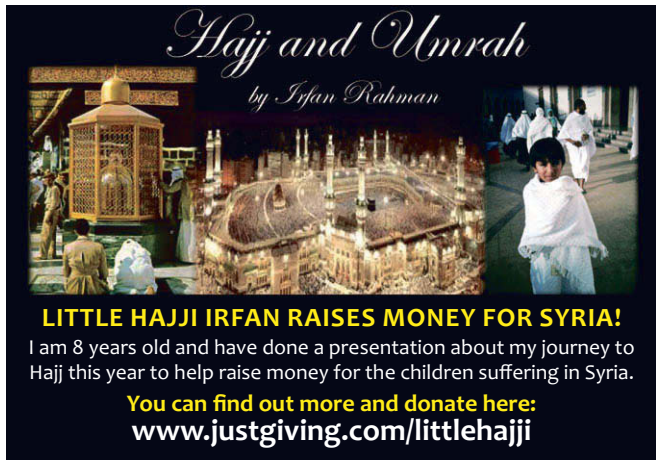
Harbour Recovery Centre
In-patient detox for 18+ males.
Riverside House, 4th Floor,
20 Garford Street, E14.
7538 9421

Young People's Service
Treatment for under-19s
Unit 26, Skyline Village,
Limeharbour, E14.
3069 7878
www.lifeline.org.uk

Isis
For women aged over 18
c/o Hopetown Hostel,
60 Old Montague Street, E1.
7426 0399
www.compass-uk.org

Community Alcohol Team
Unit 22, Skylines Village
Limeharbour, E14.
0800 008 7200
www.rapt.org.uk

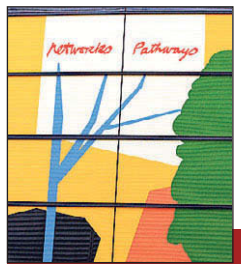
Somali Substance Misuse
Help, advice & referral for people with khat, alcohol or drug issues. Contact Idriis Elmi.
Mind in Tower Hamlets & Newham, Open House
13 Whitethorn Street, E3.
7510 1081



Register now for free news

Tower Hamlets residents can register for the free news and consultation service giving updates on subjects they choose as often as they want them. For more information visit...

MY.TOWERHAMLETS.GOV.UK



Did you guess?

Last week's photo was a detail from the Blizard Building in Whitechapel.

Council information

Hotline numbers

Housing benefits – 7364 5001
Council tax – 7364 5002
Parking services – 7364 5003
Streetline – 7364 5004
Adult social care – 7364 5005
Children's services – 7364 5006
Pest and noise nuisance – 7364 5007
Environmental health, trading standards & licensing – 7364 5008
Planning & development – 7364 5009
Business rates – 7364 5010
Recruitment line – 7364 5011
Electoral services – 7364 0872
Tower Hamlets Homes – 7364 5015
Healthline – 7364 5016

Report it!

To report an incident, use these 24-hour freephone numbers:
Non-emergency crimes – 101
Textphone – 18001 101
Hate crimes – 0800 138 0521

General enquiries

For other council enquiries call 7364 5020.

Useful housing numbers

Housing repairs – 0800 376 1637
Tenancy support – 7364 5544
Housing advice (E14) – 7364 7507
Housing advice (E1, E2 or E3) – 7364 3558
Homeless service – 7364 7474
Choice-based lettings – 7364 0244
Homeseekers – 0845 270 2400

Switchboard

If you know the name of the person or department you need to contact, call the switchboard on 7364 5000.

Do you know where to find this unusual feature of the borough? Our popular oddities picture poser gives readers the chance to keep their eyes peeled to see if they can spot where our photographers took the pictures. If you have photos of your own you would like to see published in East End Life, email them to eastendlife.news@towerhamlets.gov.uk or send them to Photo Poser, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. They need to be high resolution, at least 1MB and 300 dpi.

Town Hall

Town Hall, Mulberry Place, 5 Clove Crescent, E14 2BG.
7364 5000

Other useful information

Safer Neighbourhood teams (SNTs)
SNTs operate in every ward in Tower Hamlets, providing dedicated community policing that works to priorities set by the public through Local Area Partnerships (LAPs).
To find out more about SNTs, contact your local team:
Bethnal Green North 8721 2851
Bethnal Green South 8721 2849
Blackwall & Cubitt Town 8721 2877
Bow East 8721 2807
Bow West 8649 3521
Bromley by Bow 8721 2041
East India & Lansbury 8721 2806
Limehouse 8721 2852
Mile End & Globe Town 8721 2853
Mile End East 8721 2848
Millwall 8721 2850
Shadwell 8649 3524
Spitalfields & Banglatown 8721 2042
St Dunstan's & Stepney Green 8721 2808
St Katharine's & Wapping 8721 2854
Weavers 8721 2043
Whitechapel 8649 3520

If a crime is in progress, there is an emergency or if anyone is in immediate danger please dial 999.

24-hour domestic violence national helpline
0808 2000 247

Trading standards
Consumer Direct: 08454 040506

Tower Hamlets Mediation Service offers confidential and impartial advice with neighbour conflict
Free service for council tenants and leaseholders. 7702 8305

Walk-in services

One Stop Shops
Bethnal Green – 1 Rushmead, off Bethnal Green Road, E2
Bow & North Poplar – John Onslow House, 1 Ewart Place, E3
South Poplar – 15 Market Square, Chrisp Street, E14
Stepney& Wapping – Idea Store Watney Market, 260 Commercial Road, E1.
Open Mon-Fri, 9am, doors close at 4.30pm. Sat, 9am, doors close 12.30pm at Rushmead and Idea Store Watney Market only.

Idea Stores

Bow – Gladstone Place, E3.
Canary Wharf – Churchill Place, Canary Wharf, E14.
Chrisp Street – Vesey Path, E14.
Whitechapel – 321 Whitechapel Road, E1. 7364 4332
Watney Market – Commercial E1. 7364 4332
All open: Mon to Thurs, 9am-9pm; Fri, 9am-6pm; Sat, 9am-5pm. Sundays – Bow and Chrisp Street open, 10am-4pm; Whitechapel, 11am-5pm; and Canary Wharf, 12-6pm.

Libraries

Bethnal Green – Cambridge Heath Road, E2. 8980 3902
Cubitt Town – Strattondale Street, E14. 7987 3152
All open: Mon, Tues, Weds & Fri, 10am-6pm; Thurs, 10am-8pm; Sat, 9am-5pm.
Local History Library and Archives – 277 Bancroft Road, E1. Open Tues, 10am-5pm; Weds, 9am-5pm; Thurs, 9am-8pm; Sat (1st & 3rd of the month), 9am-5pm.
7364 1290; email localhistory@towerhamlets.gov.uk

Isku soo dhawaashada

War iyo wacaal waxaad haysaan u soo dir boga isku soo dhaweynta bulshada ee East End Life.

7364 4944

রোমান রোড মার্কেটে শুরু হয়েছে ক্রিসমাস উৎসব

রোমান রোডে গত সপ্তাহে পুরো মাত্রায় শুরু হয়েছে ক্রিসমাস উদ্দীপনা। গত ৭ ডিসেম্বর টাওয়ার হ্যামলেটস কাউন্সিলের উদ্যোগে প্রথম বারের মতো রোমান রোড মার্কেটে ক্রিসমাস উৎসবের বিশেষ অনুষ্ঠানের মধ্য দিয়ে শুরু হলো এই উৎসব-উদ্দীপনা। দিনব্যাপি এই আয়োজনে সহস্রাধিক লোক মার্কেটে সমবেত হয়েছিলেন। বিস্তারিত পড়ুন নীচে -

CHRISTMAS FESTIVITIES BEGIN IN ROMAN ROAD

Harmony

Hore u marka waxbarashada

Tower Hamlets' educational achievements – pages 1 & 12

SIDA lagu sheegay warbixin ay soo saareen khubaro akaadamishan ahi, heerka digsiyada Tower Hamlets waxuu ka mid yahay heerarka caalamka ugu sareeya.

Qiimayntana widhwidhaysaa, ee faafiye dhawaanta, oo natiijadii ka soo baxday, warbixin madax banana, oo axadheysey kawnsulku isbedelka uu ku sameeyey hawlaha dugsiiyada.

Sannadkii 1997 waxaa lagu qiimeeyey kuwa dalka ugu liita, sannadkii ku xigana Ofsted, waxay ku dhawaaqday in in waaxda waxbarashada, ay tahay ta si fiican loo maalgeliyo, ee guuldaraysanaysa.

Maantana waxaa cadaatay, in sheekada waxbarashada, guul laga soo hooyey, waxay ka mid nodeen kawnsulada tirade yare e dugsiyadooda sare lagu qiimeeyey wacan amma heersare, islamarkaana guulo ka soo hooya natiijooyinka immtixaanada oo mar walba hore u sii maraysa.

Sedex aqoon yahay oo muxtarim aha oo kala ah Prof David Woods, Prof Chris Husbands and Dr Chris Brown, ayaa axadhay sidii guulahan lagu gaadhey, taasi oo ay ku muujiyeen warbixin cusub oo loogu magic daray sheekada Tower Hamlets ee dhallan roga waxbarashada.

Warbixinta waxaa lagu soo gabgabeeyey, in waayaha Tower Hamlets laga soo bilaabo 1998, muujinayso in horumarinta suurtogal tahay, islamarkaana laga gun gaadhi karo.

Isaga oo soo dhaweynaya warbixinta, Meeyar Lutfur Rahman, wuxuu yidhi: "Horumarinta lagu sameeyey dugsiyada gobolka, waa guul la yaab leh.

"Guushan waxaa lagu gaadhey tacab."

Children made masks at the Roman Road Christmas festivities

রোমান রোড মার্কেটে শুরু হয়েছে ক্রিসমাস উৎসব

Christmas festivities begin in Roman Road – page 2

রোমান রোডে গত সপ্তাহে পুরো মাত্রায় শুরু হয়েছে ক্রিসমাস উদ্দীপনা।

গত ৭ ডিসেম্বর টাওয়ার হ্যামলেটস কাউন্সিলের উদ্যোগে প্রথম বারের মতো রোমান রোড মার্কেটে ক্রিসমাস উৎসবের বিশেষ অনুষ্ঠানের মধ্য দিয়ে শুরু হলো এই উৎসব-উদ্দীপনা।

ক্রেতাদের ভীড়ে পুরো মার্কেট ছিলো জমজমাট। ক্রেতারা যখন বছরের সবচেয়ে বড় এই উৎসবের ক্রাফটস্, খাবার দাবার ও উপহার সামগ্রী কেনাকাটায় ব্যস্ত সময় পার করেন, তখন ব্রাস ব্যান্ড এবং ক্রিসমাস ক্যারলরা পরিবেশন করে বিশেষ দিনের সঙ্গীত।

দিনব্যাপি এই আয়োজনে সহস্রাধিক লোক মার্কেটে সমবেত হয়েছিলেন। বাচ্চাদের জন্য ছিলো ফেস পেন্টিং স্টল, বেলুন এনিম্যাল এবং ফাদার ক্রিসমাসের বিশেষ উপস্থিতি।

স্থানীয় স্কুলের শিক্ষার্থীরা বিশেষ এই অনুষ্ঠানের সাজ সজ্জায় রোমান রোড টাউনের স্বেচ্ছাসেবীদের সহযোগিতা করে।

ক্ষুদ্র ব্যবসাকে সহযোগিতা করার জাতীয় ভিত্তিক ক্যাম্পেইন 'স্মল বিজনেস সেটারডে' ছিলো ঐ দিন। কাউন্সিল স্টাফরা সারা দিন মার্কেটে উপস্থিত থেকে স্থানীয় বাসিন্দাদের কাছ থেকে রোমান রোড মার্কেটে তারা কি কি পেতে চান, তাদের অভিমত ইত্যাদি জানার চেষ্টা করেন।

সন্ধ্যায় টাওয়ার হ্যামলেটসের নির্বাহী মেয়র লুৎফুর রহমান আনুষ্ঠানিকভাবে ক্রিসমাস লাইট প্রজ্জলন করেন।

এসময় তিনি বলেন, এখন পুরোদমে চলছে ক্রিসমাসের কেনাকাটা। আমাদের ছোট ছোট ব্যবসা প্রতিষ্ঠান ও মার্কেটগুলোর সহায়তায় বিপুল সংখ্যক বাসিন্দা আজ এখানে কেনাকাটা করতে এসেছেন দেখে আমি খুবই সন্তুষ্ট।

কেবিনেট মেম্বার ফর রিসোর্সেস্, কাউন্সিলর আলিবর চৌধুরী বলেন, স্মল বিজনেস সেটারডে ক্যাম্পেইন খুব সফল হয়েছে, তবে এটা শুরু মাত্র। এখন হলিডে শপিং শুরু হয়েছে এবং আমরা আশা করি বাসিন্দারা স্থানীয় মার্কেট ও দোকানগুলো থেকে কেনাকাটা করে তাদের ব্যবসায় সহযোগিতা করবেন।

Wac 101, si aad u weriso anshax xumo

Dial 101 to report anti-social behaviour

OLOLAHA lagu dhiirigelinayo in ay dadka deegaan booliiska u soo weriyaan wixii anshax xuma ah, waxaa la daahfuray lambar cusub oo wixii aan birma degdega ahayn, booliiska loogu gudbin karo.

Lambarkan cusub waxaa lagu faafiyey warbaahinta deegaanka iyo joogsiyada basaska.

Meeyar ku xigeen Cllr Ohid Ahmed, ayaa yidhi: "Ololahani wuxuu ku dhiirigelinayaa daweynuhu in la soo socodsiiyaan wuxuu anshax xuma ah, si ay suurtogal u noqoto in aanu booliiska iyo bartinariska kalaba ula shaqayno."

Arrimaha lagu soo gudbin karo lambarkan 101

- qaylada jaarkaaga
- fadqalalada, garaafitiga iyo
- iibsiga iyo gadista darooga-da dadweynaha dhexdiisa.
- khamri ku cabista shaaricyada
- Sharmuutaysiga iyo hawlaha la xidhiidha
- Kharibista bii'ada
- dawarsiga
- dab tuurka oo six un loo isticmaalo
- baabuurta oo six un loogu baashaalo.

Lambarkan 101 waxaad ku gudbin kartaa fal denbiyaad hadda ka hor dhacay iyo in aad talo ka raadsato ka hortag mid soo socda.

Had iyo jeer garaac lambarka birmidka dedega ah, hadduu faldenbiyeed jiro xilligaa, haddii shaki jiro in ay ciddi maagan tahay fal denbiyeed geysati, amma hadidaadi jirto oo halis laga baqo.

Cilmi baadhista ka hortaga wadna istaaga

Research into heart attack prevention

CILMI baadhayaal ku sugan jaamicadda Queen Mary ee London, Mile End, ayaa fulinaya daraasad ku saabsan ka hortaga mawtal qaflaha amma wadna istaaga.

Kubaradina waxay raadinayaan dadka ka qaybqaata cilmi baadhistan oo da'adoodu u dhxayso 40 jir ilaa 74 jir.

Xanuunka wadnuhu wuxuu noqday dilaaga koowaad ee rag iyo dumarba loo siman yahay. Waxaa la filayaa in uu sii bato sannadaha innagu soo fooleh, maxaayalay buurnaanta sii badanaysa iyo tirade dadweynaha gaboobey, oo sii badanaysa.

Barnaamijka ka hortaga wadna istaaga, waxaa la bilaabay 2007. Dadka lagu darayo barnaamijka, ee shuruudaha buuxiya, waxay helayaan in baadhitaan lacag la'aan ah ay khabiiro ku sameeyaan.

Booqo **www.happylondon.info**, email u dir **info@happylondon.info** amma wac 7882 6919 si aad u hesho macldheeraad ah.

ভিক্টোরিয়া পার্কে অনুষ্ঠিত হলো বার্ষিক ক্রীসমাস টি ড্যান্স

Locals show off their festive dance moves – issue 989

বারার প্রবীন বাসিন্দাদের জন্য এবার ভিক্টোরিয়া পার্কে অনুষ্ঠিত হলো বার্ষিক টি ড্যান্স।

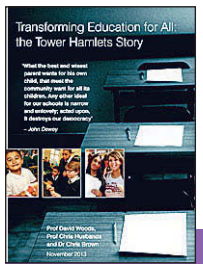
কাউন্সিল বারার প্রবীন বাসিন্দাদের উৎসবের মাধ্যমে উৎফুল্ল রাখার জন্যে এই ধরনের অনুষ্ঠানের আয়োজন করে থাকে।

এবারের টি ড্যান্স অনুষ্ঠানে ৭২ বছর বয়স্ক জিনা স্কিয়েটস পুরোনো দিনের সঙ্গীত পরিবেশন করে পুরো দুপুর মাতিয়ে রাখেন। শীতের দুপুরে ঠান্ডার প্রকোপ কাটিয়ে উঠে উষ্ণতাকে ধরে রাখার লক্ষ্যে গরম পানীয় সরবরাহ করা হয়।

টাওয়ার হ্যামলেটসের মেয়র লুৎফুর রহমান বলেন, "বার্ষিক টি ড্যান্স আমাদেরকে একত্রিত করার জন্যে এক বিশেষ অনুষ্ঠান। আমাদের বারার প্রবীন বাসিন্দারা বছরের ঐতিহ্যবাহি এই একটি দিনের জন্যে অপেক্ষা করে থাকেন।"

কালচারের কেবিনেট মেম্বার কাউন্সিলর রানিয়া খান বলেন, "বারার প্রবীন বাসিন্দারা এই টি ড্যান্সের মাধ্যমে এক উৎসবমুখর পরিবেশে একত্রিত হন এবং তারা নতুন নতুন মুখের সাথে পরিচিত হবার সুযোগ লাভ করেন।"

Maureen and Sylvie at the Victoria Park tea dance



শিক্ষা ক্ষেত্রে বারার সাফল্য বিশ্বের জন্য অনন্য দৃষ্টান্ত

শিক্ষা ক্ষেত্রে অনন্য অগ্রগতি অর্জন করে টাওয়ার হ্যামলেটস্ নতুন ইতিহাস সৃষ্টি করেছে স্বাধীন ও নিরপেক্ষ শিক্ষা বিশেষজ্ঞ গবেষকদের পর্যালোচনা প্রতিবেদন অনুযায়ি এক সময়ের সবেচেয়ে খারাপ মানের স্কুলগুলো এখন সেরা মানের তালিকায় জায়গা করে নিয়ে দেশব্যপি আলোড়ন তুলেছে। বিস্তারিত পড়ুন নীচে -

TOWER HAMLETS SCHOOLS PRAISED IN REPORT

ঐকতান

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শিক্ষা ক্ষেত্রে টাওয়ার হ্যামলেটসের সাফল্য বিশ্বের জন্য অনন্য দৃষ্টান্ত

Tower Hamlets schools are an example to the world – pages 1 & 12

শিক্ষা ক্ষেত্রে অনন্য অগ্রগতি অর্জন করে টাওয়ার হ্যামলেটস্ নতুন ইতিহাস সৃষ্টি করেছে। স্বাধীন ও নিরপেক্ষ শিক্ষা বিশেষজ্ঞ গবেষকদের পর্যালোচনা প্রতিবেদন অনুযায়ি এক সময়ের সবেচেয়ে খারাপ মানের স্কুলগুলো এখন সেরা মানের তালিকায় জায়গা করে নিয়ে দেশব্যপি আলোড়ন তুলেছে।

গবেষনা প্রতিবেদন প্রকাশের সাথে সাথেই দ্যা ইন্ডিপেন্ডেন্ট, গার্ডিয়ান এর মতো জাতীয় দৈনিক ও স্কাই, বিবিসি টিভি চ্যানেলগুলোতে তা গুরুত্বের সাথে প্রকাশ ও সম্প্রচার করা হয়।

শিক্ষা ক্ষেত্রে টাওয়ার হ্যামলেটসের এই অনন্য সাফল্যের প্রতিবেদন ১১ ডিসেম্বর বুধবার আনুষ্ঠানিকভাবে প্রকাশ করা হয়। বারার স্কুলগুলো কিভাবে বদলে গেলো, তা পর্যালোচনা করে "ট্রান্সফর্মিং এডুকেশন ফর অল - দ্যা টাওয়ার হ্যামলেটস্ স্টোরি" শীর্ষক প্রতিবেদনটি তৈরী করেন দেশের তিন জন শীর্ষ স্থানীয় শিক্ষাবিদ প্রফেসর ডেভিড উডস্, প্রফেসার ক্রিস হাসবেন্ড এবং ডঃ ক্রিস ব্রাউন।

এই প্রতিবেদনকে স্বাগত জানিয়ে নির্বাহী মেয়র লুৎফুর রহমান বলেন, বারার স্কুলগুলোর রূপান্তর একটি চমৎকার সাফল্যের গল্প। সকলের কঠোর পরিশ্রমের ফলেই অর্জিত হয়েছে এই সাফল্য। গত ১৫ বছর ধরে শিক্ষার্থী, অভিভাবক, হেডটিচারগণ, স্কুল স্টাফ, কাউন্সিল অফিসার-বৃন্দ এবং রাজনৈতিক নেতৃত্বের অসাধারণ প্রচেষ্টার ফল হচ্ছে আজকের এই অর্জন।

শিক্ষা ক্ষেত্রে এই অনন্য সাফল্যে সংশ্লিষ্ট সকল মহলের অবদানের কথা উল্লেখ করে মেয়র লুৎফুর রহমান বলেন, ধারাবাহিকভাবে চেষ্টা চালিয়ে যাওয়া আজ আমাদের পরিবারগুলোর মধ্যে লার্নিং কালচার বা শিক্ষার সংস্কৃতি গড়ে ওঠেছে। এই সংস্কৃতিই আমাদের অগ্রযাত্রাকে আরো সুসংহত করবে।

Mayor Lutfur Rahman and Prof David Woods

তিনি বলেন, আর্থিক চাপের কারণে যাতে আমাদের ছেলেমেয়েরা লেখাপড়ায় পিছিয়ে না পড়ে, সেজন্য মেয়রস্ এডুকেশন এওয়ার্ড (এমইএ), ইউনিভার্সিটি গ্র্যান্ট, ফ্রি স্কুল মিল ইত্যাদি উদ্যোগ আমরা গ্রহন করেছি।

টাওয়ার হ্যামলেটসের শিক্ষার সার্বিক দিক নিয়ে দেশের শীর্ষ স্থানীয় তিন শিক্ষাবিদের যৌথ গবেষনা প্রতিবেদনে উল্লেখ করা হয় যে, ১৯৯৭ সালে যে বারার স্কুলগুলো সারা দেশের মধ্যে সবচেয়ে 'খারাপ' হিসেবে চিহ্নিত করা হয়েছিলো এবং পরবর্তী বছর কাউন্সিলের শিক্ষা বিভাগকে 'ব্যর্থ' হিসেবে অফস্ট্যাড ঘোষনা করে, সেই বারার স্কুলগুলো এখন 'সেরা' হিসেবে তালিকায় জায়গা করে নিয়েছে। টাওয়ার হ্যামলেটস হচ্ছে দেশের হাতে গোনা কয়েকটি কাউন্সিলের একটি, যার প্রতিটি সেকেন্ডারি স্কুল অফস্ট্যাড এর মূল্যায়নে 'গুড' অথবা 'আউটস্ট্যান্ডিং' হিসেবে চিহ্নিত হয়েছে এবং এর পরীক্ষার ফলাফল প্রতি বছরই উন্নত হচ্ছে, যা জাতীয় ধারার বিপরীত।

প্রতিবেদন তৈরীর সাথে জড়িত শিক্ষা বিশেষজ্ঞরা এই বলে মন্তব্য করেছেন যে, টাওয়ার হ্যামলেটসের মতো দরিদ্র একটি বারার স্থানীয় কর্তৃপক্ষ কিভাবে শিক্ষা ক্ষেত্রে এমন অভূতপূর্ব সাফল্য অর্জন করলো, তা থেকে বিশ্বের অনেক কিছু শেখার আছে। বিশেষ করে গুটি কয়েক স্কুলের ওপর বিশেষ দৃষ্টি না দিয়ে বারার সকল স্কুলের উন্নয়ন নিশ্চিত করার এই সাফল্য থেকে বিশ্ব শিখতে পারে অনেক কিছু।

প্রতিবেদন তৈরীর সাথে জড়িত একজন শিক্ষাবিদ প্রফেসর ডেভিড উডস্ সিবিই অনুষ্ঠানে বক্তৃতাকালে যে ৭টি মৌলিক ক্ষেত্রে টাওয়ার হ্যামলেটসের স্কুলগুলোর নাটকীয় উন্নয়ন ঘটেছে, তা তুলে ধরে বলেন, স্কুল গভর্নর, অভিভাবক, শিক্ষার্থী শিক্ষক, সর্বোপরি নির্বাচিত জনপ্রতিনিধিদের উচ্চাভিলাষি আকাংখা এই সাফল্য অর্জনকে ত্বরান্বিত করেছে।

উল্লেখ্য, প্রফেসর ডেভিড কেন্দ্রীয় সরকারের ডিপার্টমেন্ট ফর এডুকেশন এর এডভাইজারি সার্ভিসের প্রধান হিসেবে দীর্ঘদিন কাজ করেছেন। পরবর্তীতে তিনি লন্ডন স্কুলস্ এবং দ্যা লন্ডন চ্যালেঞ্জ এর প্রধান উপদেষ্ঠার দায়িত্ব পালন করেন।

রিপোর্ট প্রণেতাদের অন্য দুইজন হচ্ছেন ইউনিভার্সিটি অব লন্ডনের ডিরেক্টর অব দ্যা ইন্সটিটিউট অব এডুকেশন প্রফেসর ক্রিস হাসবেন্ড এবং এই একই বিভাগের জন এডামস্ রিচার্স ফেলো ডক্টর ক্রিস ব্রাউন।

কেবিনেট মেম্বার ফর চিলড্রেন, স্কুলস্ এবং ফ্যামিলিজ, কাউন্সিলর ওলিউর রহমান বলেন, রিপোর্ট প্রণেতাদের এই কথার সাথে আমিও এক মত যে, বিশ্বের সেরা শহুরে স্কুলগুলোর কয়েকটি রয়েছে টাওয়ার হ্যাম লেটসে। এই সাফল্যের পেছনে যাদের অবদান রয়েছে, আমি তাদের সকলকে ধন্যবাদ জানাচ্ছি।

মাদক বিরোধী অভিযান ঃ দু'টি গাঁজার ফ্যাক্টরির সন্ধান লাভ

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কাউন্সিলের অর্থায়নে নিয়োজিত পুলিশ অফিসাররা সম্প্রতি বারার মাদক ডিলারদের বিরুদ্ধে সাড়াঁশি অভিযান চালান।

গোয়েন্দা তথ্যের ভিত্তিতে দুই দিনব্যাপি পরিচালিত এই অভিযানে ১১টি ওয়ারেন্ট তামিল করা হয়।

আইল অব ডগস্ এ ৪টি ওয়ারেন্ট তামিলকালে সামুদা এস্টেট এবং বেলামি ক্লোজ এ দুইটি ক্যানাবিস ফ্যাক্টরির সন্ধান পায় পুলিশ।

এর আগে বেথনাল গ্রীণ এলাকার কলিংউড এস্টেটে ১১টি ওয়ারেন্ট তামিলকালে উইকফোর্ড স্ট্রিটের একটি ঘরে গাঁজার ফ্যাক্টরি আবিষ্কার করেন পুলিশ অফিসাররা। এসময় এক ব্যক্তিকে কোকেন ও ক্যানাবিস সহ পাকড়াও করা হয়।

কাউন্সিলের অর্থায়নে নিয়োজিত অতিরিক্ত পুলিশ অফিসারদের সমন্বয়ে গঠিত পার্টনারশীপ টাস্কফোর্স টু এর নেতৃত্বে এই অভিযান পরিচালিত হয়। বাসিন্দাদের কাছে যে ইস্যুগুলো সবচেয়ে বেশি গুরুত্বপূর্ণ ও উদ্বেগপূর্ণ, যেমন ড্রাগস, গ্যাংস্, পতিতাবৃত্তি, সমাজবিরোধী আচরণ জানিত কার্যকলাপ ইত্যাদি রোধ কল্পে কাউন্সিল নিজস্ব তহবিলে অতিরিক্ত পুলিশ অফিসার নিয়োগ করেছে।

নির্বাহী মেয়র লুৎফুর রহমান এ প্রসঙ্গে বলেন, ড্রাগ এবং ড্রাগ সংশ্লিষ্ট অপরাধ নির্মুলে কাউন্সিলের অর্থায়নে আমি পার্টনারশীপ টাস্ক ফোর্স বা পিটিএফ পুলিশ অফিসারদের নিয়োজিত করেছি। কারন, কমিউনিটির সার্বিক নিরাপত্তা নিশ্চিত করা আমার কাছে সবচেয়ে গুরুত্বপূর্ণ। আজ এটা আরো পরিস্কারভাবে প্রমান হলো যে, অতিরিক্ত এই অর্থ বিনিয়োগের ফলে ড্রাগ ডিলারদের আইনের আওতায় আনা সম্ভব হচ্ছে।

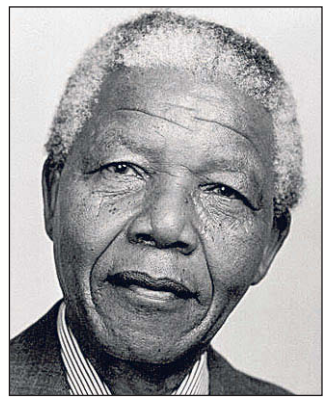
ডেপুটি মেয়র অব টাওয়ার হ্যামলেটস্, কাউন্সিলর অহিদ আহমদ বলেন, আমাদের পিটিএফ টীম সদস্যদের কাজের ফলে এই বার্তাটাই সংশ্লিষ্টদের দেয়া হচ্ছে যে, আমাদের বারায় কোন ধরনের মাদক কেনা-বেচাকে আমরা বরদাশত করবো না। মাদকের বিরুদ্ধে আমাদের সর্বাত্মক লড়াই অব্যাহত থাকবে এবং বাসিন্দাদের জীবন মানকে আরো উন্নত করতে আমাদের পক্ষে যতটুকু করা সম্ভব আমরা তা করে যাবো।

পয়লা এপ্রিল থেকে এ পর্যন্ত পিটিএফ এর বিশেষায়িত ড্রাগস্ বিভাগ ২০৫টি ওয়ারেন্ট তামিল করে, ২৯৫ জনকে গ্রেফতার করে এবং এদের মধ্যে ২৭১ জনের বিরুদ্ধে ড্রাগ-সংশ্লিষ্ট নানা অভিযোগে চার্জ আনে।

পয়লা এপ্রিল থেকে এ পর্যন্ত উদ্ধাকৃত মাদকের বাজার মূল্য হচ্ছে ৩ লাখ ৭০৬৪ পাউন্ড এবং শাস্তিপ্রাপ্তদের কাছ থেকে অপরাধমূলক কাজ করে অর্জিত সম্পদ আদায়ের ক্ষেত্রে নগদ ও সম্পদ মিলিয়ে আরো ২২১,১২৫.৯৮ পাউন্ড আদায় করা হয়।

পিটিএফ এর সাম্প্রতিক অভিযানের সময় বারার আইল অব ডগস এ এ যাবতকালের সর্ববৃহৎ ক্যানাবিস বা গাঁজার একটি ফ্যাক্টরির সন্ধান পাওয়া যায়। ঘরের ভেতর বিশেষ পদ্ধতিতে গাঁজা চাষের এই ফ্যাক্টরিতে উৎপাদিত গাঁজার বাজার মূল্য প্রায় ১ লাখ পাউন্ড হবে বলে ধারনা করা হচ্ছে।

News in brief



নেলসন ম্যান্ডেলার মৃত্যুতে মেয়রের শোক প্রকাশ

বর্ণবাবিরোধী আন্দোলনের প্রবাদপুরুষ, বিশ্বের মুক্তিকামী মানুষের অবিসংবাদিত নেতা নেলসন ম্যান্ডেলার মৃত্যুতে টাওয়ার হ্যামলেস্‌বাসীদের পক্ষ থেকে গভীর শোক প্রকাশ করেছেন নির্বাহী মেয়র লুৎফুর রহমান।

এক শোকবানীতে মেয়র, দক্ষিণ আফ্রিকার জনগণ এবং প্রয়াত নেলসন ম্যান্ডেলার পরিবার-পরিজনদের প্রতি কাউন্সিল এবং বারাবাসীর পক্ষ থেকে গভীর সমবেদনা জানান।

তিনি বলেন, তাঁর মৃত্যুর খবরে গোটা বিশ্ব আজ শোকাভিভূত। নেলসন ম্যান্ডেলা ছিলেন আমার প্রেরণার উৎস, যেমনি করে তিনি যুগ যুগ ধরে বিশ্বের কোটি কোটি মানুষকে অনুপ্রাণিত করে গেছেন।

মেয়র লুৎফুর রহমান বলেন, তাঁর এই প্রয়ানে বিশ্ব হারালো একটি আলোকবর্তিকা। দক্ষিণ আফ্রিকার সর্বকালের সেরা সন্তান হিসেবে তাঁকে আখ্যায়িত করা হলেও সত্যিকার অর্থেই তিনি ছিলেন বিশ্বের অবিসংবাদিত নেতা, যিনি মুক্তি ও ন্যায় বিচারকে সব কিছুর উপরে রেখেছিলেন।

মেয়র বলেন, নেলসন ম্যান্ডেলা ছিলেন সাউথ আফ্রিকার গণতান্ত্রিকভাবে নির্বাচিত প্রথম কৃষ্ণাঙ্গ প্রেসিডেন্ট, যিনি সংখ্যালঘু শ্বেতাঙ্গ শাসকদের বিরুদ্ধে লড়াই করে দীর্ঘ ২৭ বছর জেল নির্যাতন ভোগ করেছেন। যখন তিনি চূড়ান্তভাবে জেল থেকে বের হয়ে আসেন, তখন অতীতের সকল তিক্ততার প্রতিশোধ না নিয়ে, প্রতিহিংসা পরায়ন আচরণ না করে জাতিকে ঐক্যবদ্ধ করে নতুন এক দক্ষিণ আফ্রিকার যাত্রার সূচনা করেন।

নেলসন ম্যান্ডেলার প্রতি শ্রদ্ধা জানাতে কাউন্সিল ভবনে পতাকা অর্ধনমিত রাখা হয় এবং বাসিন্দারা যাতে শোক বইতে স্বাক্ষর করতে পারেন, সেজন্য টাউন হলের রিসেপশন হলে একটি শোক বই খোলা হয়।

অসামাজিক কার্যকলাপের বিরুদ্ধে অভিযোগের নম্বর ১০১

জরুরী নয় এমন ধরনের যে কোন ইস্যুতে রিপোর্ট বা অসামাজিক কার্যকলাপ এর বিরুদ্ধে অভিযোগ করতে ১০১ এই নম্বরে কল করার জন্যে বাসিন্দাদের উৎসাহিত করতে টাওয়ার হ্যামলেটস কাউন্সিল এক প্রচারাভিযান শুরু করেছে।

প্রতিবেশিকে উত্যক্ত করা, ভাংচুর চালানো, গ্রাফিটি বা নোংরা দেয়াল লিখন, যেখানে সেখানে আবর্জনা ফেলা, মাদক কেনা-বেচা, রাস্তায় মদ্যপান করা, যৌনকর্ম সংক্রান্ত আচরন, পরিবেশ দুষণ, ভিক্ষাবৃত্তি, আতশবাজির অপ-ব্যবহার, যানবাহনের অপব্যবহার ইত্যাদি সমাজ-বিরোধী আচরণজনিত কার্যকলাপের বিরুদ্ধে ১০১ নম্বরে অভিযোগ করা যাবে। বারার বাস স্টপ, স্থানীয় প্রচার মাধ্যমে বিজ্ঞাপনের মাধ্যমে এই ক্যাম্পেইন চলছে।

টাওয়ার হ্যামলেটসের ডেপুটি মেয়র কাউন্সিলর ওহিদ আহমদ বলেন, "এই ক্যাম্পেইনের লক্ষ্য বারার বাসিন্দারা যদি অসামাজিক কার্যকলাপের বিরুদ্ধে ১০১ নম্বরে ফোন করেন তাহলে কাউন্সিল, পুলিশ ও সহযোগি সংগঠনগুলো কার্যকর পদক্ষেপ গ্রহন করতে পারবে।"

বাড়ি গরম রাখতে হোম হিট এর পরামর্শ গ্রহন করুন

যুক্তরাজ্যের একটি স্বাধীন থিংক ট্যাংকের জরীপে দেখা গেছে, টাওয়ার হ্যামলেটসে প্রায় ৩২ হাজার বাড়ী গরম রাখতে তাদের এনার্জি প্রভাইডার বা জ্বালানি সরবরাহকারি প্রতিষ্ঠান-গুলোর সহযোগিতার প্রয়োজন হবে।

যেসব বাড়িতে ৬০ বছরের উর্ধ্বে বয়স এমন শারিরীক অক্ষমতাসম্পন্ন লোকেরা বসবাস করেন বা যেসব বাড়িতে শিশু বা বাড়ন্ত শিশুরা বসবাস করে তাদেরকে হ্রাসকৃত মূল্যে বা অনুদান দিয়ে সহযোগিতা করা যেতে পারে। এনার্জি সাপ্লায়ার বা জ্বালানি সরবরাহকারি প্রতিষ্ঠানগুলো উপরিল্লেখিত বাড়িগুলোতে নতুন বয়লার স্থাপন ও ইনসুলেশন লাগানোর মত কাজগুলো করে দিতে পারে।

"হোম হিট" নামে একটি জাতীয় হেল্পলাইন চালু করা হয়েছে। এই হেল্পলাইনের মাধ্যমে বাসিন্দারা কি ধরনের সহযোগিতা পেতে পারেন সে ব্যাপারে পক্ষপাতিত্বহীন পরামর্শ দিয়ে সহযোগিতা প্রদান করা হবে।

গত বছর টাওয়ার হ্যামলেটসের বাসিন্দাদের জন্যে কাউন্সিল টি.এইচ.ই কমিউনিটি পাওয়ার নামে একটি সেবা ব্যবস্থা চালু করেছে। যার মাধ্যমে জ্বালানি প্রতিষ্ঠান সমুহের কাছ থেকে হ্রাস-কৃত মুল্যে জ্বালানি পাওয়ার ব্যবস্থা করা হয়েছে।

মেয়র লুৎফুর রহমান বলেন, "আবহাওয়ার পূর্বাভাসে বলা হয়েছে, এবারে ঠান্ডার প্রকোপ বেশি হবে। তাই আমি আমার বাসিন্দাদের ঠান্ডার প্রকোপ থেকে রক্ষা পাওয়ার জন্যে পরামর্শ নেয়ার জন্যে আহ্বান জানাচ্ছি, যাতে তারা তাদের বাড়িকে গরম রাখার ব্যবস্থা নিশ্চিত করতে পারেন।"

টাওয়ার হ্যামলেটসের বাসিন্দাদের টি.এইচ.ই. কমিউনিটি পাওয়ার স্কীমে নাম তালিকাভুক্ত করতে হলে ০৮০০ ৫০৮ ৮৩৬৪ এই নম্বরে টেলিফোন করার জন্যে অনুরোধ করা হয়েছে।

এ ছাড়াও এনার্জি বিল সম্পর্কে নিরপেক্ষ পরামর্শ নেয়ার জন্যে ০৮০০ ৩৩৬৬৯৯ হোম হিটের এই নম্বরে টেলিফোন করা যাবে। গত বছর "হোম হিট"- হেল্পলাইন সারা বৃটেনে ৪২ হাজার লোককে সহযোগিতা প্রদান করেছে বলে জানানো হয়েছে।

The above stories are: Tower Hamlets joins tributes to Nelson Mandela – issue 989; dial 101 to report anti-social behaviour; help to keep homes warm this winter – page 27.

Don't save

Walk of the month: wee

On this month's walk, **Graham Barker** discovers a strange kind of paradise around Columbia Road. Photos by **Kois Miah**.

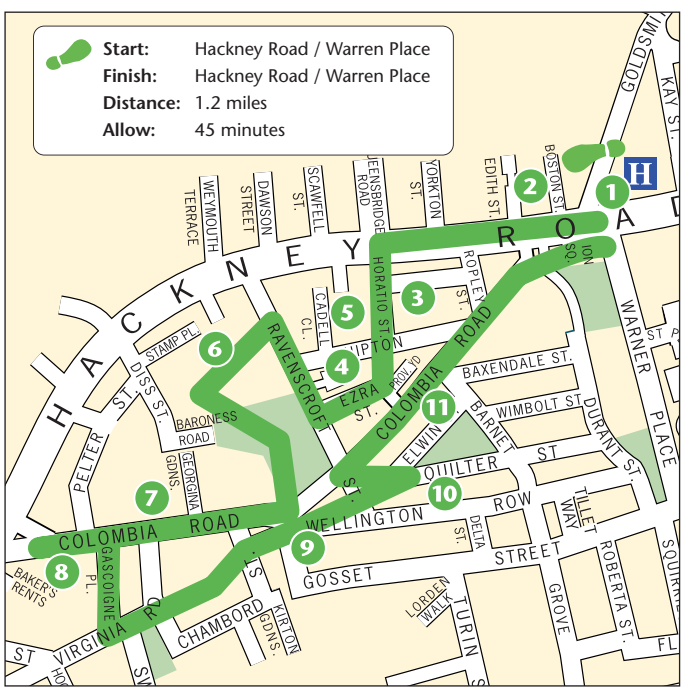
WANDER around Columbia Road on a Sunday morning and you can enjoy the barrow-boy banter and dazzling displays at the flower market. On weekdays it's quieter but there's still plenty to see – a city farm, housing heritage, craft shops and cafés.

We start this month's walk about half way along Hackney Road, by the junction with Warner Place. It's easy enough to get here as several bus services stop nearby.

The former Queen Elizabeth Hospital for Children **(1)** stands on the corner of Goldsmith's Row. Founded by Quaker sisters Ellen and Mary Phillips in 1867, after a devastating cholera epidemic, the hospital met a pressing need for paediatric healthcare until 1998. Now looking forlorn, there are moves afoot to re-develop the site.

Goldsmiths Row itself took its name from the Goldsmiths' Company almshouses built here in 1703. Alongside, Hackney City Farm **(2)** is home to a bike repair workshop and organic veg box scheme, as well as Larry the donkey and golden Guernsey goats, Charlock and Clover.

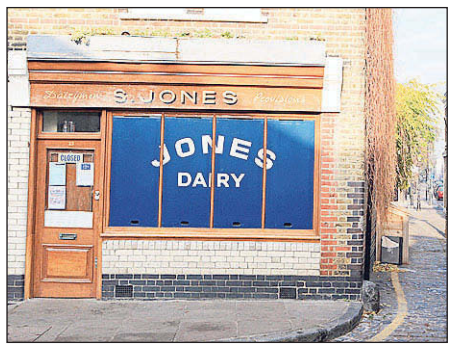
(Left) A festive welcome at this home



Berry clusters brighten any winter's day

Columbia Road was once known as Birdcage Walk

(Right) Mexican decorations in a shop on Columbia Road add splashes of colour



(Right) Jones' Dairy once housed eight cows

(Right) A shop hand-crafting wooden spoons sits on Hackney Road

On Hackney Road, keep your eyes peeled for the old Nag's Head pub – there's a horse's head inset into the wall – and the Tuilerie Street sign on the fringes of Haggerston Park; the name harks back to the Georgian tile-making works that flourished hereabouts.

The shopping parades offer an eclectic mix: leather bags, picture framing, furniture, café-galleries and a shop hand-crafting wooden spoons.

At the junction with Queensbridge Road, head left. The Nag's Head Estate **(3)** – part of Peabody Trust – frames either side of Horatio Street; you might take a peek at the left-hand courtyard with elegant 1930s stair towers and balconies.

Continue past the Nelson's Head – a hip hangout, picked out in mock-Tudor – and along the paved alleyway. The café behind Jones' Dairy once housed eight cows; it's one of several old cowsheds hereabouts.

You emerge into Ezra Street's cobbled courtyard **(4)**, surrounded by a jumble of Victorian workshops. There's a sense of stepping back in time here and it has often been used for filming – Goodnight Sweetheart was based around the Royal Oak pub.

Head right, along Ezra Street. The Columbia Road Primary School mosaics feature beautiful botanical specimens, a hint at the flower market nearby. Ravenscroft Park faces you – you'll explore it later, but for now head right, past the pub's dazzling stripes.

There's a glance along Shipton Street to the Sundial Centre **(5)** – a Peabody-managed day centre offering zumba classes, knitting circles and IT workshops for older people, with a vibrantly coloured extension behind.

Designed by Skinner, Bailey & Lubetkin in the mid 1950s, the Dorset Estate **(6)** is dominated by two 11-storey Y-shaped blocks. It marked a shift towards using reinforced concrete in municipal housing, with striking geometry and remarkable staircases.

Enter along the driveway and keep left of

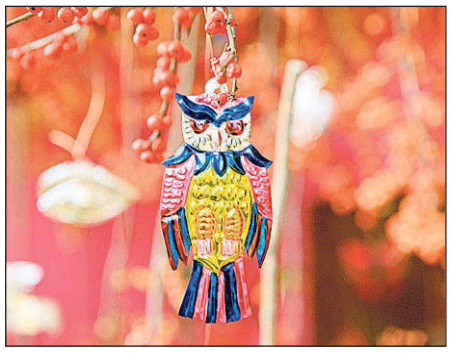
Victorian terraces stand proud on the Jesus Hospital Estate

The Nelson's Head is a mock-Tudor hip hangout

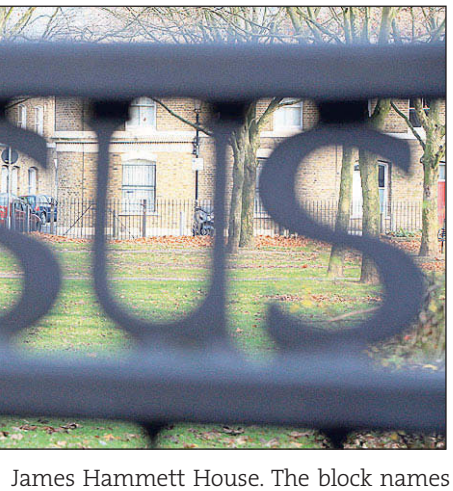
The Leopold Buildings, Victorian philanthropic housing

e it for Sunday

kday wander round Columbia Road



(Left) Bulls, owls and nag's heads: a menagerie to spot on our walk



James Hammett House. The block names commemorate the Tolpuddle Martyrs – early trade unionists – and on high, the Bethnal Green borough emblem depicts the blind beggar.

A circular structure – built as a library – now serves as a community centre and social club. There's greenery too; stroll beside James Brine House and wander through Ravenscroft Park with its playground, ball court and benches.

Aim for the 20-storey Sivill House, back on Columbia Road. Designed by the same architectural practice a decade later, its façade features interlocking concrete and brick C-shapes.

It's hard to imagine that a colossal food market **(7)** once stood alongside here, built to cathedral proportions in a Gothic design. Bank-rolled by Angela Burdett-Coutts – who inherited the vast Coutts banking fortune at the age of only 23 – Columbia Market was a well-meaning but somewhat misguided attempt to save costermongers from the streets.

Opened in 1869 – with room for 400 stallholders and inscriptions such as 'be sober, be vigilant, be pitiful, be courteous' – the church-like setting didn't appeal to the market men.

Attempts were made to reinvent it as a fish market, but it closed in 1886. After time as workshops, it was demolished in 1958. All that remains is the granite gateway, topped by a weathered lion, now serving as the nursery entrance.

Continue to Leopold Buildings **(8)** – developed in 1872 by the Improved Industrial Dwellings Company, one of several philanthropic housing organisations active in late Victorian times. As company director Sir Sydney Waterlow proclaimed: "We look forward to the time when no family need be compelled to live in a single room."

Originally residents reached their flats by tightly curling front staircases. But nowadays there are service towers at the rear, which you'll see as you wander along Gascoigne Place.

At Virginia Road, turn left and continue beside Virginia Gardens. Ahead, the pathway snakes between houses; the open space marks the site of St Paul's Church, Blitzed in the war.

You soon emerge back on Columbia Road, greeted by the Birdcage **(9)**. Decked out in Truman's trademark green-tiled livery, this pub dates from 1827 but the Birdcage is first mentioned in 1760; its name is a nod to the Huguenot pastime of bird breeding, and at one time the street was known as Birdcage Walk. Further along, look out for birdcages in the school mosaic.

Columbia Road – and several streets to the south – together formed the Jesus Hospital Estate, some 350 houses built in the 1860s. When you reach Ravenscroft Street, you might nip right to glimpse some of these terraces, framing the triangular green **(10)**.

Back on Columbia Road **(11)** there's a mix of unique gift shops, galleries and boutiques. Pop inside to browse what's on offer, including retro tableware, Mexican mirrors, garden pots, sewing accessories and sculptures. There are snack stops too, ranging from cupcakes and salmon beigels to authentic Spanish tapas and pizzas.

Every Sunday morning, the street is transformed into London's most fragrant and colourful market. Arrive early for the best choice amongst the cut flowers, houseplants, orchids and bulbs. Alternatively, turn up around 2 o'clock to bag some last-minute bargains as the traders vie to shift their stock.

As local historian Linda Wilkinson says in her fascinating new book on Columbia Road: "Much has changed, yet in this 21st century it remains a village in the middle of London and to those of us who live here, a strange kind of paradise."

After taking it all in, stroll past the Guinness Trust block and clip alongside Ion Gardens to return to Hackney Road, the end of your walk.

(Main picture) The alley next to Jones' Dairy on Ezra Street

(Left) The Jesus Hospital Estate has pockets of greenery

Santa's here

Step back in time at museum's traditional Santa's grotto.

DETAILS BELOW

Grab yourself a table

Pongathon is a party like no other, providing wall-to-wall ping pong tables set against a backdrop of DJs, exhibition games, tournaments and even robots that take on all-comers!

SEE BELOW

Out & about guide

What's on where this week

Children

Victorian Santa's Grotto
Father Christmas resides in a traditionally decorated grotto in the museum's Sailortown. The £7 entry includes a present. Until Mon, Dec 23, 10am-5pm except Dec 16-19, 12-4pm. Museum of London Docklands, Hertsmere Road, West India Quay, E14.
Booking required on 7001 9844
www.museumoflondon.org.uk/grotto

Comedy

The Colonel
Original seasonal production lets you into the secret of how Mr Sanders became a colonel in a tale of war and chickens. £10.
Mon-Fri, Dec 16-20. 8pm.
Bethnal Green Working Men's Club, 42-46 Pollard Row, E2.
7739 7170
www.workersplaytime.net

Music

London Docklands Singers
Christmas carols, mince pies and mulled wine, in aid of Crisis. £6 in advance or on the door (subject to availability).
Mon, Dec 16. 8pm.
The Space, 269 West Ferry Road, Isle of Dogs.
www.londondocklandssingers.org

New Year's Eve

Bugged Out! with Erol Alkan + Daniel Avery
Heady mix of house, techno and electro. £20 in advance.
Tues, Dec 31. 10pm.
Studio Space, 110 Pennington Street, E1W.
http://www.residentadvisor.net/event.aspx?491505

NYE with Amp + Deck
Amp & Deck serve up hedonistic house, ably supported by Guilhem Monin, Mike Gill, Stereo.type and more. £10 in advance.
Tues, Dec 31. 8pm.
Horse & Groom, 28 Curtain Road, EC2.
7503 9421
www.thehorseandgroom.net

Soundcrash
Canadian hip hopper Kid Koala headlines, with Public Service Broadcasting in support. Also on the bill are Quantic DJing and Renegade Brass Band. £27.50-£49 in advance.
Tues, Dec 31. 8pm.
Village Underground, 54 Holywell Lane, EC2.
7422 7505
www.villageunderground.co.uk

Dollop with Joy Orbison + Paul Woolford
Line-up includes Orbison, Woolford, Jackmaster, Oneman and Loefah. £20-£25 in advance.
Tues, Dec 31. 9pm.
The Troxy, 490 Commercial Road, E1.
www.troxy.co.uk

Supa Dupa Fly
Hip hop, classic R&B, old-skool UK garage and more. £10-£19 in advance.
Tues, Dec 31. 8pm.
All Star Lanes, 95 Brick Lane, E1.
7426 9200
allstarlanes.co.uk

Panto

Dick Whittington
Folk tale of the man who went to London to seek his fortune. Until Sat, Jan 11. Various times and prices.
Theatre Royal Stratford East, Gerry Raffles Square, E15.
www.stratfordeast.com

Puss in Boots
Songs, dance and knockabout comedy. Until Sun, Jan 5. Various times and prices.
Hackney Empire, Mare Street, E9.
http://www.hackneyempire.co.uk

Shopping

Christmas Wednesdays
The shops open late for last-minute gift hunters.
Weds, Dec 18, 6-9pm and Sat, Dec 21, 12-8pm.
Columbia Road, E2.

Pongathon
Two floors of non-stop ping pong including games such the Pongathon Challenge and Sofa-Pong, as well as prizes, visual art, free Pongathon table time and coaching, and DJs. Table sessions from £12.50.
Tues, Dec 17. 6pm. Rich Mix, 35-47 Bethnal Green Road, E1.
7613 7498 www.richmix.org.uk

Kids

Ballet
Classes every Thurs – ages 3-5 yrs, 3.50-4.25pm, £4; ages 6-11 yrs, 4.25-5.10pm, £4. Alpha Grove Centre, Isle of Dogs, E14.
7538 1714

Deaf after school club
For ages 5-12. Mon-Fri, 4-6pm. Tower Project, 45-55 White Horse Road, E1.
naima@towerproject.org.uk
7790 9085

Kids' Creative Dance Classes
For ages 2-11 on Sat mornings. £44-49.50 per term or £4.50/£5 per class, plus concessions. Chisenhale Dance Space, 64-84 Chisenhale Road, E3.
8981 6617
chisenhaledancespace.co.uk

Pollyanna Training Theatre
Drama and musical theatre for ages 4-16.
Wapping, E1.
7481 1911

Rhyme time
Thurs, 2-3 pm. Watney Market Library, 30-32 Watney Market, E1.
7790 4039

Young & talented?
Performing arts group for 6- to 16-year olds. Sats, 10.30am-1.30pm, term-time. Oxford House, Derbyshire Street, E2.
8556 5348

Send details to eastendlife.news@towerhamlets.gov.uk

Boutique Beauty, Pilates & Dance

Pilates and Dance Classes including Ballet, Belly Dancing, Street Dance, Latin Dance Party + more!

Also onsite is a gorgeous beauty salon specialising in Cellulite-Busting treatments as well as Rejuvenating Prescriptive Facials / Manicures & Pedicures / Gelish & Artistic Gel Polish / Waxing (including men's intimate waxing) / Eyelash & Eyebrow Shaping, Tinting & Perming / Sunbed / Spray Tans all at fantastic prices + 25% off first Beauty Treatment(s)

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A Victorian marvel of engineering

Tower Bridge was the creation of architect Sir Horace Jones and civil engineer Sir John Wolfe-Barry. It was officially opened on June 30, 1894 by the Prince and Princess of Wales.

ASK THE TECHIE AT TOWER BRIDGE – SEE BELOW

Get in the festive spirit

Rich Mix is screening The Nightmare Before Christmas and It's a Wonderful Life, followed by a Christmas ceilidh.

WWW.RICHMIX.ORG.UK

Crazy ceilidh Christmas capers

BY RUSSELL COTMAN

IF the shopping's all done and you're at a loose end this weekend, have no fear, you shall go to the ball.

To help turn your festive fever all the way up to 11, on the last Saturday before the big day Rich Mix is holding its own festive festival including special film screenings and the chance to let your hair down at a Christmas ceilidh.

For little ones and families there is Tim Burton's classic The Nightmare Before Christmas, followed by the opportunity to meet Santa Claus in his grotto. Tickets include hot chocolate and a visit to Santa who will be giving out special goody bags (depending on whether you've been naughty or nice, of course).

For adults there is a screening of all-time Christmas classic It's a Wonderful Life, complete with a warming glass of mulled wine or a soft drink.

After the film Cut A Shine is hosting a Christmas ceilidh where you will be able to burn off all of those pre-Christmas mince pies with raucous dancing to live music.

There's no excuse to be a wallflower at this traditional Gaelic-style gathering.

Whether you're a ceilidh veteran or complete novice, all the steps are taught on the night and the dance floor is guaranteed to come alive.

Tickets are available for the day- or night-time events, which start at 12 noon and 7.30pm respectively, on Saturday, December 21.

To book, call 7613 7498 or visit **www.richmix.org.uk**

Cut A Shine will be hosting a ceilidh, a fun Gaelic dance where steps are taught on the night

Join 1,000 others and sing your heart out

Choral director Simon Halsey, with singers at the Spitalfields Music Winter Festival

ANYONE who likes belting out a tune might enjoy the opportunity to sing along with 1,000 like-minded untrained amateurs.

Spitalfields Music is looking for adventurous music lovers – "those who like to shout about life, and those who have yet to discover their inner voices but have a desire to try something a little different" – to become part of the Crowd Out community.

No musical training is required, just a willingness to join in and let your voice rip.

You will learn a new work by composer David Lang for two performances as part of Spitalfields Music Summer Festival in June next year.

Leading international choral director Simon Halsey made a visit to Spitalfields Music Winter Festival to put more than 150 winter festival-goers of all ages through their paces at St Leonard's Church in Shoreditch High Street. They then headed over to Arnold Circus Bandstand, delighting onlookers with a sneak preview of the new work.

For more details email **crowdout@spitalfieldsmusic.org.uk** or visit **www.spitalfieldsmusic.org.uk/crowd-out/**

STILL Christmas shopping, but looking for something a little different? Old Spitalfields Market's interactive Digiwall allows you to get a little bit creative with a range of customisable digital art illustrations (pictured above), designed by London illustrator Ruth Joyce.
They can then be printed in minutes to create personalised and unique gifts, including T-shirts and bags. You can even take along your own pics for inclusion in your design.
The Digiwall runs until December 22 and will be open from 12-5pm, Monday-Friday and from 11am-5pm on Saturday and Sunday. Prices for Digiwall products start from £15.
The market is at 16 Horner Square, Spitalfields. Call 7247 8556 or visit www.oldspitalfieldsmarket.com

News in brief

Medical movies

A SEASON of silent films exploring cellular memory, multiple personality disorder and physiological conditions will run at Barts Pathology Museum.

The programme begins on Wednesday, January 8 with a screening of the 1925 American horror film The Phantom of the Opera. Later movies are The Hands of Orlac (1924) and Dr Jekyll and Mr Hyde (1931).

Tickets are £8.60 or £11.25 for Phantom of the Opera, which includes popcorn and soft drinks or a gin and tonic – visit **http://potts-pots.blogspot.co.uk/**

The museum is on the third floor of the Robin Brook Centre, St Bartholomew's Hospital, West Smithfield, EC1.

Festive knees-up

THERE'S a free festive singalong at The George Tavern on Sunday, December 22 from 4pm.

Variety Bunker promises to be a proper old-fashioned knees-up.

Free festive fare is laid on and organisers are urging all to dress in military uniform.

The George Tavern is at 373 Commercial Road, E1. Entry is free.

Tower Bridge tech

EVER wanted to know how long it took to build Tower Bridge? The height of the walkways? How many people cross the bridge each day?

Expert engineers will be on hand on December 21, 23 and 27 to answer your techie questions about this marvel of Victorian engineering. Visit **www.towerbridge.org.uk**

Field Day line-up

NEXT summer is a long way off but that hasn't stopped the Field Day creators announcing some of their 2014 line-up.

Metronomy will headline on Saturday, June 7 and other confirmed acts include Warpaint, Jessy Lanza, Jon Hopkins, Omar Souleyman and the Temper Trap. The event is at Victoria Park and tickets, from £45, are on sale now at **www.ticketweb.co.uk/fieldday**

TOWER HAMLETS CUSTOMER ACCESS OPENING HOURS DECEMBER 2013/JANUARY 2014

Tower Hamlets Contact Centre will be closed from 5pm on Tuesday 24 December 2013 to 8am on Thursday 2 January 2014.

For emergencies only, which may cause damage to persons or property, please call 020 7364 7070.

Children's Social Care Services will be open as usual (24 hours a day) on 020 7364 5006.

The Tower Hamlets One Stop Shop opening hours over the Christmas and New Year holiday are as follows:

Date	Bethnal Green 1 Rushmead Bethnal Green London E2 6NE	Stepney & Wapping Idea Store Watney Market 260 Commercial Road London E1 2FB	South Poplar 15 Market Square Chrisp Street London E14 6AQ	Bow & North Poplar John Onslow House 1 Ewart Place London E3 5EQ
Monday 23 December 2013	9am - 4.30pm	9am - 4.30pm	9am - 4.30pm	9am - 4.30pm
Tuesday 24 December 2013	9am - 4.30pm	9am - 2pm	9am - 4.30pm	9am - 4.30pm
Wednesday 25 December 2013	Closed	Closed	Closed	Closed
Thursday 26 December 2013	Closed	Closed	Closed	Closed
Friday 27 December 2013	9am - 4.30pm	Closed	9am - 4.30pm	Closed
Saturday 28 December 2013	9am - 12.30pm	Closed	Closed	Closed
Sunday 29 December 2013	Closed	Closed	Closed	Closed
Monday 30 December 2013	9am - 4.30pm	Closed	9am - 4.30pm	Closed
Tuesday 31 December 2013	9am - 4.30pm	Closed	9am - 4.30pm	Closed
Wednesday 1 January 2014	Closed	Closed	Closed	Closed
Thursday 2 January 2014	9am - 4.30pm	9am - 4.30pm	9am - 4.30pm	9am - 4.30pm
Friday 3 January 2014	9am - 4.30pm	9am - 4.30pm	9am - 4.30pm	9am - 4.30pm
Saturday 4 January 2014	9am - 12.30pm	9am - 12.30pm	Closed	Closed

TOWER HAMLETS

World Cancer Research Fund

Healthy way to prevent cancer

World Cancer Research Fund is dedicated to the prevention of cancer through the promotion of healthy diet and nutrition, physical activity and weight management.

WWW.WCRF-UK.ORG

Boost your business

Restaurant reviews are a popular feature of East End Life. If you would like to advertise on this page,

CALL OUR ADS TEAM ON 7364 4940

Eating out, eating in

Quality not quantity

BY AVARICIOUS ARCHIE

HAVING purposely avoided the hectic lunchtime rush I arrived at Canary Wharf to dot the Is and cross the Ts on my Xmas shopping list.

I was pleasantly surprised at how much the Wharf had changed since my last trip. It seems there are new shops opening all the time.

Having completed my initial reconnoitre, I decided that I had earned a break from my shopping. And perchance I came upon Le Pain Quotidien – literally translated as the Daily Bread – in the basement area beneath the Food Hall in Jubilee Place.

Part of a chain, the restaurant specialises in organic food, especially (unsurprisingly) with a focus on their breads.

The restaurant has a European 'rustic' feel, which contrasts with the glitzy modern decor of the Wharf. I am shown to a booth by my waitress, am told what the daily specials are and for some reason I decide today to take on the persona of a slightly picky customer.

I am very swiftly offered a menu and asked what I would like to order on a couple of occasions. I deflected these requests politely, initially asking for a glass of water and I then ask if it is possible to recharge my phone. My request is answered in the positive. On the third request to order I ask a question about the menu but still don't order and the waiting staff don't miss a beat – they are unflappable, polite and gracious.

I decide to order a combo of soup of the day – a sweet potato and chorizo concoction which comes with a piece of bread – and half a prosciutto and mozzarella tartine (open sandwich).

The portions were not large, but the food compensated by being very good

My order arrived very promptly and my first impression was that it was a bit on the small side for the price requested. However, that is compensated for to an extent by the quality of the food.

The soup was very tasty indeed, made with fresh vegetables and very good chorizo. It was spicy without being overbearingly so. I asked for some creme fraiche and although the request was met with mild bemusement, a swift visit to the kitchen saw the waitress return with a small pot of cream.

The tartine was a really good example of good produce served sparingly. The proscuitto was a fine example of its ilk and it was well matched by slender slithers of mozzarella, sundried tomato and the slightest drizzle of pesto – very tasty indeed.

Overall, I'd have to say that I enjoyed my visit to Le Pain Quotidien and I would be happy to recommend it to anyone wanting to have their 'daily bread'.

Le Pain Quotidien is at Unit 84, Level B4, Jubilee Place, Canary Wharf. Tel: 3617 6631.

Delicious stew minus the meat

AS the first charity to create awareness of the link between diet and cancer risk, World Cancer Research Fund produces all kinds of healthy recipes.

This includes recipes for the Great Grub Club, a free club for four- to seven-year-olds in Tower Hamlets and Hackney.

On joining the club, kids receive the Passport to Good Health membership pack and a free quarterly magazine to help them develop healthy habits.

For more information visit **www.greatgrubclub.com** or to sign up call 7343 4200 or email **foodsmart@wcrf.org**

Fish is a great alternative to meat and paired with an assortment of bright and healthy vegetables, this stew is uncomplicated and delicious.

It can be served with wholegrain rice and provides two of your five a day.

Provençal fish stew – serves 2

Ingredients

1/2 teaspoon olive oil
1 small onion, chopped
2 garlic cloves, chopped
1 celery stalk, chopped
400g chopped tomatoes
550ml low-salt fish stock
1 carrot, peeled, ends trimmed and thinly sliced
220g fresh green beans, ends trimmed and cut into 2.5cm (1 inch) pieces
1/2 teaspoon paprika
1/2 teaspoon dried thyme
Pinch of cayenne pepper
220g cod, skinned and cut into 2.5cm (1 inch) pieces
120g uncooked prawns
Handful of freshly chopped basil
Freshly ground black pepper, to taste

Method

1. In a large saucepan, heat the oil over a medium heat. Add the onion, garlic and celery. Sauté for 5 minutes.

2. Add the tomatoes, stock, carrot, beans, paprika, thyme and cayenne pepper. Bring to the boil then simmer for 5 minutes on a low heat.

3. Add the cod and prawns and cook over a medium heat for 4 minutes. Stir in the basil and add black pepper. Cook for another minute or until the cod is flaking and the prawns turn pink.

THERE IS STILL TIME TO TELL US WHAT YOU THINK

Tower Hamlets Local Authority School Admissions Consultation

The council's school admissions consultation on arrangements for admissions to its community schools concludes on 30 December. The proposals include, establishing catchment areas for nursery admissions along with a common application form, single closing date and offer day. This will bring nursery admission arrangements in line with those already in place for primary schools.

There are also proposals to slightly alter the primary school catchment areas in the East of the borough. This is in recognition of the increasing demand for school places, alongside existing school expansions and the new school developments planned to meet this demand.

The proposal aims to improve the school admission process for Tower Hamlets schools, so that it is fair and that as many parents as possible gain a place for their child at one of their preferred schools.

The consultation will also cover other areas of the school admission process and the council would very much like to hear your views. The consultation concludes on 30 December 2013. Further information and the consultation questionnaire can be found on the Tower Hamlets website: **www.towerhamlets.gov.uk/schooladmissions**

TOWER HAMLETS

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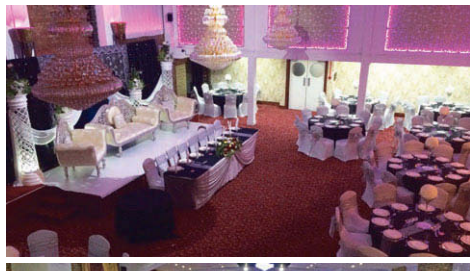

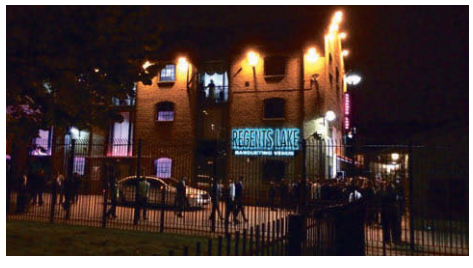

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choices
The UK's Assisted Voluntary Return Service

Help with saving £250 on energy costs

Last winter the free Home Heat Helpline helped over 42,000 people with approximately £250 energy savings per household. Loft insulation should be 25cm and grants are available.

0800 33 66 99

Did you know...

Energy-efficient lightbulbs can use 25% of the electricity that standard bulbs use and can last 12 times longer.

Helping you keep warm this winter

BY SUSAN MULLIGAN

NEW research from an independent think tank has found that 32,000 households in Tower Hamlets could be eligible for help from their energy providers to keep their homes warm this winter.

The British Energy Aid Report was carried out by the New Policy Institute on behalf of Home Heat Helpline, which was established to provide impartial advice to residents about the support that is available.

Households with a disabled resident, those over the age of 60, and households with children (or bringing up children alone) could be eligible for discounts, rebates or grants for new boilers and insulation.

Last winter the Home Heat Helpline helped more than 42,000 people across Britain with approximately £250 energy savings per household.

Many elderly and low income families could qualify for the £135 Warm Home discount on energy bills. In addition, the council is helping all residents in the borough to get the best energy deals possible through its energy co-op scheme, T.H.E Community Power.

Launched last year to bring cheaper energy to the borough and to help residents out of fuel poverty, it is open to everyone and the more households that sign up, the cheaper the rates become for everyone.

Registering for T.H.E Community Power is easy and can be done without any obligation to switch energy providers. Go to **www.biglondonenergyswitch.com** or call freephone 0800 508 8364.

Call the Home Heat Helpline on 0800 33 66 99.

Festive, fragrant and fun

Festive tips from Cable Street Community Gardens

DECEMBER and thoughts are more about indoor gardening as days shorten and weather becomes more inclement.

A good way to save a few precious pounds or pennies is to make your own wreaths and table decorations, allowing you to put your own personal touch to family festivities.

Even in the heart of the city, it is easy to find ivy and maybe even some holly. Cut off a few long strands and place on newspaper before spraying with silver paint. When dry, use an old coathanger bent into shape and wrap the ivy, along with sprigs of rosemary, sage and other evergreen herbs and greenery, around the frame. Use coloured string or thread to tie firmly in place.

A few rosehips and haws add a touch of colour if you can't find holly berries. Add some red ribbon bows and you have a cheerful and fragrant welcome for your festive guests.

And why not decorate some trees outdoors with threads of monkey nuts and fat balls so that our feathered friends can enjoy their Christmas too? They can provide hours of free entertainment.

Christmas is a time when many of us receive plants as presents, particularly the very beautiful poinsettia. Mist the leaves regularly and don't allow the roots to dry out. Try to keep in bright light but avoid direct sun in the summer. Plants should be kept at a minimum temperature of around 13°C or 55°F in winter. So don't put outside until late spring.

If you have planted up bowls of bulbs, keep them cool until the flower buds are showing. Then bring them into the warmth. Water sparingly while the bulbs are growing and continue watering until they are planted out after flowering.

Wishing you all a very happy Christmas and every good wish for a colourful and productive 2014. Happy gardening!

tower hamlets homeseekers

13/12/13 - 19/12/13
Closing date for Internet and Telephone bids: 19/12/13

Find out about local schools, council services, transport links, and businesses at: **www.upmystreet.com**

You can bid for these homes only if you have an active application on the Tower Hamlets Housing List. Please do not visit any of them as it may cause a nuisance to neighbours.

We can only contact people we make offers to. Offers are made in priority order based on the lettings policy. A copy of the policy is available from us on 020 7364 2826 or on the website.

টাওয়ার হ্যামলেটস হাউসিং তালিকায় আপনার একটি সক্রিয় আবেদন থাকলেই কেবল এসব বাসাগুলোর জন্যে আপনি নিলাম ডাকার অংশ নিতে পারবেন। অনুগ্রহ করে এই বাসাগুলোর কোনটিই দেখতে যাবেন না কারণ এরফলে প্রতিবেশীরা বিরক্ত হতে পারেন।

যাদেরকে আমরা বাসা দেয়ার প্রস্তাব করি কেবল সেসব লোকেদেরকেই আমরা যোগাযোগ করে থাকি। ভাড়ার নীতিমালার (লেটিং পলিসি) উপর ভিত্তি করে অগ্রাধিকারের ভিত্তিতে বাসা দেয়ার প্রস্তাব করা হয়। 020 7364 2826 নম্বরে অথবা ওয়েবসাইটে এই নীতিমালার কপি পাওয়া যাবে।

Waxaad dooran kartaa guryahan kaliya haddii aad leedahay codsi wali shaqayna oo ku jira liistada guryaha ee Tower Hamlets. Fadlan adigoo raali ah midna ha soo booqan guryahan, waxa laga yaabaa inay buuq ku keenaan jaararka.

Waxaan kaliya oo aan la xidhiidhnaa dadka aanu guryo ugu deeqayno. Guryo bixintu waxa lagu gaadhaa habka mudnaanta loo kala leeyahay ee ku salaysan nidaamka guryo kiraynta. Nuqul ka mid ah nidaamkan waxaad nagaga heli kartaa adigoo la soo xidhiidha telefanka 020 7364 2826 ama cinwaanka internetka

若你仍然登記在塔橋區政府現時生效的房屋名單上，你才可以競投這些房屋。請切勿到任何這些房屋造訪，因爲這可能對鄰居造成滋擾。

我們只能聯絡那些我們可以提供房屋的人士。我們根據租屋政策按優先次序提供房屋。欲索取這份政策，請致電我們，號碼 020 7364 2826，或瀏覽網站。

Nếu đơn thỉnh cầu của bạn trong danh sách xin cấp nhà của Tower Hamlets mà có kết quả, bạn có thể lựa chọn những căn nhà này. Xin đừng tới tham quan bất cứ căn nhà nào vì có thể gây nên những phiền toái cho hàng xóm.

Chúng tôi chỉ có thể liên lạc với những người chúng tôi cấp nhà. Quyết định cấp nhà theo thứ tự ưu tiên dựa trên chính sách cho thuê nhà. Nếu bạn cần bản sao chính sách này, bạn có thể gọi số 020 7364 2826 hoặc vào trang web.

آپ اِن گھروں کے لئے صرف اُسی صورت میں بولی دے سکتے ہیں اگر ''ٹاور ہیملٹس ہاؤسنگ لسٹ'' میں آپ کی درخواست واجب اور زیرِ غور ہے۔ براہِ کرم اِن میں سے کسی گھر کو دیکھنے کے لئے مت جایئے، کیونکہ یہ ہمسائیوں کے لئے پریشانی کا باعث ہو سکتا ہے۔

ہم صرف اُن لوگوں سے رابطہ کر سکتے ہیں جن کو ہم گھر کی پیشکش کرتے ہیں۔ یہ پیشکش کرایہ داری کی پالیسی کی بنیاد پر ترجیحی لحاظ سے کی جاتی ہے۔ پالیسی کی کاپی ہم سے اس نمبر پر رابطے کے ذریعے دستیاب ہو سکتی ہے 020 7364 2826 یا آپ اسے ویب سائٹ پر ملاحظہ کر سکتے ہیں۔

website: www.towerhamlets.gov.uk

Support Charges apply to **all Sheltered homes for the Over 60's**. This will be covered by Supporting People Subsidy **if you are entitled to Housing Benefit or other benefits**. Subsidy is also available for individuals not in receipt of benefit in some cases. If you need information about financial help, please contact the Lettings Team on 020 7364 0204/0206 or ask for a copy of our leaflet **'Support Charges in long term Supporting People Services'**. This is also available on our website www.towerhamlets.gov.uk.

Further information on homes advertised is available at One Stop Shops & Neighbourhood Housing Offices

Key for Accessible Housing Register

Some people require a home that is accessible. These homes are coded as follows:

Category	*Description*
A Wheelchair Accessible	*Purpose built to meet most recent wheelchair housing standards*
B Partially Wheelchair Accessible	*Designed to older wheelchair housing standards*
C Life time Homes	*Specifically designed to create an accessible and adaptable home*
D Easy Access	*Designed to be spacious with no steps to the property*
E Step-free	*General housing with no steps to the property*
F General Housing	*Does not meet requirements for other categories*
G Not assessed	*Property not yet had access survey*

Vulnerable applicants who need help and information regarding their housing application and with finding suitable accessible and/or adapted homes, contact the Lettings Client Support Team on **020 7364 0204 / 0206 / 0209**.

1. Internet Bidding
Just log on to www.thhs.org.uk

2. Telephone Bidding
Simply call 0845 270 2400

Permit Transfer Scheme: for residents moving to 3 bedroom or larger social rented car free homes

The Mayor of Tower Hamlets introduced the new Permit Transfer Scheme (PTS) to operate from 5 September 2011 to help to reduce the levels of overcrowding in social rented housing in the borough. The PTS helps some families move to larger social rented car free homes by allowing them to retain one on-street resident car parking permit, subject to the PTS criteria as outlined below being met. The PTS is a change in the operation of the Council's existing on-street Residents' Parking Permit Scheme.

CAR FREE HOMES No on-street residents' parking permits issued

The Council's 'car free homes' planning policy was introduced in Tower Hamlets in the late 1990s to help reduce traffic congestion and better manage the limited supply of on-street parking spaces. This initiative also helps to reduce the level of air pollution from motor vehicles and encourages more people to walk, cycle and go by public transport.

The Transport for London (TfL) Cycle Hire scheme (www.tfl.gov.uk/cycling) and local pay-as-you-go car clubs (www.carplus.org.uk) are also now available in Tower Hamlets to help you get around in healthier, greener ways.

If you live in a car free home, you will not be able to apply for on-street residents' car parking permits, unless you hold a disabled driver's blue badge or are eligible under the Permit Transfer Scheme (PTS), which is targeted at social rented housing residents. The criteria for the PTS is as follows:

1. applies to residents moving to **3** bedroom or larger social rented car free homes;
2. only one on-street resident parking permit per household is permitted;
3. you must have held your on-street car parking permit for at least 1 year prior to moving home;
4. your on-street parking permit must be renewed and **not lapse to remain eligible** under the scheme;
5. the tenant is responsible for providing proof of PTS eligibility to Parking Services (including a duly signed and dated Tower Hamlets Homes or housing association approved tenancy agreement); and
6. the PTS was introduced on (and operates from) 5 September 2011 by Tower Hamlets Council and **is not retrospective**.

Residents in car free homes can apply for a temporary parking permit for visiting trades people for £5 a day. To qualify, written proof of the work to be carried out must be provided, along with the vehicle's details. Each home can apply for a maximum of 20 one-day-permits within a 6 month period.

Alternatively, scratchcards are available for trades people and visitors, providing parking for up to five hours on weekdays and all day on weekends. Households can apply for up to 3 books of 10 scratchcards per year. For permit charges and information, visit www.towerhamlets.gov.uk/parking

For more detailed information about the following adverts please visit the Homeseekers website at www.thhs.org.uk

SHELTERED
Accessible Category E
MOSQUE TOWER, FIELDGATE STREET, E1
Flat • 2 Bed 3 Person • 1st floor • Separate kitchen • Two lifts • Entryphone • Bathroom with W/C • Electric radiators • Shared garden • Pets not permitted

Eligibility : Min Client Age 55

£170.52, Weekly - Social Rent
Landlord: Gateway Housing Association

Property Ref: 28786

SHELTERED
Accessible Category E
JOHN TUCKER HOUSE, MELLISH STREET, E14
Flat • 1 Bed 2 Person • 1st floor • Open plan kitchen • One lift • Bathroom with W/C • GCH • Shared garden • Pets not permitted

Eligibility : Min Client Age 60

£176.54, Weekly - Social Rent
Landlord: Gateway Housing Association

Property Ref: 28787

SHELTERED
Accessible Category E
LAWRENCE CLOSE, E3
Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • One lift • Bathroom with W/C • GCH • No garden • Pets not permitted

Eligibility : Min Client Age 60

£178.57, Weekly - Social Rent
Landlord: Gateway Housing Association

Property Ref: 28742

SHELTERED
Accessible Category E
REGENCY COURT, NORMAN GROVE, E3
Flat • 0 Bed 1 Person • Ground Floor • Open plan kitchen • One lift • Bathroom with W/C • GCH • Shared garden • Pets not permitted

Eligibility : Min Client Age 60

£161.74, Weekly - Social Rent
Landlord: Gateway Housing Association

Property Ref: 28789

OVER 50's
Accessible Category E
COLSTEAD HOUSE, WATNEY MARKET, E1
Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

Eligibility : Min Client Age 50

£119.93, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 28747

OVER 50's
Accessible Category D
BENTWORTH COURT, GRANBY STREET, E2
Flat • 1 Bed 2 Person • 6th floor • Separate kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

Eligibility : Min Client Age 50

£118.14, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 28744

BEDSIT SELF-CONTAINED FLAT
Accessible Category F
OLD CHURCH ROAD, E1
Flat • 0 Bed 1 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

Eligibility : Band 3

£88.26, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 28784

BEDSIT SELF-CONTAINED FLAT
Accessible Category F
TASKER HOUSE, WALLWOOD STREET, E14
Flat • 0 Bed 1 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets permitted . One weeks rent or a completed Housing Benefit form required at sign up of tenancy

£94.74, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 28740

1 BEDROOM
Accessible Category F
HANBURY STREET, E1
Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

Eligibility : Band 3

£107.54, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 28758

1 BEDROOM
Accessible Category F
BREDEL HOUSE, ST PAULS WAY, E14
Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets permitted . One weeks rent or a completed Housing Benefit form required at sign up of tenancy

£117.79, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 28738

1 BEDROOM
Accessible Category E
OAST COURT, THREE COLT STREET, E14
Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£119.01, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 28739

1 BEDROOM
Accessible Category G
KNIGHTHEAD POINT, THE QUARTERDECK, E14
Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • One lift • Separate Bathroom and W/C • GCH • No garden • Pets not permitted . Concierge/CCTV

£122.98, Weekly - Social Rent
Landlord: One Housing Group

Property Ref: 28752

1 BEDROOM
Accessible Category F
ROSLIN HOUSE, BRODLOVE LANE, E1W
Flat • 1 Bed 2 Person • 4th floor • Separate kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • No garden • Pets with landlords permission

Eligibility : Band 3

£125.92, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 28736

1 BEDROOM
Accessible Category F
GODLEY VC HOUSE, DIGBY STREET, E2
Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Wet room (walk in shower) • GCH • No garden • Pets permitted

£108.46, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 28750

1 BEDROOM
Accessible Category F
SWINTON HOUSE, TURIN STREET, E2
Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£106.92, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 28807

1 BEDROOM
Accessible Category F
NELSON GARDENS, E2
Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • No garden • Residents parking scheme • Pets not permitted

£122.66, Weekly - Social Rent
Landlord: Tower Hamlets Community Housing

Property Ref: 28755

1 BEDROOM
Accessible Category F
MAITLAND HOUSE, BISHOPS WAY, E2
Flat • 1 Bed 2 Person • 4th floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

Eligibility : Band 3

£107.29, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 28753

1 BEDROOM
Accessible Category F
BISCOTT HOUSE, DEVAS STREET, E3
Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets permitted . One weeks rent or a completed Housing Benefit form required at sign up of tenancy

£117.90, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 28754

2 BEDROOMS
Accessible Category F
HALLIDAY HOUSE, CHRISTIAN STREET, E1
Flat • 2 Bed 4 Person • 1st floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

Eligibility : Homeless Permanent

£113.43, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 28804

2 BEDROOMS
Accessible Category F
DICKSON HOUSE, PHILPOT STREET, E1
Flat • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£120.05, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 28741

2 BEDROOMS
Accessible Category C
ELIZABETH BATES COURT, FULNECK PLACE, E1
Flat • 2 Bed 4 Person • 4th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted . Electric cooking . Communal heating . Unable to change utility provider . Ready Feb 2014 . Rent & Service Charge approximate

£144.16, Weekly - Social Rent
Landlord: Southern Housing Group

Property Ref: 28737

2 BEDROOMS
Accessible Category F
PALLISER HOUSE, ERNEST STREET, E1
Flat • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£119.03, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 28751

2 BEDROOMS
Accessible Category F
HUGHES MANSIONS, VALLANCE ROAD, E1
Flat • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£116.58, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 28783

2 BEDROOMS
Accessible Category F
BROOMFIELD STREET, E14
Flat • 2 Bed 3 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted . One weeks rent or a completed Housing Benefit form required at sign up of tenancy

£143.06, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 28795

2 BEDROOMS
Accessible Category F
RICARDO STREET, E14
Maisonette • 2 Bed 4 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted . One weeks rent or a completed Housing Benefit form required at sign up of tenancy

£132.41, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 28802

For more detailed information about the following adverts please visit the Homeseekers website at www.thhs.org.uk

2 BEDROOMS
Accessible Category F
PERKINS HOUSE, ST PAULS WAY, E14

Flat • 2 Bed 3 Person • 1st floor • Separate kitchen • One lift • Separate Bathroom and W/C • GCH • No garden • Residents parking scheme • Pets not permitted . One weeks rent or a completed Housing Benefit form required at sign up of tenancy

£134.34, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 28782

2 BEDROOMS
Accessible Category F
DORA STREET, E14

Flat • 2 Bed 4 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£116.38, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 28781

2 BEDROOMS
Accessible Category F
BLACKWALL WAY, E14

Flat • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Ceiling Track Hoist • Fixed Term. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing tenancy

£165.80, Weekly - Social Rent
Landlord: Swan Housing Association

Property Ref: 28809

2 BEDROOMS
Accessible Category D
BLACKWALL WAY, E14

Flat • 2 Bed 4 Person • 4th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years except for those currently holding a Secure or Assured social housing tenancy

£163.15, Weekly - Social Rent
Landlord: Swan Housing Association

Property Ref: 28745

2 BEDROOMS
Accessible Category F
CLARKSON STREET, E2

Maisonette • 2 Bed 4 Person • 4th floor • Separate kitchen • One lift • Separate Bathroom and W/C • GCH • No garden • Pets permitted

Eligibility : Band 3

£118.66, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 28788

2 BEDROOMS
Accessible Category F
ALZETTE HOUSE, MACE STREET, E2

Flat • 2 Bed 4 Person • 8th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted • Life Time.

£122.36, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 28743

2 BEDROOMS
Accessible Category F
OFFENBACH HOUSE, MACE STREET, E2

Flat • 2 Bed 4 Person • 12th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

Eligibility : Band 3

£116.14, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 28803

2 BEDROOMS
Accessible Category F
CHARLES DICKENS HOUSE, MANSFORD STREET, E2

Flat • 2 Bed 4 Person • 21st floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • Electric storage heater • No garden • Residents parking scheme • Pets not permitted . Lift goes up to 20th floor only . Chlidren must be over 10 years . Heating included in charges . Concierge

£161.89, Weekly - Social Rent
Landlord: Tower Hamlets Community Housing

Property Ref: 28756

2 BEDROOMS
Accessible Category G
LEOPOLD BUILDINGS, COLUMBIA ROAD, E2

Flat • 2 Bed 4 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted . 10 Steps leading to block entrance

Eligibility : Band 3

£159.00, Weekly - Social Rent
Landlord: London And Quadrant HA

Property Ref: 28791

2 BEDROOMS
Accessible Category F
FAIRFOOT ROAD, E3

Maisonette • 2 Bed 4 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£136.08, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 28746

2 BEDROOMS
Accessible Category F
GRAFTON HOUSE, WELLINGTON WAY, E3

Flat • 2 Bed 4 Person • 14th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • Electric storage heater • No garden • Pets with landlords permission . Children must be over 10 years

Eligibility : Band 3

£137.14, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 28757

3 BEDROOMS
Accessible Category F
PATTISON HOUSE, WELLESLEY STREET, E1

Flat • 3 Bed 5 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

Eligibility : Band 3

£130.37, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 28748

3 BEDROOMS
Accessible Category C
ELIZABETH BATES COURT, FULNECK PLACE, E1

Flat • 3 Bed 6 Person • 2nd floor • New build • Separate kitchen • One lift • Entryphone • Bathroom with W/C and Additional W/C • GCH • Balcony • Car free home • Pets not permitted . Electric cooking . Communal heating . Unable to change utility provider . Ready Feb 2014 . Rent & Service Charge approximate

Advert represents 2 properties
£159.42, Weekly - Social Rent
Landlord: Southern Housing Group

Property Ref: 28763

3 BEDROOMS
Accessible Category C
ELIZABETH BATES COURT, FULNECK PLACE, E1

Flat • 3 Bed 6 Person • 2nd floor • New build • Separate kitchen • One lift • Entryphone • Bathroom with W/C and Additional W/C • GCH • Balcony • Car free home • Pets not permitted . Electric cooking . Communal heating . Unable to change utility provider . Ready Feb 2014 . Rent & Service Charge approximate

£159.42, Weekly - Social Rent
Landlord: Southern Housing Group

Property Ref: 28764

3 BEDROOMS
Accessible Category C
ELIZABETH BATES COURT, FULNECK PLACE, E1

Flat • 3 Bed 6 Person • 3rd floor • New build • Separate kitchen • One lift • Entryphone • Bathroom with W/C and Additional W/C • GCH • Balcony • Car free home • Pets not permitted . Electric cooking . Communal heating . Unable to change utility provider . Ready Feb 2014 . Rent & Service Charge approximate

Advert represents 3 properties
£158.42, Weekly - Social Rent
Landlord: Southern Housing Group

Property Ref: 28766

3 BEDROOMS
Accessible Category C
MATCHAM COURT, HANNIBAL ROAD, E1

Flat • 3 Bed 6 Person • Ground Floor • New build • Separate kitchen • No Lift • Entryphone • Bathroom with W/C and Additional W/C • GCH • Balcony • Car free home • Pets not permitted . Electric cooking . Communal heating . Unable to change utility provider . Ready Feb 2014 . Rent & Service Charge approximate

£158.35, Weekly - Social Rent
Landlord: Southern Housing Group

Property Ref: 28772

3 BEDROOMS
Accessible Category C
MATCHAM COURT, HANNIBAL ROAD, E1

Flat • 3 Bed 6 Person • 3rd floor • New build • Separate kitchen • One lift • Entryphone • Bathroom with W/C and Additional W/C • GCH • Balcony • Car free home • Pets not permitted . Electric cooking . Communal heating . Unable to change utility provider . Ready Feb 2014 . Rent & Service Charge approximate

£158.35, Weekly - Social Rent
Landlord: Southern Housing Group

Property Ref: 28775

3 BEDROOMS
Accessible Category C
MATCHAM COURT, HANNIBAL ROAD, E1

Flat • 3 Bed 6 Person • 3rd floor • New build • Separate kitchen • One lift • Entryphone • Bathroom with W/C and Additional W/C • GCH • Balcony • Car free home • Pets not permitted . Electric cooking . Communal heating . Unable to change utility provider . Ready Feb 2014 . Rent & Service Charge approximate

£159.42, Weekly - Social Rent
Landlord: Southern Housing Group

Property Ref: 28776

3 BEDROOMS
Accessible Category C
MATCHAM COURT, HANNIBAL ROAD, E1

Flat • 3 Bed 6 Person • 4th floor • New build • Separate kitchen • One lift • Entryphone • Bathroom with W/C and Additional W/C • GCH • Balcony • Car free home • Pets not permitted . Electric cooking . Communal heating . Unable to change utility provider . Ready Feb 2014 . Rent & Service Charge approximate

£158.35, Weekly - Social Rent
Landlord: Southern Housing Group

Property Ref: 28777

3 BEDROOMS
Accessible Category C
MATCHAM COURT, HANNIBAL ROAD, E1

Flat • 3 Bed 6 Person • 5th floor • New build • Separate kitchen • One lift • Entryphone • Bathroom with W/C and Additional W/C • GCH • Balcony • Car free home • Pets not permitted . Electric cooking . Communal heating . Unable to change utility provider . Ready Feb 2014 . Rent & Service Charge approximate

£158.35, Weekly - Social Rent
Landlord: Southern Housing Group

Property Ref: 28778

3 BEDROOMS
Accessible Category C
MATCHAM COURT, HANNIBAL ROAD, E1

Flat • 3 Bed 6 Person • 2nd floor • New build • Separate kitchen • One lift • Entryphone • Bathroom with W/C and Additional W/C • GCH • Balcony • Car free home • Pets not permitted . Electric cooking . Communal heating . Unable to change utility provider . Ready Feb 2014 . Rent & Service Charge approximate

Eligibility : Band 3

£158.35, Weekly - Social Rent
Landlord: Southern Housing Group

Property Ref: 28799

3 BEDROOMS
Accessible Category C
MATCHAM COURT, HANNIBAL ROAD, E1

Flat • 3 Bed 6 Person • 2nd floor • New build • Separate kitchen • One lift • Entryphone • Bathroom with W/C and Additional W/C • GCH • Balcony • Car free home • Pets not permitted . Electric cooking . Communal heating . Unable to change utility provider . Ready Feb 2014 . Rent & Service Charge approximate

£158.42, Weekly - Social Rent
Landlord: Southern Housing Group

Property Ref: 28800

3 BEDROOMS
Accessible Category F
PEABODY BUILDINGS BLOCK A, JOHN FISHER STREET, E1

Flat • 3 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets not permitted

£142.80, Weekly - Social Rent
Landlord: Peabody

Property Ref: 28794

3 BEDROOMS
Accessible Category G
BALMORE CLOSE, E14

House • 3 Bed 5 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Pets permitted . One weeks rent or a completed Housing Benefit form required at sign up of tenancy

£153.98, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 28808

3 BEDROOMS
Accessible Category F
HEATHER HOUSE, DEE STREET, E14

Maisonette • 3 Bed 5 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Residents parking scheme • Pets permitted One weeks rent or a completed Housing Benefit form required at sign up of tenancy

Eligibility : Transfer List

£145.70, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 28798

For more detailed information about the following adverts please visit the Homeseekers website at www.thhs.org.uk

3 BEDROOMS
Accessible Category F
FERN STREET, E3

Maisonette • 3 Bed 5 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • Private garden • Pets permitted . One weeks rent or a completed Housing Benefit form required at sign up of tenancy

£148.79, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 28759

3 BEDROOMS
Accessible Category F
ATHELSTANE GROVE, E3

House • 3 Bed 5 Person • Ground Floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • Private garden • Pets permitted

£152.68, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 28790

4 BEDROOMS
Accessible Category C
ELIZABETH BATES COURT, FULNECK PLACE, E1

Flat • 4 Bed 7 Person • 5th floor • New build • Separate kitchen • One lift • Entryphone • Bathroom with W/C,Shower Room with W/C • GCH • Balcony • Car free home • Pets not permitted . Electric cooking . Communal heating . Unable to change utility provider . Ready Feb 2014 . Rent & Service Charge approximate

£173.68, Weekly - Social Rent
Landlord: Southern Housing Group

Property Ref: 28770

4 BEDROOMS
Accessible Category C
ELIZABETH BATES COURT, FULNECK PLACE, E1

Flat • 4 Bed 7 Person • 5th floor • New build • Separate kitchen • One lift • Entryphone • Bathroom with W/C,Shower Room with W/C • GCH • Balcony • Car free home • Pets not permitted . Electric cooking . Communal heating . Unable to change utility provider . Ready Feb 2014 . Rent & Service Charge approximate

£173.68, Weekly - Social Rent
Landlord: Southern Housing Group

Property Ref: 28771

4 BEDROOMS
Accessible Category C
FULNECK PLACE, E1

Maisonette • 4 Bed 8 Person • Ground Floor • New build • Separate kitchen • No Lift • Entryphone • Bathroom with W/C,Shower Room with W/C • GCH • Balcony • Car free home • Pets not permitted . Electric cooking . Communal heating . Unable to change utility provider . Ready Feb 2014 . Rent & Service Charge approximate

£170.88, Weekly - Social Rent
Landlord: Southern Housing Group

Property Ref: 28760

4 BEDROOMS
Accessible Category C
FULNECK PLACE, E1

Maisonette • 4 Bed 8 Person • Ground Floor • New build • Separate kitchen • No Lift • Entryphone • Bathroom with W/C,Shower Room with W/C • GCH • Balcony • Car free home • Pets not permitted . Electric cooking . Communal heating . Unable to change utility provider . Ready Feb 2014 . Rent & Service Charge approximate

£170.88, Weekly - Social Rent
Landlord: Southern Housing Group

Property Ref: 28761

4 BEDROOMS
Accessible Category C
FULNECK PLACE, E1

House • 4 Bed 8 Person • Ground Floor • New build • Separate kitchen • No Lift • Entryphone • Bathroom with W/C,Shower Room with W/C • GCH • Private garden • Car free home • Pets not permitted . Electric cooking . Unable to change utility provider . Ready Feb 2014 . Rent & Service Charge approximate

£167.61, Weekly - Social Rent
Landlord: Southern Housing Group

Property Ref: 28762

4 BEDROOMS
Accessible Category G
TEVIOT STREET, E14

Maisonette • 4 Bed 6 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C and Additional W/C • GCH • Private garden • Residents parking scheme • Pets permitted . One weeks rent or a completed Housing Benefit form required at sign up of tenancy

£165.72, Weekly - Social Rent
Landlord: Poplar HARCA

Property Ref: 28785

AFFORDABLE RENT PROPERTIES

Changes to Government policy mean that Housing Associations have been forced to charge higher rents on some properties. In addition not all tenancies will be tenancies for life.

Please note the rent level and length of tenancy offered on the following homes.

You are advised to check the Homeseekers website at www.thhs.org.uk for further information.

AFFORDABLE RENT
Accessible Category F
PARFETT STREET, E1

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • Life Time.

Eligibility : Band 3

£207.12, Weekly - Affordable Rent
Landlord: Gateway Housing Association

Property Ref: 28806

AFFORDABLE RENT
Accessible Category F
SHAW CRESCENT, E14

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Balcony • Pets not permitted • Life Time.

Eligibility : Band 3

£155.51, Weekly - Affordable Rent
Landlord: Gateway Housing Association

Property Ref: 28796

AFFORDABLE RENT
Accessible Category G
JAMUNA CLOSE, E14

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£139.50, Weekly - Affordable Rent
Landlord: Circle 33 HA

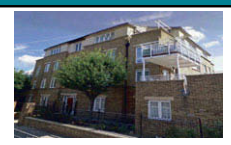
Property Ref: 28810

AFFORDABLE RENT
Accessible Category E
COLUMBIA ROAD, E2

Flat • 2 Bed 4 Person • Ground Floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • Life Time.

£224.52, Weekly - Affordable Rent
Landlord: Guinness South

Property Ref: 28749



AFFORDABLE RENT
Accessible Category G
AGRICOLA COURT, PARNELL ROAD, E3

Flat • 1 Bed 2 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£153.00, Weekly - Affordable Rent
Landlord: OLD FORD HA

Property Ref: 28793

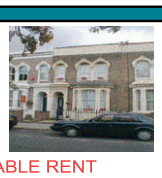
AFFORDABLE RENT
Accessible Category F
GROVE ROAD, E3

Flat • 2 Bed 4 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • Life Time.

Eligibility : Band 3

£198.32, Weekly - Affordable Rent
Landlord: Gateway Housing Association

Property Ref: 28792



AFFORDABLE RENT
Accessible Category F
STRAHAN ROAD, E3

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Pets not permitted • Life Time.

Eligibility : Band 3

£169.85, Weekly - Affordable Rent
Landlord: Gateway Housing Association

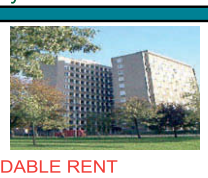
Property Ref: 28797

AFFORDABLE RENT
Accessible Category G
OLD FORD ROAD, E3

Flat • 1 Bed 2 Person • Ground Floor • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£169.62, Weekly - Affordable Rent
Landlord: OLD FORD HA

Property Ref: 28801



AFFORDABLE RENT
Accessible Category G
LAKEVIEW ESTATE, OLD FORD ROAD,

Flat • 2 Bed 3 Person • 8th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£191.43, Weekly - Affordable Rent
Landlord: OLD FORD HA

Property Ref: 28779

REMINDER

Please respect people's privacy by not attempting to access advertised properties or knocking at neighbouring homes. This causes a nuisance and may distress some individuals.

tower hamlets homeseekers

VEOLIA ENVIRONMENTAL SERVICES

Working in Partnership for Cleaner / Safer Streets

TOWER HAMLETS

DOMESTIC, TRADE WASTE AND RECYCLING COLLECTIONS

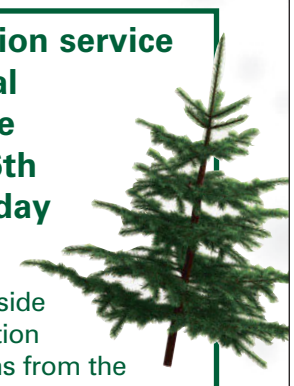
CHRISTMAS AND NEW YEAR 2013/2014

Over the Bank Holiday period there **will be changes** to your normal refuse, recycling and food and garden waste collection arrangements. Your waste, recycling, food and garden waste collections will be affected.

NORMAL COLLECTION DAY	REVISED COLLECTION DAY:
Monday 23rd December	Normal collections
Tuesday 24th December	Normal collections
Wednesday 25th December	Bank Holiday
Thursday 26th December	Bank Holiday
Friday 27th December	Catch up - collecting Wednesday 25th December collections
Saturday 28th December	Catch up - collecting Thursday 26th December collections
Sunday 29th December	Catch up - collecting Friday 27th December collections
Monday 30th December	Normal collections
Tuesday 31st December	Normal collections
Wednesday 1st January	Bank Holiday
Thursday 2nd January	Catch up - collecting Wednesday 1st January collections
Friday 3rd January	Catch up - collecting Thursday 2nd January collections
Saturday 4th January	Catch up - collecting Friday 3rd January collections

NORMAL SERVICES WILL RESUME FROM MONDAY 6th JANUARY 2014.
Please ensure your waste and recycling (including food and garden waste) is available for collection before 7.00am on your scheduled collection day.

There will be a collection service for the recycling of real Christmas trees for the weeks from Monday 6th January 2014 until Friday 24th January 2014.



If you currently receive a kerbside food and garden waste collection please remove any decorations from the tree and leave out for collection on your scheduled day during this period. If you do not have kerbside services please contact your property landlord or management company who can arrange collections from the nominated communal collection points.

recycle for London

TOWER HAMLETS CAN RECYCLE MORE!
www.towerhamlets.gov.uk

Season's Greetings!

WE URGENTLY REQUIRE PROPERTIES ACROSS LONDON

LANDLORDS

LET US TAKE THE HASSLE OUT OF RENTING OR SELLING YOUR PROPERTY

WE OFFER:

- ✓ 0% Commission
- ✓ Guaranteed Rent
- ✓ FREE Management
- ✓ No Void Period
- ✓ Complete Peace of Mind
- ✓ Regular Inspections
- ✓ Professional Reliable Service

FREE: EPC, Gas Certificate & Inventory

RECOMMEND A LANDLORD AND RECEIVE UP TO £500 CASH*

*T's & C's apply

FREE property valuation
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Local Housing Allowance Rates

April 2013

Type of Accommodation	Local Housing Allowance
* Shared Accommodation	£94.38 per week
1 Bedroom	£245.00 per week
2 Bedroom	£296.38 per week
3 Bedroom	£347.48 per week
4 Bedroom & above	£408.80 per week

*The shared accommodation rate will be used for single people under 35 years of age and single tenants/couples who only have exclusive use of one room and share other facilities.

TOWER HAMLETS

healthwatch Tower Hamlets

Project funding to undertake patient, user and carer engagement

Healthwatch Tower Hamlets are looking to fund community and voluntary groups to work in partnership on three key projects.

- **Housebound** - gathering information on the experience of housebound residents particularly those who are Bangladeshi, Somali or live alone. Funding amount is £22,000.
- **Patient Leaders Programme** – recruit; up skill, support and incentivise patient leaders to take part in commissioning, quality review and service design. Funding amount is £70,000 over 3 years.
- **Barts Health patient voices** - to enable groups who may regularly hear feedback on Barts Health services to collect that feedback and send it to Healthwatch - Funding amount is between £300 - £1,500.

For more information please visit our website:
www.healthwatchtowerhamlets.co.uk

If you would like more information on the projects please contact **Dianne Barham on 020 8223 8922**.

If you would like to request an application pack please email **info@healthwatchtowerhamlets.co.uk**

The deadline for application is **5pm on 17th January 2014**.

www.healthwatchtowerhamlets.co.uk

Tel: 020 8223 8922 / 0800 145 5343

Career Opportunities

TOWER HAMLETS

All boroughs are unique. Many are vibrant and multicultural. Some have a rich historical background. Others have a modern edge. Tower Hamlets is all of these - it's got the TH buzz that's felt by those who live and work here....

Early Years Area Inclusion Coordinator £42,649 - £46,152
Education, Social Care and Wellbeing Directorate
Ref: ESW00191
Closing date: 05.01.14

Social Worker/ Mental Health Practitioner £31,464 - £40,911 pro-rata
Education, Social Care and Wellbeing Directorate
Ref: ESW00196 | Part-Time, FTC until 30/06/14
Closing date: 05.01.14

Social Worker x11 – Family Support and Protection £31,464 - £40,911 per annum
Education, Social Care and Wellbeing Directorate
Ref: ESW00101
Closing date: 12.01.14

For more information and to apply for these and other career opportunities, please visit the Tower Hamlets website.

www.towerhamlets.gov.uk/careers

We shall ensure fairness and equal opportunities throughout our workforce and in service delivery. We welcome applications from suitably skilled candidates regardless of ethnicity, gender, disability, sexuality, religion or age.

POSITIVE ABOUT DISABLED PEOPLE · INVESTORS IN PEOPLE · Stonewall TOP 100 EMPLOYERS 2013

Sir John Cass Redcoat C of E School

Stepney Way, London E1 ORH
Roll 1700 Sixth Form 700
Telephone: 0207 790 6712 or 780 9199 or 07808 480479
email haydnevans111@yahoo.co.uk

TEACHER OF BENGALI

Full time post

We require an enthusiastic **teacher of Bengali**, in this highly successful and very well equipped and resourced MFL department, to help promote the teaching of the subject throughout the curriculum. Bengali is a popular subject in the School and is taught at GCSE and A2 level.

Please apply by letter and curriculum vitae indicating qualifications, training and relevant experience.
The post is based in Stepney Way, London, E1 0RH.

Job starting as soon as possible. Consideration can also be given to a start from 22nd April 2014.

Duties will include:

- To teach the subject at all levels throughout the school as required
- To assess and record achievement
- To prepare students for external examinations

Requirements: Degree level qualification. Teaching qualification preferable (if no QTS previous school experience required).

Salary inclusive of ILA, commensurate with experience/qualifications based on national teachers' pay scales (unqualified/MPS/UPS). This is a permanent post.
Unqualified from £20,300 per annum
Main Pay Scale from £21,438 per annum
Upper Pay Scale from £34,181 per annum

The closing date for receipt of applications is Friday 10th January. For full details of the job description / personal spec please go to our school website - www.sjcr.net

you could place an ad on this page for as little as £69 + VAT...

Public & Legal Notices

Why you should read these.

Public and Legal notices could effect you in many ways. These notices inform the public of planning act notices from roads to buildings as well as licensing act notices, insolvency acts, notices to creditors, missing beneficiaries etc.

LANGDON PARK SCHOOL

Bright Street, London E14 0RZ
Headteacher: Richard Fitzgerald

PERSONAL ASSISTANT TO THE HEADTEACHER

required from January/February 2014.
NJC SO2 (£30,648-£32,253) – Pro-rata 35 Hours per week, term time only with some exceptions.

We are seeking to appoint a PA to the Headteacher. This is a key role in the school and the successful applicant will need a wide range of experience and skills. We are looking for someone who is not only able to carry out their normal administrative responsibilities, but also someone who is totally flexible in their approach to supporting the Headteacher and other senior leaders at the school. Initiative, confidentiality and a commitment to working in an environment which puts young people at its core, are essential requirements of the role.

Langdon Park is committed to the safeguarding and welfare of children. This post is exempt from the Rehabilitation of Offenders Act 1974. A DBS enhanced disclosure that is satisfactory to us will be a condition of appointment.

Closing date: Noon on Monday 13th January with interviews the following week.

For further details and application form please contact the school office on admin@langdonpark.org or call 0207 987 4811 x 204 (R. Chadwick – Bursar)

...call

Sharan on 7364 4061
Chris on 7364 4994
Fatima on 7364 4623
Terri on 7364 4682

Public notices

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – GILLENDER STREET E14

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets made an Order, which will prohibit vehicular traffic from entering or proceeding in the length of carriageway in Gillender Street at its junction with Twelvetrees Crescent.

The restriction on vehicular traffic will enable essential works to be carried out on the public highway by Fulcrum Infrastructure Services Limited.

The alternative route for vehicular traffic will be via Twelvetrees Crescent, Devas Street, Blackwall Tunnel Northern Approach (northbound), Bow Road Roundabout and Blackwall Tunnel Northern Approach (southbound).

The restriction on vehicular traffic will operate from Monday 6th January 2014 until Friday 10th January 2014 and at times when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to John Parsons, Network Coordinator, Transport and Highways on 020 7364 6680 or email, john.parsons @towerhamlets.gov.uk

Dated: 16th December 2013

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

LONDON BOROUGH OF TOWER HAMLETS

LICENSING ACT 2003

NOTICE OF APPLICATION FOR A PREMISES LICENCE

NOTICE IS GIVEN THAT Azmal M. Hussain has applied to London Borough of Tower Hamlets Licensing Authority for a premises licence under the licensing Act 2003

Premises: Preem FC, 108 Brick Lane, London E1 6RL

The licensable activities and timings are:
The sale of alcohol - Monday to Saturday 12:00 hrs until 23:30 hrs. Sunday 12:00 hrs until 22:30 hrs

Regulated entertainment (Recorded music only) – Monday to Sunday 12:00 hrs until 03:00 hrs

Late Night Refreshment: - Monday to Sunday 12:00 hrs until 03:00 hrs

Anyone wishing to make representations regarding this application must give notice in writing to The Licensing section, London Borough of Tower Hamlets, Mulberry Place, 5 Clove Crescent, London, E14 2BG

Website: www.towerhamlet.gov.uk
Tel 020 3645008

Representations must be received no later than 7th January 2014

The application record and register may be viewed between 10am and 4pm Monday to Friday during normal office hours at the above address.

It is an offence under Section 158 of the licensing act 2003, knowingly or recklessly to make a false statement in connection with an application and the maximum fine for which a person is liable on summary conviction for the offence is up to level 5 on the standard scale (£5000)

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – HAMLETS WAY E3

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Hamlets Way between its junction with Southern Grove and its junction with Eric Street.
The restriction on vehicular traffic will enable essential crane works to be carried out on the public highway by Delta Tower Cranes Limited.
The alternative route for vehicular traffic will be via Eric Street, Ropery Street and Southern Grove and vice versa.
The restriction on vehicular traffic will operate on Saturday 21st December 2013 and Sunday 22nd December 2013 and at times when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.
Please refer any queries regarding the above traffic restriction to John Parsons, Network Coordinator, Transport and Highways on 020 7364 6680 or email, john.parsons @towerhamlets.gov.uk

Dated: 16th December 2013

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

Public & Legal Notices

LONDON BOROUGH OF TOWER HAMLETS

PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990, SECTIONS 10, 67 AND 73

APPLICATIONS FOR LISTED BUILDING CONSENT AND APPLICATIONS FOR DEVELOPMENT WHICH WOULD IN THE OPINION OF THE LOCAL PLANNING AUTHORITY AFFECT THE CHARACTER OR APPEARANCE OF AN AREA DESIGNATED AS A CONSERVATION AREA OR WOULD AFFECT THE SETTING OF A LISTED BUILDING.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

Ocean Estate Site H, west of Aston Street, including Allonby, Channel and Studland Houses E14 **PA/13/2911/PL**
Demolition of existing buildings on site and construction of three residential blocks between three and thirteen storeys high comprising 225 residential dwellings (Use Class C3) with associated landscaping and basement parking.

59 Philpot Street, London, E1 2JH **PA/13/2881/KHA**
Listed Building Consent for internal and external works

Flat 27, Walton House, Montclare Street, London, E2 7ET **PA/13/2849 & 2850/KHA**
Extract flue on elevation fronting Montclare Street to accommodate a new internal heating system.
Internal works to building including: replacement of heating & wiring system; replacement of gas fire with open grate; removal of part false walls and ceilings; installation of new wall hung gas boiler, new kitchen and flooring and; plastering walls and decorating. External work involves the installation of an extract flue on the elevation fronting Montclare Street to accommodate the new heating system.

Tower Of London, Tower Hill, London, EC3N 4AB **PA/13/2871/BEE**
The emergency temporary works involve: - Re-pointing and mortaring the foundations of the historic wall to prevent further loss of material. - Placing a geotextile membrane on the foreshore to cover and protect the exposed archaeology on the foreshore and the foundations of the river wall. - Placing rock filled 'gabion bags' on top of the geotextile to raise foreshore levels and improve wall stability.

365 Roman Road, London, E3 5QR **PA/13/2851/KFL**
New shop front and replacement windows to front. Mansard roof extension and both single and two storey extensions to the rear. Demolition of single storey outbuilding and existing extension to rear. Alterations externally and internally to existing property.

Flat 48, Keeling House, Claredale Street, London, E2 6PG **PA/13/2866/LAB**
Secondary glazing to be installed to all windows for thermal and noise insulation

10 Tredegar Square, London, E3 5AD **PA/13/2601/GMA**
Removal of a disused coal bunker from the front of the property.

Outside Unit 92 Cannon Workshops, 3 Cannon Drive, London **PA/13/2545/NAS**
Installation of a single electric vehicle charge post outside Unit 92 with two 7KW outlets to enable the charging of two electric vehicles at the same time. The electric vehicles will be used for a new executive chauffeur private hire business that will use 100% battery electric vehicles, reducing local air pollution.

55 Tredegar Square, London, E3 5AE **PA/13/2896/LAB**
New Velux window underneath previously consented Velux. Removal of concrete slab to lower ground floor and replacement with concrete slab with insulation, DPC etc.

The following are householder applications and in the event of an appeal against a refusal of planning permission, which is to be dealt with on the basis of representations in writing, any representations made about these applications will be sent to the secretary of state, and there will be no further opportunity to comment at appeal stage.

13 Ridgdale Street, London, E3 2TN **PA/13/2801/SAE**
Rear conservatory extension

296 Globe Road, London, E2 0NS **PA/13/2861/SHA**
Application for the introduction of a new opaque glazed window to replace two existing single glazed timber windows

104 Antill Road, London, E3 5BN **PA/13/2847/SHA**
The application proposes the erection of :

1) Two storey extension to rear of property to replace existing single storey bathroom/wc block
2) A single storey rear infill extension
3) A chimney located to the rear

91 Antill Road, London, E3 5BW **PA/13/2766/SAH**
To retain new replacement window and render to front elevation.

Copies of the applications and plans may be inspected between the hours of 9am-5pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 21 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated: 16th December 2013

OWEN WHALLEY
Head of Planning and Building Control

TOWER HAMLETS

Public notices

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – BEKESBOURNE STREET E14

NOTICE IS HEREBY GIVEN, having consulted with Transport for London, that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Bekesbourne Street for a distance of approximately 40 metres in the southern direction from its junction with Commercial Road.

The restriction on vehicular traffic will enable an essential crane operation to deliver a new shaft to Limehouse Station to be carried out on the public highway by Connect Traffic Management Limited on behalf of Network Rail.

The alternative route for vehicular will be via Ratcliffe Lane, Butcher Road and Commercial Road.

The restriction on vehicular traffic will operate at times when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002:

a) Friday 10th January 2014 until Monday 13th January 2014;

b) Friday 17th January 2014 until Monday 20th January 2014.

Please refer any queries regarding the above traffic restriction to Mick Jameson, Network Coordinator, Transport and Highways on 020 7364 6717 or email, mick.jameson@towerhamlets.gov.uk

Dated: 16th December 2013

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – BRAITHWAITE STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Braithwaite Street, for a distance of approximately 50 metres in the southbound direction from its junction with Bethnal Green Road.

The restriction on vehicular traffic will enable essential sewer repair works to be carried out on the public highway by Cappagh Browne on behalf of Optimise Thames Water.

There are no alternative routes will be for vehicular traffic as it is a cul-de-sac or dead end street.

The restriction on vehicular traffic will operate on Tuesday 14th January, Wednesday 15th January and Thursday 16th January 2014 and at times when temporary traffic signs and cones are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Charlie Harrison, Network Coordinator, Transport and Highways on 020 7364 6671 or email, charlie.harrison@towerhamlets.gov.uk

Dated: 16th December 2013

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BE

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – OSBORN STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets having consulted with Transport for London, made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Osborn Street for a distance of approximately 50 metres in the northbound direction from its junction with Whitechapel Road.

The restriction on vehicular traffic will enable the construction of a decorative steel arch to be carried out on the public highway by LBTH.

The alternative route for vehicular traffic will be via Whitechapel Road, Whitechapel High Street, Commercial Street and Wentworth Street.

Throughout the duration of the works, and at time when the "one way" and "no entry" traffic signs are covered, the existing one way working in Osborn Street between its junction with Whitechapel Road and its junction with Wentworth Street will be temporarily suspended.

The restriction on vehicular traffic will operate from Monday 6th January 2014 for a period of 4 months and at times when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Andrew McKenzie, Technical Project Manager, Sports and Physical Activity on 020 7364 4650 or email, andrew.mckenzie@towerhamlets.gov.uk

Dated: 16th December 2013

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

Public&Legal Notices

LONDON BOROUGH OF TOWER HAMLETS

TOWN & COUNTRY PLANNING ACT 1990

MAJOR APPLICATIONS UNDER ARTICLE 13(4)) OF THE TOWN AND COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) ORDER 2010 AND OTHER SIGNIFICANT APPLICATIONS.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

Ocean Estate Site H, west of Aston Street, including Allonby, Channel and Studland Houses E14 **PA/13/2911/PL**

Demolition of existing buildings on site and construction of three residential blocks between three and thirteen storeys high comprising 225 residential dwellings (Use Class C3) with associated landscaping and basement parking.

Copies of the applications and plans may be inspected between the hours of 9am-5pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 14 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated 16th December 2013

OWEN WHALLEY
HEAD OF PLANNING & BUILDING CONTROL

TOWER HAMLETS

Public&Legal Notices

LONDON BOROUGH OF TOWER HAMLETS

ARTICLE 13 OF THE TOWN AND COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) ORDER 2010

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATION:

ADDRESS:
Sceptre Court, 40 Tower Hill, London, EC3N 4DX **PA/13/2692/BE**

I hereby give notice that LSBF are applying for Planning Permission for the following:
Change of use of Sceptre Court from Offices (B1) to Dual Use Higher Education use (class D1) and Office use (Class B1).

The proposed development does not accord with the provisions of the Tower Hamlets Local Plan.

Copies of the applications and plans may be inspected between the hours of 9am-5pm, Monday to Friday at the Planning Department, Mulberry Place, 5 Clove Crescent, London, E14 2BG .

Any person who wishes to make representations relating to this application should do so in writing, within a period of 14 days from the date of publication of this notice to the Head of Planning at the above address.

Dated: 16th December 2013

OWEN WHALLEY
HEAD OF PLANNING AND BUILDING CONTROL

TOWER HAMLETS

Iona gets the benefit

Iona Dixon, left, is one of the sailors getting the benefit of the top class facilities at the Docklands Sailing & Watersport Centre.

SEE PAGE 40

Sport

Olympics quiz

Are you something of a gold medal winner at quizzes? Or are you in the silver and bronze medal category? Try these Olympic brain teasers and see where you stand on the podium.

Questions

1. The Basque country won a gold medal playing its national sport at the 1900 Games. What is their national game ?

2. Since 1968, which two countries have had the most athletes tested positive for doping?

3. Which four cities have twice hosted the summer Olympics?

4. Which summer Olympic Games were boycotted by the majority of African countries?

5. Papa doc Duvallier threatened to execute his athletes if they didn't cross the finishing line at the 1976 Games. Duvallier was the dictator of which country?

6. The following are all members of a bronze medal winning team at the 1904 Games in St. Louis. Which sport was it? Spotted Tail, Lightfoot, Red Jacket, Rain in Face, Man Afraid Soap, Blackhawk, Black Eagle, Almighty Voice, Flat Iron, Halfmoon and Snake Eater.

7. A touring Australian team won gold at the 1908 Games in London with the battle cry 'cripple every opponent'. What sport was it?

8. The Swede Oscar Swahn is the oldest medal winner at the Olympic Games. Plus or minus four years, how old was he?

9. The modern Olympic marathon is full of unbelievable stories. Which one of the following is not true ?

a. Velokas was the very first man disqualified in the Olympics. He was caught taking a taxi.

b. Yamasini and Lentauw, two Zulu tribesmen, came in 9th and 12th in the 1904 Games in St Louis. They claimed they hid in a corn field after being chased by stray dogs.

c. The first winner of the marathon in 1896, Greek hero Spirodon Louis, stopped at a taverna along the way and ate fried chicken with wine.

10. The man who has won the most gold medals (ten) suffered from polio as a child. Who was he? (This is pre-1980).

11. Which one of the following was never a modern Olympic discipline?

a. tumbling
b. running deer shooting
c. horseshoes (throwing)
d. club swinging
e. tug of war
f. under water swimming
g. 200m obstacle swimming.

12. Gold, silver and bronze. What do participants who achieve 4th to 8th place receive?

13. Which was the only country to host the summer Olympics and not win a gold medal?

14. In which discipline did the father of the modern Olympics, Pierre de Coubertin, win an Olympic gold medal?

15. Winners of which Olympic Games never had to pay any tax for the rest of their lives?

16. Plus or minus five, how many pigeons did Leon de Lunden manage to kill while winning gold in the living pigeon shooting event at the Paris games in 1900?

1. The stadium in Athens for the 1896 Games was built from which material?

18. Which Finnish star won nine gold medals before he was unfairly barred from the 1932 games in L.A. ?

19. What do Ben Johnson and Waterford Crystal both have in common ?

20. Which two sports that start with the letter C are no longer Olympic ?

Answers below

Answers

1. Pelota
2. Bulgaria 8x, Hungary 6x
3. Four answers:
Athens 1896 & 2004,
Paris 1900 & 1924,
London 1908 & 1948 ,
L.A. 1932 & 1984
4. Montreal 1976
5. Haiti
6. Lacrosse
7. Rugby
8. 72
9. a. Velokas. He was disqualified for riding in the back of a donkey cart. Taxis didn't exist then.
10. Ray Ewry
11. c. horseshoes
12. A diploma
13. Canada
14. Literature, for his song "Ode to sport"
15. The ancient games in Greece
16. 21
17. Marble
18. Paavo Nurmi
19. Both were disqualified for doping. (Waterford Crystal was an Irish horse at the 2004 Games in Athens).
20. Cricket and croquet

Santa Claus on the run

There were 3,500 Santa Clauses in Victoria Park when the annual charity run over 5k and 10k took place to raise £400,000 for the Do It For Charity organisation. To donate go to...

WWW.DOITFORCHARITY.COM

A source of pride

"Congratulations to Bishop Challoner. Achieving 56 points is a tremendous result and one to be proud of."

ATHLETICS CENTRE MANAGER MICK BOND

Sport

Athletics

BISHOP Challoner School's girls' team won the B final of the Lee Valley Cup Year 7 inter-schools athletics competition and were presented with their trophy by javelin champion Goldie Sayers.
The students won with 56 points at the final held at Lee Valley Athletics Centre.
The girls were up against stiff competition from seven other schools in the final, where they had to compete in eight indoor track and field events including sprints, hurdles, relay race, high jump, long jump and shot put.
Lee Valley Athletics Centre in Edmonton has hosted this event since 2007 and making it through to the girls' B final were schools from Tower Hamlets, Enfield, Greenwich, Hackney, and Haringey, and from Castle Point in Essex.
Lee Valley Athletics Centre manager Mick Bond said: "Congratulations to Bishop Challoner School.
"Achieving 56 points is a tremendous result and one they ought to be proud of."

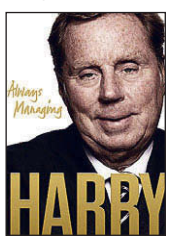
Riveting reads for the festive period

BY PETER FAULKNER

IF you're looking for some funny or controversial reading over Christmas, we have put a selection of sports books together to whet the appetite.

From the humour of Poplar-born Harry Redknapp, to the rise to world fame of athletic hero Mo Farah, take your pick and settle in to enjoy a great Christmas read.

Always Managing: Harry –- My autobiography (£9)



HARRY Redknapp learnt his trade kicking a ball as a kid under the street lamps of Poplar. He recalls going to watch Arsenal with his dad and going to his first game at West Ham.

One of the most respected managers in the game, his autobiography has already upset old friend Billy Bonds and current England and Liverpool captain Steven Gerrard.

His book reveals the pain that a lengthy tax evasion court case had on his family life; the England job and how he came close to getting it; and the shabby way football's hierarchy treated his former captain, Bobby Moore.

Leyton Orient: Brisbane Road Memories (£25)

TOP-of-the-table Leyton Orient could soon be topping the Christmas book charts as well if Tony McDonald's Brisbane Road memories catches the imagination of supporters.

The book charts the club's history through the eyes of its supprters and looks at the halycon days of Laurie Cunningham and Johnny Carey, the manager who ruled with an iron fist.

Compiled and edited by soccer journalist Tony McDonald, it provides a fascinating insight into the O's since their move to Brisbane Road in 1937.

Phone 01708 744333, or go to **www.footballworld.co.uk.**

Hammer Blows: An Alternate Take on Twelve Turbulent Years at West Ham United (£12.99)

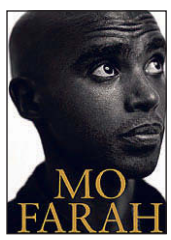
THE past dozen years have been an unprecedented rollercoaster ride for West Ham United, both on and off the pitch.

Since 2001, the Hammers have recruited six managers, had four different owners, played in three winner-takes-all play-off finals, enjoyed two promotions (having endured two relegations) and starred in an all-time classic FA Cup final.

Former Hammers News editor and local newspaper columnist Kirk Blows has been there at every step, offering hard-hitting, opinionated analysis of events, campaigning and complaining on all the topical issues with an obligatory gallows humour.

And now he pulls no punches looking back on the club's fight for elite status, the heroes and villains including Di Canio, Tevez, Zola and Allardyce, Gudmundsson, Gold and Sullivan.

Mo Farah: Twin Ambitions (£20)



THE Newham & Essex Beagle became an Olympic hero in 2012 and in doing so became one of the most feared long-distance athletes in the world.

The Olympic hero tells the story of how he came from a small town in Somalia to become one of Britain's athletics legends.

British track records at 5,000m, 3000m indoors and 10k on the road have all fallen to Mohamed 'Mo' Farah: the boy from Somalia who came to Britain at the age of eight, leaving behind his twin brother, with just a few words of English and a natural talent for running.

A funny, moving and inspirational story that does much to reveal the real man behind that legendary smile.

Public notices

PUBLIC NOTICE

LICENSING ACT 2003

APPLICATION FOR A NEW PREMISES LICENCE

NOTICE IS GIVEN THAT CANARY WHARF ARTS & EVENTS has made an application to London Borough of Tower Hamlets Licensing Authority for a new Premises Licence under the Licensing Act 2003 in respect of the following areas within the Canary Wharf estate, E14: Canada Square Park, Cabot Square, Churchill Place, Cubitt Steps, Columbus Courtyard, Jubilee Park, Montgomery Square, Riverside, Westferry Circus, Reuters Plaza, Wood Wharf, Wren Landing. Dates between 12 January - 31 December 2014.
Music: sporadically within 11am - 10pm, Theatre: sporadically within 11am -9pm, Films: sporadically weekdays 5pm - 10pm weekends 12noon - 8pm. Dance: sporadically within 11am - 9pm.

Anyone who wishes to make representations regarding this application must give notice in writing to: The Licensing Department, London Borough of Tower Hamlets, Mulberry Place (AH), PO BOX 55739, 5 Clove Crescent, London E14 1BY.

Applications may be inspected Monday to Friday (except on Bank Holidays) between 9.00am to 4.30pm. The date by which interested parties or responsible authorities may make representations to the relevant Licensing Authority against this application is 12 January 2014.

Any representations made must be made in writing, or submitted by fax or email. Take note that it is an offence knowingly or recklessly to make a false statement in connection with an application and the maximum fine for which a person is liable on summary conviction is Level 5 on the standard scale of fines (£5,000)

LONDON BOROUGH OF TOWER HAMLETS LICENSING ACT 2003

NOTICE OF APPLICATION FOR A PREMISES LICENCE

NOTICE IS GIVEN THAT Azmal M. Hussain has applied to London Borough of Tower Hamlets Licensing Authority for a premises licence under the licensing Act 2003

Premises: Preem, 118 -122 Brick Lane, London E1 6RL

The licensable activities and timings are:
The sale of alcohol - Monday to Sunday 12:00 hrs until 03:00 hrs.
Regulated entertainment (Recorded music only) – Monday to Sunday 12:00 hrs until 03:00 hrs
Late Night Refreshment: - Monday to Sunday 12:00 hrs until 03:00 hrs

Anyone wishing to make representations regarding this application must give notice in writing to The Licensing section, London Borough of Tower Hamlets, Mulberry Place, 5 Clove Crescent, London, E14 2BG

Website: www.towerhamlet.gov.uk
Tel 020 3645008

Representations must be received no later than 7th January 2014

The application record and register may be viewed between 10am and 4pm Monday to Friday during normal office hours at the above address.

It is an offence under Section 158 of the licensing act 2003, knowingly or recklessly to make a false statement in connection with an application and the maximum fine for which a person is liable on summary conviction for the offence is up to level 5 on the standard scale (£5000)

NOTICE IS GIVEN THAT
Waxarch Ltd have applied to London Borough of Tower Hamlets Licensing Authority for a Time Limited Premises License under the Licensing Act 2003.

Premises: Victoria Park, Tower Hamlets, London E3

The application is for a maximum of three consecutive event days in any one year, which must be either Friday, Saturday, Sunday or Saturday, Sunday, Monday.

The licensable activities and timings are for three of the following four days:

Friday 1200 - 2300
Saturday 1200 - 2300
Sunday 1200 - 2230
Monday 1200 - 2230
- Performance of plays
- Exhibition of films
- Indoor sporting events
- Performance of live music
- Performance of recorded music
- Performance of dance
- Provision of facilities for making music
- Provision of facilities for dancing

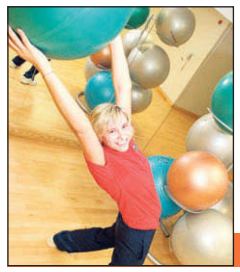
Friday 1200 - 2245
Saturday 1100 - 2245
Sunday 1100 - 2215
Monday 1100 - 2215
- Supply of alcohol

Anyone who wishes to make representations regarding this application must give notice in writing to: London Borough of Tower Hamlets, Licensing Section, Mulberry Place, 5 Clove Crescent, London E14 2BG. Representations must be received no later than 17/01/2014

The Application Record and Register may be viewed between 10am and 4pm Monday to Friday during normal office hours at the above address.

Merry Christmas

We would like to wish all our sports clubs a Merry Christmas and a Happy New Year. See you in January.



Get fit and have fun

To find out more about the wide range of healthy and enjoyable events and activities available at the borough's leisure centres go to your local centre or visit...

WWW.GLL.ORG

Hamlets fire a cup warning

Soccer round-up

FC HAMLETS stormed into the quarter finals of the London Cup despite throwing away plenty of chances against TLS.

They had to wait until the 40th minute before they found the net when a superb move saw Richards play a great ball to Oakley who finished in style.

Two minutes later Hamlets had doubled their lead. The ball fell to Gilroy after a defensive error and his shot hit the post, but Lawrence With reacted quickest to score.

Hamlets came out the second half playing great football but not finding the back of the net.

TLS started to thump the ball long to their fast forwards in hope of getting a goal back, but the back five of keeper Pyne and defenders Morris, Glasgow, Baudrier, and Richards held the line well.

TLS continued to press forward and a cross in the 65th minute fell to one of their forwards. Pyne made a great save only for the TLS midfielder to pounce and score from the rebound.

FC Hamlets squad for their cup clash against TLS

Natalie sparks cup success for ladies

TOWER Hamlets advanced to the third round of the Russell Cup with an emphatic 3-2 win over Hampton & Richmond Borough.

The game was always going to be a sharply contested match, with the Cows flying high at the top of the northern half of Greater London Womens Football League Division 2 and Hampton in pole position of the southern counterpart league.

Tower Hamlets dominated possession in the first half hour and the opener eventually came from Natalie Keating, who thumped a corner close to the goal, and the Hampton keeper could only help it into the net.

Hampton hit back soon after the interval, but the east Londoners regained the initiative directly from the restart when Jocelyn Mullaney put Carmel Pragnell through and she scored her 11th goal in eleven games..

That lead was increased when Pragnell was floored in the area and Natalie Keating made no mistake from the penalty spot.

A last-minute consolation penalty made a more flattering scoreline for Hampton.

Hamlets hopes hit hard by Enfield

TOWER Hamlets received a dent to their Essex Senior League ambitions when they were beaten 4-1 by one of the title favourites, second-placed Enfield.

It didn't look like that coming up to half-time though because Hamlets took an 11th minute lead through captain Steve Willis and were still ahead five minutes before the break only to see John Bricknall put Enfield back in the hunt.

Tower Hamlets held out till the 71st minute when three goals in 11 minutes killed them off. Bricknall got his second then two goals from John Leachman in the 77th and 82nd minutes broke Hamlets' hearts.

The title race is still a long way from being over though so Tower Hamlets can still have a big say in the championship.

They have games in hand over Enfield so if they learn from this defeat they still have a Chance of success.

Wasted chances cost Westward

WESTWARD Boys should have won with ease, but in the end paid the price for wasting too many chances in the 2-1 defeat to Cowley Boys in their Echo Junior League under-15 game at Victoria Park.

In contrast Cowley created two chances and took them both, including a speculative long range free-kick in the first half.

Westward piled on the pressure again after that and Lewis scored from the spot after Haynes was brought down.

Then sensationally with a minute to go Cowley got the winner direct from a corner leaving Westward to rue the chance that got away.

Westward Boys: Bennett, O'Reilly, Henriques, Donkoh, Aidoo, Nahi, Mohammed, Haynes, Lewis, Pedroso, Williams, Greer.

Bengal kids are looking good

SPORTING Bengal under-12s only entered the East London & Essex junior league this season and already they have exceeded expectations, sitting second in the table. Under-12s head coach and Bangladesh Football Association vice-chair Imrul Gazi said:

Bengal under-12 squad

"The boys have over excelled so far! This season was supposed to be a taster so we are proud of what they have already done.

"All the hard work at training and structured sessions run by our qualified coaches on a Thursday at Mile End is really paying off.

"We now go into a Christmas break and hope to kick on and finish as high as possible in the league.

"We also want to have a good run in the cup come the New Year. More importantly the support we are getting from the parents has been great. Thanks to everyone involved."

Ace close in on league title

ACE FC are one game away from clinching the Community Football League first phase title after beating favourites Mohammedan SC 4-2 in a thrilling game.

ACE took a 3-1 lead at the break with top scorer Lewis Francis scoring two and one from Pawe Olech. Mohammedan pulled a goal straight after the break, but it was Lewis who had the final say when he completed his hat-trick late on in the game!

Results: SOUL 2 Shadwell 3; Poplar United 1-1 West Ham SC; Mohammedan SC 2 ACE 4; Newark 0 FC Bengals 9; E7 Probashi 7 SYA 0; Shoreditch 2 London Central 3; Abohani 1 East One 2.

Byron stun the league leaders

BYRON came out on top against Reama in the Premier Division to win 3-2 and carry on their fine run of form.

Harry Cooper, Kane Jones and Johnathan Browne secured the victory while one apiece by Des Thomas and Leon Small wasn't enough for Reama.

The other game in the Macca Sports Premier Division saw Stoke Newington hit double figures past Albert Royals as they won 10-4. Wren. 2, Clayton and Dale scored for Royals while Leon Stanley and Darnyl Stanley got three each, Sheridan and Wynter got two each, and Doyley and Coleman got the rest.

First Division

YOUNG Prince (Harris, David Warren, Rudimoff and John Warren) remained in fine form with a stunning 4-0 win against Hackney Downs B; .Lord Morpeth (Smalls) went 1-0 up against St Lucia only to eventually lose 2-1; Queensbridge (Francis,2, Daniels, Furlong, Suarez, Hunt) kept up their 100 per cent record with a 6-3 victory over Cranes (Bukenya, Fabiano and).

Division Two

VIRTUE (Field, 4, Cummins) remain unbeaten in the league with a 5-1 victory over Chettle Court Rangers – Ricky Field hitting four; Hale Rangers (Boukari, 4, Sani, Kasim and Osman) got back on track with a stunning 7-1 victory over Workhouse (Guilherme).

Hockey

Ruthless Wapping

WAPPING started their South East Division One match against Sevenoaks in ruthless fashion scoring within the first ten minutes through Fiodhna Burke.

And although they won 3-0, the Kent side gave them some problems in the first half.

They were unable to build on their lead despite a number of opportunities and Sevenoaks came back into the game winning a spate of short corners towards the end of the half, but Karen Perkins saved well in goal.

Wapping took hold of the match in the second half with their second goal coming midway through the game.

Fran Sutton picked the ball up on the left and drove at the Sevenoaks backline, beating three defenders before squaring the ball to Natasha Close who skipped the ball neatly past the keeper. The third goal came soon after from Kate Silbermann.

Wapping Men's 1st 4
Bedford 2

WAPPING'S men started stronger in this East Premier A match, boosted by the return of several players after injury.

After 15 minutes the pressure told, with a strike from Jason Black finished off by captain Oliver Cooper.

It was 2-0 minutes later when an almost identical attack ended with winger Andrew Birch, sweeping home.

In the second half ex-Bedford player Ollie Salvesen burst past his marker and his pass found Nick McLaren who slotted calmly into the near post.

Soon after Wapping were reduced to ten men when Sam Gilliat received a yellow card for a professional foul.

However, Wapping continued to create chances and scored a fourth, captain Cooper with his second of the game.

With five minutes to go the game was effectively over, but Wapping conceded two sloppy late goals.

Barker may have to retire

Darren Barker, left, was beaten in the first defence of his world boxing title in Germany, but is now facing retirement after dislocating his hip against local hero Felix Sturm.

SEE BELOW

Tell the East End

Do you have a sports club you would like to be included in our listings? If so email the details to...

EASTENDLIFE.NEWS@TOWERHAMLETS.GOV.UK

It's ecstasy for Repton, but agony for old boy Barker

Harvey Horn

BY PETER FAULKNER

REPTON Boxing Club saw three more boxers crowned champions and they look ahead to bright futures in the ring, while Darren Barker, one of the Bethnal Green club's ex-stars, saw his world crown ripped away and his future now in doubt.

On the amateur front Repton again saw Jamie Branch, Harvey Horn and Sunny Edwards pick up NABC titles for the second year running.

Edwards boxed first on December 7 in Derbyshire when he won the Class B title with a points win over Scott Rankin (Salisbury).

On the same night club-mate **Joe Keller** fought Hamza Hussain (Bury) and although the east London boxer fought well, his opponent won a majority decision.

On to Charter Sports Centre, Portsmouth, 24 hours later and **Branch**, in the Class C 86-91kg final, once again showed his growing potenial to outclass and outpoint Sam Williams (Wellington).

Horn had a comfortable points win in the Class C 45-48kg division, but was surprisingly given a majority verdict over Andrew Winter (Shilton).

Kwaku Sarpong was hoping to add his name to the roll of honour in the Class C 60-63.5 division, but dropped a narrow decision to Connor Parker (Swadlincote) – a verdict that many thought could have gone his way.

Darren Barker was promised another shot at the IBF world middleweight title in the New Year by new champion Felix Sturm of Germany.

Sturm made the promise after destroying Barker in two one-sided rounds in Stutttgart's Porsche Stadium.

But Barker's first engagement could be with a surgeon's knife after dislocating his hip.

The injury will sideline him for months and may yet have an influence on the rest of his career having already undergone operations on both hips in 2010.

Asked after the fight whether he would retire now, Barker admitted: "I think my body is now speaking for me."

Manager Tony Sims threw in the towel after watching Barker take a real beating in that second round with Sturm raining right hand after right hand on Barker's head. It was a wise and compassionate decision by Sims.

The fight may only have lasted just over five minutes, but both fighters set such a blistering, brutal pace that it was obvious this was not going the distance.

The hip injury obviously became the turning point of the fight and now Barker, who was out of action for 12 months after previous hip operations, faces the prospect of having to hang up his gloves even though there was a return clause in the contract for this fight.

Rugby

Millwall stay on course for title glory

MILLWALL Rugby Club continued their unbeaten start to the league season with 27-7 seventh straight win against Kings Cross Steelers.

After just five minutes a well-worked team effort saw winger Jake Vinnicombe cross for the first try. George Conway missed the conversion.

Two minutes later, Millwall suffered a reprieve when Steelers missed a penalty.

It wasn't until the 30th minute that they scored again, this time a penalty by George Conway.

From there they stepped up a gear and captain Shaun Cook got his fourth try of the campaign and the conversion was successful.

Steelers got a close range try in the second half and this forced Millwall to wake up and they scored two more tries through Sean Edwards and then winger Matt Hopkins. Both were converted by Conway.

South Woodham Ferrers 17 Millwall 15

IN the first half Millwall were in total control and this resulted in a try by Randall Powell and another by Jack Rowland with a converted penalty putting them 8-0 ahead.

A pass from Millwall's inside centre was intercepted by South Woodham for their first try before Millwall flanker Ben Caulfield scored another try and Jack Rowland's conversion put them 15-5 ahead.

South Woodham got their second try before an unlucky interception attempt within the last 10 minutes of the game saw Millwall's Pat Scannell sin-binned.

This gave the opposition a one man advantage which they used shortly after to score their final try right under the posts which they also converted.

Millwall's second team went on a crazy spree at the weekend beating Basildon 3rds 85-0.

Sport in brief

Martial arts aids disaster fund

KARATE grand masters and other experts from the world of martial arts teamed up for a unique seminar which raised an amazing £3,000 for the Philippines disaster victims.

The event took place at the Tarling East Community Centre, Martha Street, Stepney and was organised by Community Martial Arts Trust, a Tower Hamlets voluntary organisation, and the Filipino Martial Arts Academy - specialists in martial arts from the Philippines).

Rooted Forum gave the venue free of charge and food was donated by Papadoms restaurant in Brick Lane. The money will be donated to Muslim Aid.

Seminar workshops were run by: Professor Leon Jay and master John Mellon of Small Circle Jujitsu; Guro Alvin Guinanao from Silat Buka Lingkaran; grand master Bob Breen of Kali/JKD; grand master John Harvey from Kapatiran Arnis; master Shamim Hoque from the Kalis Ilustrisimo UK and Ireland; and guest instructor Malcolm Taylor from Training for Warriors System.

The line-up of karate masters and students who helped raise £3,000 for charity

Lions tame the barren Knights

THIS was more like it for **London Lions** as they recovered from last week's defeat to beat the winless Birmingham Knights 101-72 and prove they will still be a force in the race for the league title.

Ben Smith led the way for the Lions with 22 points as the east Londoners led for all but the first basket at Stratford's Copper Box Arena .

All ten Lions who took to the floor got on to the scoresheet as 27 assists generated another 100-plus scoreline.

London shot to a 10-2 opening increasing this to 29-15 for the first quarter. The Knights had the better of the second period pulling back to 32-26.

London though settled back into the rhythm for the rest of the half and had pulled away again to 53-41.

Stephen is still the UEL champion

THE **University of East London** judo clubs Stephen Kent successfully defended his +100kg title at the British Judo London Universities and Colleges Open at the UEL SportsDock.

Stephen, who is also the chairman of the university's judo club, won both of his fights by ippon to take home gold for the second year.

UEL sports elite judo scholar Julia Scardone took home a silver medal in the -57kg category, narrowly losing in the final by an ippon and ju jitsu scholar Sophie Newnes impressed in her first tournament, winning the first fight in the -78kg group also taking silver.

Second year UEL judo students Kelly Kenubia and Lucy Hunnisett also put in good performances, taking home silver and bronze respectively in their -81kg and -63kg categories.

There was also a bronze medal for newcomer Lise-Lota Imala in the -70kg group.

The trio of Mike Hunnisett, Youseff Badreldin and Luke Easton fought valiantly, but narrowly missed out on the medals.

Super Santas join in the fun run

VICTORIA Park was filled with kind-hearted Santa's on December 8 when 3,500 of them joined together on a Christmas mission to raise over £400,000 for charity.

Every aspiring Santa brought a flash of red and Christmas cheer as Santas from up and down the country, tackled the 5km and 10km courses.

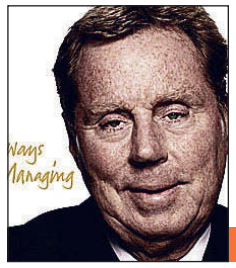
The event was organised by Skyline and Do It For Charity and co-founder Dominic Carolan said: "This is its sixth year and the run has raised hundreds of thousands of pounds for charity.

"As fun runs, it enabled anyone to join in whilst doing something for a great number of fantastic causes especially at Christmas."

Going for gold

It's a question of sports in our quirky Olympic festive quiz.

SEE PAGE 36



Festive cheer from Redknapp

If you're still looking for a Christmas present for the man in your life, Harry Redknapp's funny and controversial autobiography, Always Managing, is an ideal gift.

SEE PAGE 37

TOWER HAMLETS eastendsport

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

Centre praised for excellence

BY PETER FAULKNER

DOCKLANDS Sailing & Watersports Centre has been hailed as a centre of excellence for young sailors who dream of international success.

And youngsters at the Westferry Road, Isle of Dogs, centre such as Iona Dixon, Courtney Bilbrough and Orla Mitchell are proof that the Royal Yachting Association's Champion Clubs programme is breeding real stars of the high seas.

The RYA has just rubber-stamped the junior and youth racing credentials of sailing clubs and centres in the region, confirming them as Champion Clubs for 2013-14.

The Docklands Centre was one of the top venues for praise. It has been an RYA Champion Club since 2010 and is one of no fewer than 173 sailing clubs nationwide benefiting from investment, support and resources as part of the programme.

Several young sailors at DSWC have progressed to national squads as a result, proof that it is one of the premier centres for success.

DSWC head coach Matthew Rickard said:"The RYA Champion Club status has branded the club as a centre of excellence.

"The association to the RYA racing pathway is attractive to new sailors looking for a strong club to access the RYA racing squads.

"It has also been very beneficial when the club has approached external funders or applied for grants to support the clubs youth racing programme."

Iona Dixon started sailing at the DSWC regular youth club sessions and moved into the racing scene about four years ago.

She progressed in the RS Feva class, then moved into the single handed Topper class where she was selected to be part of the RYA squad programme.

Her recent achievements have been in the Laser Radial class where she attended Sail for Gold and the Laser Nationals in 2013.

Iona has just been selected for the Laser Radial Transition Squad as one of four under-16 females representing Great Britain.

Courtney Bilbrough and Orla Mitchell also started sailing at the regular youth club sessions before moving into the RS Feva together four years ago.

Since then they have dominated the London sailing scene and in the past two years have been in the RYA Regional and National Squads.

This has been their best season with a race win and an overall 13th at the RS Feva World Championships.

Courtney has recently moved into the 29er class while Orla has decided to pursue one more year in the Feva class and hopes to move into a 29er in late 2014.

Matthew Rickard, head of sail sports at Docklands Sailing & Watersports Centre, and Kasiah Watson Blair, enjoy a sailing session

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